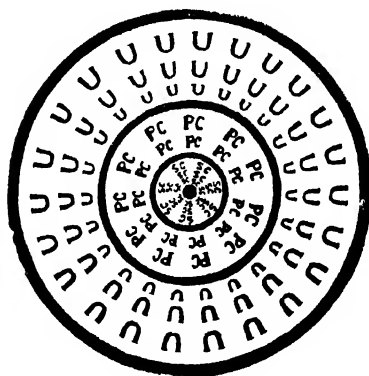


Ki Nongrim jong ka

Education

bad ka

Psychology



*Da u*

GARLINWELL BAREH, B.A., B.T.

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# REFERENCE

## KA JINGLAMPHRANG

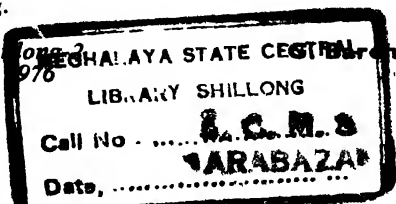
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Kane ka kot ba la pynmih mynta ka long ka jingbteng ia ka sien shon ba nyngkong jong "Ka Kot Psychology ba la pynmih ha ka snem 1972. Ha kane ka kot ba la shon mynta, la pyrung ia "Ki Nongrim jong ka Education" kum ka bynta ba nyngkong, had "Ka Psychology" pat ka long ka bynta kaba ar jong ka kot. Ia ki katto katne ki bynta jong "Ki Nongrim Jong Ka Education" la shim na ki notes jong i Papa (Mr. Mondon Bareh) haba i dang pule ia ka L. T. Course ha Dacca ha ka snem 1918.

Ka Education ha ka jingmut kaba iar kam sdang bad kut tang ha ka jingshongskul ban jingjop ia Examination, la kine ruh ki long ki bynta ba donkam jong ka. Ka Education ka long ka jingim h, kaba sdang naduh ka por ba ngi wan mih bloit ha kane ka pyrthei haduh ka khyllipmat ba ngin da khlad noh na ka. Ka jingsan ka jingim jong ngi ha kane ka pyrthei ngi ka long kaba suki bad laid lyngba bun ki kyrdan; bad haba ka long-rynnieng man rynnien jong ngi ka nang san suki; ka jingmut jingpyrkhat jong ngi ruh ka san ha kajuh hi ka rukom. Ka jingthmu ba kongsan jong ka Education ka long ban pynjanai ia u brier ha baroh ki bynta ka jingim jong u.

Ka Psychology ka iarap ia ngi ban tip ia ka rukom san jong ka jingim bad ka pyni bad kdew ia ngi ki lad da kaba ngi lah ban iarap ia u khynnah ban laid shaphrang, ha ka jingim jong u, ha ka lynti jong ka jingjanai. Nga ngeit ba kane ka kot kan long ka jingiarap ia ki nonghtkai, ki kmie ki kpa, bad kito baroh kiba don bynta ha kaba tei ia ka long-brier man-brier jong ki khynnah. Nga ngeit ruh ba kito kiba don ha ki jingpule, kin ioh jingshai kaba thikna shaphang ka jingsdang jong ki skul bad ki College, bad ia ki jingthmu jong ki ba kane ka juk ba mynta: Khamtam eh nga ngeit ruh ba kane ka kot kan iarap ia ki ban sngewthuh ia ka jingkordor jong ka jingim ba U Blei U ia ai ha ki, bad ba ka long ka kamram ba kyntang jong ki ban pyntrei kam ia la ki sap, ki buit bad ki bor, na ka bynta kiei kiei kiba bha ki ban tei ia ka imlang sahlang.

Jaiaaw Laitdom, Shillong, Meghalaya State Central Library  
23rd. September 1976





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**REFERENCE**  
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**Bynta I**

Ki Nongrim ka

**Education**





## 1. Ka jingbatai ia ka ktien "Education"

Ka ktien "Education" ka wan na ki artylli ki ktien Latin—"Educatum" lane "Educare" bad "Educere".

"Educatum" lane "Educare" ka mut ban pynsan, hikai ne bsa. Kane ka jingbatai ka kham iadei eh bad kaei kaei kaba nabar ba la pyrshang ban pynrung ha u briew. Ha ki por ba mynshwa ia ka jingtip ba nabar, kaba ka bor pyrkhath u khyannah kam pat lah ban sngew-thuh, la shu pynrung jubor ha u, namar ha kito ki por la ju pyrkhath ba u khyannah rit u don hi ka bor met bad bor pyrkhath u rangoah briew, tingba u shu rit ka met ka phad (a man in miniature).

"Educere" ka mut ban lam lynti ban mih shabar (to lead out). Kane ka jingbatai ka iadei eh bad ka jingsan ba napoh (a growth from within). Kane ka jingsan ba napoh ka long ka jingsan jong ki buit ki bor, ki sap bad kiwei pat ki bor tynrai ba kyntang ba la ai da u Blei ha ngi, bad kiba la don lypa ha ngi naduh ka por ba la pun ia ngi. Kine ki bor ki lai trei kam ha iwei pa iwei i khyllipmat jong ka jingim jong ngi, bad dei kine ki bor ba jar jar kiba pynlong ia ngi ban leh ia kano kano. Ka ktien "Education" haba shim ha kane ka jingmut ka mut ka jinglam lynti ia kito ki bor tynrai ban mih shabar ha ka jingbha bad jingjanai. Kane ka jingbatai ka ring ia ka jingmut jong ngi sha ka jingshisha ba u nonghikai u long u nonglam lynti, u nong-ai jingmut, u nongiarap bad u para-lok ba shisha jong ki khyannah bad u don ka kam ba kyntang ban iarap ia ki ban pynpaw shabar ia ka'a kaba bha tam kaba la don lypa ha ki, bad kumjuh ruh ban btin ia ki ha kuta ka rukom ba ki lah ban nang ia id shaphrang ha la ka jingim ha ka lynti ka hok, ka burom, ka akor ba bha bad kiwei pat ki jinglong ba itynnad. Ia kane ka jingbatai la pdiang da kiba bun ha kane ka juk ba mynta

## Ka daw jong ki jingbatai ba pher ia ka ktien "Education"

Ia ka ktien "Education" la batai ha ki jingmut kiba pher, ha ki por kiba pher ha ki ri kiba pher bad da ki riwstad kiba pher. Ka daw jong kine ki jingbatai ba pher ka long ba ka "Education" ka la don ha kane ka pyrthei nadeh u Thawlang bad ka Iawbei ba nyngkong eh. Kumta katba u khun bynriew u nang iaid shaphrang ha kane ka pyrthei ha ki por bad ki pateng ha pher, ka jingmut ka ktien "Education" ruli ka nang kylla bad kam sah kut hajuh, hynrei ka iai-im, iai-khih iai-ksar, iai-kyrsoi iai-iaid shaphrang ryngkat bad ki jingkylla ka Inlang Sahlang (Society) bad jingiaid jong ki por. Namar ba ka la don ha kane ka pyrthei nadeh u briew bad ka briew ba nyngkong eh, ka la shwa karta shibun eh wat ia kano kano ka jingshai (civilisation) kaba rim tam ba ka pyrthei.

**Ka Jingbatai ia ka ktien "Education" ha ka jingmut  
kaba iar.**

Ha ka jingmut kaba iar, "Education" ka mut ka jingim hi. U Dumville u ong ba ka Education ka kynthup lut ia baroh ki bor kiba trii kam ha u briew ha ka jingiaid lynti jong u ha kane ka pyrthei sngi, nadeh ka por ba u wan mih bloit ha ka, haduh ka khyllipmat ba un da khlad noh na ka ("Education in its widest sense includes all influences which act upon the individual during the passage from the cradle to the grave"). U Mahatma Gandhi ruh u ia hap jingmut bad kane ka jingbatai bad u ong ba ka Education ka tap lut ia ka jingim baroh (Education covers the entire field of life").

Ka jingsan ka jingim u briew ha kane ka pyrthei ka long kaba suki katta katta haba nujor ia ka bad ka jingsan jong kiwei pat ki para jingthaw ba-im, bad ka long ruh kaba iaid lyngba bun ki kyrdan. Kine ki kyrdan ka jingim ki bteng na kawei sha kawei pat, bad ym lah da lei lei ruh ban pyniakhlad ia kine ki kyrdan. Lada don kano kano

ka jingpyrshang ban pyn-ia-khlad ia ki, shi syndon ia u kynjri ka jingim yu bthat noh, bad ka jingim u briew ka duh kan dam noh. Ha ka por ba la kha ia ngi, ngi long kiba tlot bad ki bym lah ban iarap ialade. Kiei kiei ba ngi leh na ka bynta ba nyngkong ka jinglong khyllung jong ngi ki long ki jingleh bym tip briew, bad ngim don ruh kano kano ka jingthmu haba leh ia ki. Ia kine ki jingleh bym tip briew ki bym don kano kano ka jingthmu la khot "Reflex Actions," pynban dei kine kiba la iarap ia ngi ban pynsan bad kyrshan la ka jingim ha kito ki por ba ka long rynnienng man rynnienng bad jingmut jingpyrkhat jong ngi ki dang lung.

Ha kito ki ngi ba nyngkong jong ka jingim jong ngi, ngim tip ei ei ruh lane shemphang ia kiei kiei kiba ker sawdong ia ngi (environment). Katba ki por ki nang iaid shaphrang, ka met ka phad bad jingmut jingpyrkhat jong ngi ki nangsang suki, bad kumta suki suki ngi sdang ban sngewthuh ia kiei kiei kiba don ha ka pyrthei kaba shabar jong ngi (kata ka mut jong kiei kiei kiba don sawdong jong ngi), Kita kiei kiei jong ka pyrthei ba shabar jong ngi ki wan rung ha ka pyrthei ba shapoh ngi (kata ka mut ka pyrthei jong ka jingmut jingpyrkhat, jong ki sap, ki buit bad ki bor tynrai ba la don lypa ha ngi) lyngba ki bor tip thuh ba ki khot ki "Senses" Ynda kiei kiei jong ka pyrthei ba shabar ki rung ha ki jingmut jingpyrkhat jong ngi, ki pynkhih ia kito ki bor tynrai ba ki khot ki "Instincts" bad kine pat ki kyntu ia ngi ban leh ia kano kano. Kine ki instincts ki long ki thymmei jong kaei kaei kaba ngi leh ha ka rukom ba ngi da tip biang biang ba ngi leh ia kata kaei kaei, bad ngi da don ruh ka jingthmu ba thikna haba ngi la leh ia ka. Ha kane ka rukom ngi nang iaid shaphrang ha ka jingim, na uwei u mawjan sha uwei pat. Ngis dang la ka jingim na ka kyrdan ka jinglong-khyllung; ngi jam pat sha ka jinglong khylnah, bad nangta pat ngi iehaoh ia kane ka kyrdan ka jingim bad ngi poi sha ka kyrdan ka jinglong-samla, jinglong-rangbah, jinglong-tymmen bad khadduh iawai, ngi noh arsut sha ka jingtep.

U Rosseau u ong ba ka Education ka wan ha ngi na la la jinglong-tyurai bi, na ki para briew ne na kiei kiei (..... "education comes to us from nature, from men or from things.") Ka jinglong tynrai jong ngi ka kynthup ia kito ki bor ba jar jar kiba la don lypa ha ngi bad kiba pynlong ia ngi ban lah ia kano kano, la kata kaei kaei kaba ngi leh ka lah ban long ha ka rukom ba ngi leh da kaba ngi tip briew biang biang ba ngi leh ia ka, ne la ka long ba ka rukom ba ngim tip ei ei ruh ba ngi leh ia ka; ne ka lah ruh ban long ba ngi leh ia ka lyngba ka jinglarap ne jinghikai kiwei pat. Kane ka jinglong-tyurai jong ngi ka kynthup ruh ia ka jingsan saki ki dkhot met jong ngi bad jong ka jingmut jingpyrkhat ruh kumjuh. Nangta pat ki para briew ki don ka bynta kala khraw ha kaba pynsan ia ka long rynnien man rynnien jong ngi; ha kaba lam lynti ia kito ki bor ba jar jar ba la don lypa ha ngi ban mih shabar ha ka rukom kaba i shongkun bad kumta ter ter. Lada ka jinglam lynti ia ki jingmut jingpyrkhat, ki buit, ki bor bad sap, ka la long kaba bha naduh kaba sdang; ka long kaba thikra ba u khyannah ne ka khyannah ki lah tan nang iaid shaphrang ha ka jingim jon, ki ha ka jingbha bad jingjanai, hynrei lada kata ka jinglam lynti ka la long kaba bakla naduh kaba sdang kito ki bor tynrai kin mih shabar ha ki rukom jingleh kiba i-saitmet kiba pyndik ia kiwei pat ki para briew bad kiba long ruh ki mawjynthut kiba pyndkoh ia ka jingiaid shaphrang ka imlang sahlang. Kiei kiei pat kiba don sawdong jong ngi (physical environment) kum ka lyer ba ngi ring bad pynh'ar mynsiem, ka um ba ngi dih, ka jingbam ba ngi bam, ka kup ka sem bad kiwei pat kiei kiei kiba don ha kane ka pyrthei, ki nang iarap shuh shuh ia ka jingkhie jingsan jong ngi. Lada kine ki lai tylli ki bor (nature, men and things) ba u Rosseau u la pyni ki ia trei kam ryngkat, kiei kiei kin bit kin biang na ka bynta jong ngi; hynrei lada kawei ka ia pakuh bad kawei pat bad kim ia laid ryngkat, ka jingim jong ngi kan long kaba kordit bad lanot. Mar ia mih bloit sha ka pyrthei, i khyllung i khh i ksar bad i lam. Ym shym don mano mano ruh ba la hikai ia i ban leh kumta, hyn-

rei i "nang dalade hi" Nangta pat khnang ban im, i donkam ia ka jingsumar i mei i pa jong i; ia ka umsyaid ban pynsum ia i; ki jain ki nep bad kiwei pat ki jing-donkam ka jingim.

Na kaba la ong haneng ngi iohi ba ka Education ka long kaei kaei kaba la don lypa ha uwei pa uwei bad ka neh naduh ka sngi ba la kha ia ngi haduh ka sngi ba ngin da khlad noh na kane ka pyrthei. Kaei kaei ba ngi la nang lypa da lade hi khlem ka jingiaran kiwei pat, ka long ka Education. Kaei kaei kabi ngi nang lypa ba ka jinghikai ne jingiarap kiwei pat, kata ruh ka long hi ka Education. Nangta pat ka jingkhie jingsan ki met ki phad bad jingmut jingpyrkhat jong ngi; kata ruh ka long ka Education. Ban shu ong lypkot, ka Education ka kynthup lut ia kiei kiel baroh kiba u briew u mut, u leh bad ia kynduh baroh shi lynter ka jingim jong u

### **Ka Jingbatai Ka Ktien Education Ha Ka Jingmut Kaba Khim.**

Ia ka jingmut kaba khim bad kaba kiba kham bun ki pdiang, "Education" ka mut kata ka rukom da kaba u briew u ioh ia ka jingtip jingnang na ki skul Kane ka jingbatai ka kham thew eh tang ia ka jingtrei kam ka bor pyrkhat ne jabeng. La ju pyrkhat da kiba bun, wat ha kane ka juk ba mynta, ha u briew uba la ioh Education, u long uta kein uba nang bha ban pule, thoh tar, khein diah bad uba pass bha ia ki Examination. Kane ka jingbatai kam biang namar ym dei tang ki skul (la shisha kine ruh ki don ka bor laba khraw ha kaba ai Education) kiba iarap ia u briew ban ioh jingtip jingnang. hynrei ki don kiwei pat ki seng kiba iarap ia u ban leh kumta, kum ka ing ka sem, ka ingmane, ka Press, ka Radio bad kiwei kiwei de. Naiorkata ngim dei ban klet ia ka jingshisha ba ka Education ka long ka jingim hi kumba la ong mynshwa bad baroh kito ki bor kiba iarap ia ka jingsan ka jingim bad kiba nang pynjanai shuh ia kata ka rukom san ki long ka Education. Ki symbai ka jingsan ka jing-

im ki la don lypa ha ngi, bad ki bor tynrai ba u Blei u la ai ba ngi bad kiwei pat ki bor ba nabar ki nang iarap shuh shuh ia kata ka jingsan ka jingim Ka jingnang ia ki kot ki sla bad jingjop ia ki Examination ka long shisha kiba donkam, hynrei ka Education kam thew tang sha ka jingjop ia ki Examination, hynrei sha ka jingpynjanai ia u briew nadong shadone Kan myntoi aiu ia u briew han ioh ia ki Degree kiba khrawtam haba u long uba auria au-nam, uba buaid tanglang, uba khrew ba khriap bad uba lah ruh ban long pynhan u maw jynthut ia ka jingiaid shaphrang jong ka Society?



## 2. Ka jingbuh-bynta ia ka Education kat kum ka jingiaid shaphrang jong ka Society

Ia ka Education la buh bvnta kat kum ka jingiaid jong ki por bad ka long briew man briew kumne:—

### (A). Informal Education.

Ha ki sngi ba ka pyrthei ka dang lung, u briew um da iapher eh na u mrad khlaw. Ka mariang ka pynsan pynrangbah ia u ha kajuhi ka rukom ba ka leh ia u mrad khlaw. Ha kito ki sngi u briew u pyehiang la ki jingdonkam da kaba peit thuh, ia sngi bynta bad pyrthuh bud ia kaba kiwei pat ki leh. Ki skol kim pat don ha kito ki por bad u briew u nang ban leh ia kano kano da la ka jong hi ka experience. Ia kane ka rukom ba u briew u ioh ia ka Education na shabar jong ki skol, la khot "INFORMAL EDUCATION". Ka Informal Education, namar kata, ka la don naduh ki sngi ba u briew u wan nyngkong eh sha ka pyrthei.

### (B). Formal Education.

Ki por ki leit bad ki por ki wan bad kumta ka Society ka nang laid shaphrang ryngkat bad ki jingkylla kiba bun.

U briew u la nang ban rep ban riang, ban thaw ia ki khiew, ki ryntieh, ki khnam bad kiwei kiwei de ki tiar, hynrei ym pat don jaka kaba thikna kaba long ha ka dur jong ki skol ka ban ai jinghikai ia u ban rep ban riang, lane thaw ia ki tiar ba u pyndonkam ba ka rukom kaba dei. Kito kiba la kham san kham rangbah bad kham shemphang ia ka rep ka riang ne thaw tiar thaw tar, ki ai jinghikai ia kiba dang rit harud ding mynmiet, ne ha kano kano ka por ba ki lait mynsngi. Katba ki por ki nang iaid mih sa ki niam ki rukom bad ki rukom leh niam ba bun. Kumta donkam sa ki lyngdoh ban pyndep ia ki jingleh-niam bad kumta, ia shibun ki khyannah samla ba tbit bad don sap, la khot sha ka kam lyngdoh Kine ki lyngdoh ki long ki briew ba donkam tam ha ka Society ha kito ki por, bad dei ma ki kiba bat lut ia ki bor baroh. Ynda mih lei lei sa ka thoh ka tar, dei tang ma ki hi kiba lah ban ai jinghikai ia kiwei pat ha ka thoh ka tar ne pule. Kine ki lyngdoh ki ai jinghikai ia kiwei pat ha ki ing niam, lane kino kino kiwei pat ki jaka ba thikra bad kiba long sriem ia ki skol. Ka niam namarkata ka long ka nang prat tynti ia ki skol ne college jong kane ka juk ba mynta. Ha ki por ba mynta la ju niew ia ka skol kum ka roagmit khamat jong ka Society ba kham heh shabar jong k', namar ba ia baroh ki jingang-nud, ki jingkyrmen, ki jingpyrshang ba bha bad namar ruh ha ia kata kaba bha tam kaba don ha ka, la pynrung ha ka skol. Ka skol. namarkata ka long ka society rit (miniature society) ha kaba ia ka dur ba shisha jong ka Society ba kham heh shabar lah ban iohi shai kdar.

Ka Vocational Education ka hikai ia ki kam ki jam lyngba ki jingtrei kti bad ka Liberal Education pat ka ia-rap ia ngi ban nang pyniar shuh shuh la ka jingtip lyngba ka jingpyntrei kam ia jingmut jingpyrkhat bad ban nang pyn-nep shuh shuh ia ka bor pyrkhat.

Ha Greece hyndai la bynta ia ka Society ha ki ar bynta. (1). Ki Mraw bad (2) Ki Riewlait-luid. Namar kata ka don ka Education ia ki mraw la ka jong bad ia ki Riew

Laitluid ruh la ka jong. Ha kito ki por la ju niew ia ka met ba ka long kham poh ia ka jingmut jingpyrkhat bad kumta la ju pyrkhat ba baroh ki jingtrei kti ki long kiba poh. Ia kine ki jingtrei kti la ju trei tang da ki mraw kiba dei ban pynbiang lut ia ki jingdonkam ki kynrad jong ki, bad kumta ka jinghikai ba ki ioh ki mraw ka long tang ban nang ia kine ki jaid jingtrei. Ia ka Liberal Education ym shym la al ha ki namar ba ka long ka mar kynti ki kynrad jong ki kiba don kyrhai ka por ban nang pynroi bad pyniar shuh la ka jingtip jingshemphang.

Naduh ba la pynduh ia ka jinglong mraw ia ki kynroh kiba pyniakhlad ia ka Vocati nal Education bad ka Liberal Education la pynpra noh. Ha kane ka juk ba mynta, kine baroh ar ki dei ban jaid ryngkat ryngkat. Ki Educator ba pawnam ki ban eh ia ka jingdonkam ban nang ia kano kano da kaba leh (learning by doing), Kumta ia kiba bun ki Scheme of Education kum ka Wardha Scheme bad kiwei pat, la pynmih khnang ban pyniasoh bad pyniaid ryngkat ryngkat ia kine ar. Ym lah ban len ia ka jingshisha ba lyngba ka jingtrei kti, lah ruh ban ai jinghikai kaba kham shai bad kham thikna ia ka Geography bad kiwei pat ki Subject.

### (E). Paido Centric Education.

Haba kren shaphang u khynnah kum u pdeng jong ka jylli jong ka jinghikai, U Sir John Adams u pyndonkam ia kine ki ktien na ka Gra amar Latin jong u — “The Master taught John Latin” (“Magister Johannem Latinam docuit”)—kaba mut “U Nonghikai—u hikai Latin ia u John ” Ha kane ka Sentence ngi iohi ba don lai tylli kiei kiei ha ka jylli jong ka jinghikai u khynnah, ka Subject ba la hikai ia u, bad U Nonghikai. Ng i iohi ruh ba ka Verb of teaching ka don artylli ki object—John bad Latin. Ka long kaba donkam ia U Nonghikai ban nang bha ia ka Latin, hynrei kaba kham donkam ia u ka long ban tip khambha shuh ia U John. Namar kata ia ka jinghikai baroh dei ban pynshong nongrim ba U John,



kata ka mut kat kum ka jinglah jong u ban bat bad kem  
 la kata ka jinghikai. Kane ka ring jingmut ia ngi sha  
 ka jingshisha ba beroh ki khynnah kim long kumjuh ha  
 ka bor pyrkhath bad bor met. Ka don ka jingiapher ba  
 khraw na uwei u khynnah bad uwei pat. U Nonghikai  
 u dei ban da segewthuh shuwa ia ka bor u khynnah shuwa  
 ba un sdang ia kano kano ka lesson, bad u dei ruh ban  
 nang bad tip bha da kino kino ki rukom un hikai ia kito  
 kiba kham sah dien bad da kino pat ia kito kiba kham  
 proh pyrkhath. Ha ki por kiba myushuwa bad wat ha  
 kaba sdang jong kane ka spah snem ba mynta, ia kaei  
 kaei kaba nabar, kaba ka bor pyrkhath u khynnah kam  
 pat lah ban shemphang, la pyrshang ban shu pynrung  
 jubor bad thep ha ka khlieh jong u, namar la ju niew ia  
 u ba u long hi u Rangbah briew, tangba u shu rit ka met  
 ka phad. U Rousseau u ban eh ia ka jingdonkam u khyn-  
 nah kum u pdeng jong ka jylli jong ka jinghikai, bad u  
 ong ba u khynnah u long hi ka kot pule kaba u nonghi-  
 kai u dei ban da pule minot bad bniah ia kawei pa kawei  
 ka page.

## F. Auto—Education.

Ka long ka rukom hikai da kaba u khynnah da lade  
 hi u lah ban pynbeit ia la ki jingbakla. Ha ki skul Mon-  
 tessori ki don ki tiar hikai ba ki khot "Didactic Appara-  
 tus." Kawei na kine ki long ka kynja Synduk kaba  
 don ki thliw ba ia-pher ka jingheh ha kiba ia ki kynja  
 tyndong dieng la thep. Ynda la weng ia kita ki tyndong,  
 u khynnah un ia leh ban bsuh pat ia ki ta kita ki thliw.  
 U lah ban bakla bunsien ha ki jingpyrshang ba nyngkong  
 jong u ban buh beit ia kita ki tyndong ha ki thliw ba ia  
 dei; hynrei da kaba la pyrshang bad iai leh bunsien, un  
 sa jop ia ki jingbakla ba u leh mynshwa.



### 3. Ki jingthmu jong ka Education (Aims of Education)

*"Namarkata to phin ia long kiba janai, kumba U Kpa jong phi Uba ha Bneng, U long Uba janai"—Math. 5 : 48*

Kiba bun ki jingthmu jong ka Education ki mih na ki jingbatai ba pher ia ka ktien "Education" hi. Kine harum ki long katto katne na ki jingthmu ba kongsan jong ka:—

#### A. Utilitarian Lane Vocational Aim

Kane ka aim ka ong ba ka Education ka long ka bor kaba iarap ia u briew ban ioh la ka kam ka jam. Haba u briew u la don la ka kam ka jam ba thikna, un ym duh ja shuh. Ia kane ka aim la ju khot ruh ka "Bread and Butter Aim." Bun ki kmie ki kpa ki phah skul la ki khun da kane ka jingthmu. Ka long shisha kaba donkam ba u briew un don la ka kam ka jam bad ioh la ka bam ka dih, hynrei ngi dei ban kynmaw ba ka jingim kam sdang bad kut tang ha kaba ioh kam ioh jam ne ioh bam ioh dih. Ia u briew la buh ha kane ka pyrthei ym tang ban shu trei shu ktah ne shu bam shu dih, hynrei ban nang iaid shaphrang ba la ka lynti ha ka rukom kaba dei. Ha ka jingshisha ka jngim ha baroh ki bynta jong ka, ka kham kor shibun ban ia ka bam ka dih ("Life is more than meat,") wat la kane ruh ka long kaba donkam.

#### B. Knowledge Aim.

Kane ka aim pat ka thew ba u briew u dei ban pynroi bad pyniar ia la ka jingtip da kaba pule ia ki kot ki sla ha skul, ne shabar skul, ne da kaba wad jingtip na kiwei pat. Ka jingtip shisha ka long ka bor kaba iarap ia u briew ha kiba bun klei kiei, hynrei donkam ban da pyntrei kam shisha la kata ka jingtip. Kaba shu lum thup ia kata ka jingtip khlem da pyndonkam ia ka, ka long kum ka ksiar ne

ka pisa tyngka ba la shu tep hapoh khyndew bad kaba ki nongtuh ki lah ban tuh la ka da kaba jem. Kito kiba pyrshah la kane ka jingthmu ki ong ba ka long ka jingmane blei thaw ia ka khlieh ("the worship of the head").

### C. Individualistic Aim.

Kane ka aim kam mih na ka jingban-bein ka sorkar, ka Balang bad ka Society ha ri Europe ia u paitkar ha ki por ba mynshwa. U Rosseau u la ngiah ia ka jinglong ka Society ha ri France ha ka 18th. Century namar ba ka long kaba dap da ki jingsniew kiba har rukom. U ong ba baroh kaba bha ka wan na ki kti U Nongthaw ka mariang (ne jinglongtynrai), hynrei kata ka jingbha pat ka kylla jakhlia noh ha ki kti u briew. U ong ruh ba ka jingpynhiar mynsiem uwei u briew ka pyniap noh la uwei pat u briew. Ka Education, namarkata, kat kum ka Individualistic Aim ka thew sha ka jingpynsan, jingpynroi bad jingpynjanai ia u briew shi-met shi-met khlem ka jingpynwit jongno jongno ruh. Kito kiba kyrshan ia kane ka aim ki ong ba u briew u long u nongbishar ba bha tam da lade hi bad ialade hi. Namarkata dei ban ai lad ia u briew ban pyntrei kam ia kito ki bor tynrai khlem jingpynwit bad jingkheng-lad jongno jongno ruh Kane ka aim ka long kaba khin sibun namar ia uwei pa uwei la ktah jur eh da ka jingiadei jong u bad kiwei pat ki para-briew.

### D Socialistic Aim.

Ha ka jingmut kaba pyrkhing, ka Socialistic Aim ka thmu ba briew u dei ban pyndem bad ai-ti lut ialade ha ka jingpyniaid ka Society lane ka State. Kiba kyrshan ia kane ka aim ki ong ba ka Society ka don ka hok bad ka bor ban pyniaid bad rai la kiba kumno yn ai Education, ka Education atu yn ai ia ki; bad ha kano ka rukom ia kata ka Education yn ai ha ki. Ha ka por jong u Hitler bad u Mussolini, ha Germany bad Italy, ka jingthmu jong ka Education ka long ba baroh kin pyndem la ka mon bad jingmut jingpyrkhat ha ka mon ki nongialam, bad ka jing-

hikai ba kongsan ba la ai ia ki briew ha kito ki ri ka kham long eh na ka bynta ban jop ia kiwei pat ki ri. Kane ka aim ka long kaba khim shibun namar ba ia ka mon laitluid jong u briew ban pyntri kam hok la ki bor tynrai ba la don lypa ha u, la pyrshang ban set op.

Haba bishar bniah bha ia ka Socialistic Aim of Education, ym lah ban len ia ka jingshisha ba kine baroh ar ki don ka jingiadei kaba jan katta katta hapteng jong ki bad ia kata ka jingiadei ym lah da lei lei ruh ban pyniakhlad. Ia ka Society la pynlong da ki individual. bad ka Society pat ka im na ka bynta ka jingbha-lang jong ki baroh. Kumta lada ym don individual, yn ym don Society; lada yn ym don Society pat, yn ym don individual namar ym don briew uba lah ban im marwei khlem kiwei pat ki rara brlew. Ka Society bad u Individual ki ia donkam mar kumjuh para ma ki, bad ki larap markylliang, namar la khmih lynti ba uwei pa uwei u individual un ai ia kata kaba bha tam kaba don ha u sha ka Society, bad ma ka pat kan larap ia u kumno ba un pynpaw shabar ia kata ka jingbha bad jingjanai kaba la don lypa ba u; ba kan long ka jingmyntoi ym tang ia u hi shi met hynrei na ka bynta ka jingmyntoi ia kiwei pat ruh kumjuh. Ka Socialistic Aim of Education haba la shim ha kane ka jingmut, ym ha ka jingmut kaba pyrkhing ba la pyni haneng, ka burom ia ka dor jong u briew shimet, bad ym tang ba ka ai lad ia u ban pyndonkam hok la ka mut laitluid, hynrei ka larap ruh ia u ban leh kumta, tangba ka jingpyntri kam ia kata ka mon laitluid kan long na ka bynta ka jingbha, bad ym na ka bynta ka jingsniew.

## E. Harmonious Development Aim.

Kane ka long ka aim of Education jong ki Greek hyndai bad kaba bun na ki riwstad jong ka juk ba mynta ki kyrshan. Ka thew sha ka jingpynjanai ia u briew ha baroh ki bynta ka jingim jong u, bad kata ka jingpynjanai ia kawei pa kawei ka bynta ka jingim ka dei ban long "mar katjub, mar kumjuh bad ha kajub hi ka ru-

kom." Ka maham ia ngi ba ka long kaba ma shibun ban pyrshang ban pynjanai tang ia kawei ka bynta, bad klet nob ia kiwei pat ki bynta. Hynrei kane ka aim, wat la ka long kaba sngewtyonad ban pyrkhath, ka don la ki jingduna bad kumta ym lah ban pyntrei kam hok ia ka. Kawei na ki jingeh ha kaba pyntrei kam ia ka ka long ba ym don jingthaw ba thikna da kaba ngi lah ban thew ha kajuh hi ka rukom ia ka jingsan ka met ka phad, ka jingmut jingpyrkhat bad jinglong briew ne jinglong mynsiem ruh kumjuh. Lada nga la lah ban pyntem san iretre ia ka rynnienng u khynnih, kam mut ba nga la lah ban pyntam katjuh bi ia ka jingpyrkhat, bad jinglong ba hia jong u. Sa kawei pat ka jingeh ha ngi ia ky duh ha kaba pynlong kam ia kane ka ka aim, ka long ba baroh ki briew kim ia long mar kumjuh ha ka bor met, bor pyrkhath, jinglong bad kiwei de ki bynta. Ngia pher uwei na uwei pat ha kiba bua ki bynta bad ia kine ki jingath er shimer shimet la khot "Individual Differences" N ma kata ba ka Class ne wat ha ing ha sem ruh, ym baroh ki kanyannah ki ia long mar kumjuh; bad kumta ka long ka bym lah long ban pynsan lut ia ki baroh ha ka bor pyrkhath, bor met bad kiwei de ki bynta ka jingim mar katjuh, mar kumjuh bad ha kajuh hi ka rukom.

### G. Ka Jingthmu Ba Shisha Jong Ka Education

Ki ktien ba la shim na ka Gospel u Mathaios ha kaba sdang kane ka lynnong ki pynpaw ia ka jingthmu ba shisha jong ka Education. Ka jingthmu ba shisha jong ka Education ka long ban pynjanai ia u briew nadong shadong. kata ka mut ha baroh ki bynta ka jingim jong u ha ka met ka phad, ka jingmut jingpyrkhat, ka jinglong briew, ka jinglongmynsiem bad kiwei de ki bynta ka jingim jong u. Kane ka jingpynjanai ka dei ban long kat kumka rukom san jong kawei pa kawei ka bynta. Ia kane ka jingpynjanai ia u briew nadong shadong, kata ia kaba shapoh bad kaba shabar jong u ruh kumjuh, la khot "Development of Personallity" lane "Development of

the whole person" lane "All round Development of a person." Ka "Personality" jong u briew ka kynthup ia kaba shabar bad kaba shapoh jong u. Kaba shapoh jong u ka long jinglong-tyndrai (nature) jong u hi bad ka kynthup lut ia baroh kito ki bor ba napoh kiba iai pasiaw ha u ha iwei pa iwei khyllip-mat jong ka jingim jong bad kiba kyntu ia u ban leh ia kano kano, kum ki instinct, ki refexes bad kiwei de. Kaba shabar jong u pat ka kynthup ia ka jingidei jong u bad kiwei pat ki para-briew (social environment), kiei kiei kiba don ha kane ka pyrthei bad kiba iarap ia ka jingkhie jingsan jong u (physical environment); ki ktien ba u kren, ki kam ba u leh bad ter ter. Ka Character ka long kawei na ki bynta jong ka Personality jong u briew bad la ju ong ba long ka "Moral Side of Personality." Ka jingpynjanai ia u briew ka kdew ruh ia ki lad ki lynti kiba iarap ia u ban pynbeit la ki jingbakla, ban kham "nang shuh shuh" ia kiei kiei kiba bha kiba u la nang lypa mynshwa, ban pynduh ia kano kano ka jingsniew kaba don ha u, ban pynidei ia lade bad kano kano ka jinglong ha kaba u don, ban kiar na ki jingthala bad jingkwah-brai ka doh ban shu ong lyngkot ban nang aid shuphrang ha ka jingim ha ka lynti ka burom, ka hok, ka jingbha, ka akor ba bha bad kiwei kiwei de ki jinglong ba bha.

Namarkata, ko phi kiba dang don ha ki jingpule bad phi kiba la jop ia ki Examinati-on ba bun jait, lada don kano kano ka lait ka let ba phi la leh mynshwa, pynduh jyndam noh ia ka mynta; lada phi la ju lah ban puh shi acre ka khyndew ha ki sngi ba mynshwa, to ai ba kata ka jinglah jong phi ban puh kumta kan long kaba kham bha; lada phi la ju iarap ia i mei i pa jong phi ha ki kam ki jam jong ki mynshwa, to nang iarap kham bha shuh shuh ia ki mynta, khamtam lei haba phi la ong kiba nang bastad. Lada phi la im ka jingim ba hok mynshwa, to nang kyntiew shuh shuh ia kata ka rukom im jong phi mynta kat haduh ban da poi sha ka khet U Trai Nongthaw hi. To long phi kiba janai nadong shadong da kaba phi pynpaw shabar ia kata kaba bha tam kaba U

Blei U la ai ha phi, bad to nang iaid shaphrang da kaba iai Im jingmut ban long kiba khuid ha ki jingmut jingpyrkhat jong phi, ha ki ktien ba phi kren, ki kam ba phi leh bad kumjuh ruh da kaba iarap ban tei ia ka imlang sablang ha ka jingjanai.

## H. Ka Education Ha ka Democracy.

Ia ka ktien "Democracy" la batai ha ki rukom kiba bun. Ha ki por hyndai, ki Greek ki ju batai ia ka kum ka jingsynshar da kiba bun U Professor Seeley pat u batai ia ka kum ka jingsynshar ha kaba uwei pa uwei u don la ka bynta ("a Government in which every one has a share"). U Abraham Lincoln pat u ju pyrkhat ba ka Democracy ka long ka jingsynshar jong ki briew, na ka bynta ki briew bad da ki briew hi ialade ("a Government of the people, for the people, by the people"). Ha ka ktien Khasi ngi ju ong ia kaba ka long ka jingsynshar paitbah. Kine ki jingbatai kim da ia pher eh kawei na kawei pat. Ha ka Democracy ki briew ki jied la ki nongmihkhmat sha ka Dorbar Thaw-ain bad kita ki nongmihkhmat pat ki jied ia kito ki ban pyniaid ia ka kam synshar khadar Ia kane ka rukom pyniaid kam da ki nongmihkhmat la pyntrei kam ha kiwei pat ki trei kam kito ki seng ki jied ia ki nongmihkhmat ki ban pyniaid ia ki kam ki jam jong kita ki seng.

Ki nongrim jong ka Democracy ki long ka jinglailuid (liberty), ka jingiarngkat kyrdan (equality) bad ka jingialong shipara (fraternity) Kumta ngi ichi ba ka jingthmu jong ka Democracy kam kut nang ha ka jingjied ia ki nongmihkhmat, hynrei ka long ruh ka rukom im ba shisha ba u briew u dei ban im ha ka jingiadei bad kiwei pat. Ia kane ka rukom im la seng nongrim ha ka jingiadei-lang na ka bynta kiei kiei kiba bha, ha ka mynsiem ka jingialong shipara, ha ka mynsiem ka jingiarap mar kylliang; ha ka mynsiem ban pynduh noh ia ki jing-sniw kiba bam kruin ia ka jingiaid shaphrang ka im lang sablang; ha ka mynsiem ban synshar ialade bad

niew burom ialade, ha ka mynsiem ban burom ia ka jing-sngew kiwei pat bad kumta ter ter. Ha ka Democracy la ai lad ia uwei pa uwei ban pyndonkam ia la ka mon laidluid na ka bynta ka jingbha lang ia baroh, hynrei ngi dei pat ban kynmaw ba ka jinglait-lan kam don jaka ha ka Democracy namar haba u brier u pyndonkam bakla ia la ka jinglaitluid, kata ka jingpyndonkam bakla ka lan ban long pyndan u maw jynthut ia ka jingiaid shaphrang ka imlang sahleng.

Ka Democracy ka don la ka Education kaba long kyrpang tang ia ka hi, bad ka jingthmu jong kata ka Education ka long ban lam ia u brew sha ka jingjanai baroh shi ryndieng. Ka iahap bad kitei ka jingthmu ba shisha jong ka Education ba la pyn haneng la ki jingthmu jong ka Democracy la pyntrei kam ki skul ha ki rukom kiba bun, kum ha ka rukom ba ki khynnah ki jied ia ki nongmihkham ha ki kim ba bun jong ka skul, ha ka rukom ba ki ia sh'm bynta ha ki Debate, ki Social Gathering bad kiwei pat bad la lam lynti ruh ia ki ban pyntrei kam la ki sap na ka bynta ka jingbha lang ia baroh.

# **I. Ka Education Na Ka Bynta Ka jinglong Trai Shnong Ba Shisha**

Ka ktien "Citizen" ka mu u trai shnong bad "Citizenship" pat ka mut ka jinglong trai shnong U Citizen u loh lut ia ki h k jong ka ri ha kaba u don ne im, hynrei u don ruh la ki jingkitahlieh na ka bynta la ka ri. Ki trai shnong kiba bha ki long kita kiba leh shitom ban nang kyntiew ia la ka ri ha ki kyrdan ba kham sha khlieh. Dei lyngba ka jingkit-khlieh bad jing-sngew trai ia la ka ri ba ki trai shnong ki lah ban nang kyntiew shuh shuh ia ka kham sha khlieh. Ia ka jingia-dei hapdeng ka sorkar bad ki trai shnong la seng nong-rim ha ka jingiatrei lang na ka bynta ka jingbha ia baroh. Ka sorkar kam lah ban ieng khlem ka jingkyrshan ki trai shnong bad ki trai shnong pat kim lah ban im ka jingim kaba myntoi lynda ma ki hi ki alti ialade na ka bynta la ka ri baieit, bad kyrshan lem ia ka sorkar ha ki kam kyntiew ri.



Ka don ka jingong ba u khynnah skul jong ka sngi ba mynta un long u trai shnong ha ka sngi kaba lasha. Kane ka mut ba ka Education ka thew bad thmu sha ka jinglong trai shnong ba janai. Ka wad ki lad ki lynti kiba iarap ia ki khynnah skul ban long ki trai shnong kiba da kat ki trai shnong shisha, kiba ka bor pyrkhath jong ki ka long kaba iar bad kiba ka jinglong jong ki ka long ka bym don jingthoh-bria. Ha ki skul la hikai ia ki khynnah ia ka mynsiem len lade na ka bynta la ka ri, bad la lam lynti ruh la ki ban pynpaw shabar ia la ki sap na ka bynta ka jingbha lang ia baroh; nalar ba la hikai ia ki ban long kiba khuid ha ki jing-mut jingpyrkhat, ban long kiba khiab krat bad long kiba bha ha ka jinglong, bad ban nang ia ki kot ki sla.



#### 4. Ki Nonghikai ba pawnam

##### A. U Jean Jacques Roseau.

La kha ia u Rosseau ha Geneva ha ka snem 1712. Ka kmie jong u ka la iap noh tang shu lah kha ia u bad la pynsan pynrangbah ia u da ka kmie-nah jong u. Namar ba u kpa jong u u long u bym da salia eh ban sumar ia la u khun, la phah noh ia u Rosseau sha u kñi jong u sha iwei i nongrit iba kham pajih na Geneva. Hang-ne ka mariang ka la ktah jur eh la u bad u ju shah pynshitom bun sien namar ki kam dakaid jong u; hyn-rei dei pynban kine ki jingshah pynshitom kiba la pyn-long ia u ban ngeit ba ka jingkhanglad ia ka jingtrei kam kito ki bor tynrai kiba la don lypa ha u briew kiba la long ka daw jong ka jingjot bad jingsniew jong ka imlang sahang. Hadien katto katne por pat u la wan phai sha Geneva bad u la pynlut ia ka por ha ka jing-jalpdeh, bad u ialang tang bad ki lok kiba sniew. U la leh bun ki kam sniew bad u ju tuh teng teng. U la shong kurim ia kawel ka khynnah shakri bad u la loh khun san ngut na ka; bad kine ki la dei ban im ha ki ting ri

khunswet namar ba u Rousseau um lah ban kyrshan ia ki. U la pyrshang ban trei bun jait ki kam kum u shakri ing, u tutor bad u nonghikai tem jingtem. Ha kaba khaidduh u la kylla long u non thoh-kot bad dei kane kaba la pynlong ia u u briew uba pawkhmat tam ha ka 18th. Century ha ri France. Ki jingthoh jong u ki la mih na ka jinglong ba khwan, barunar bad kaba tang na sla jong ki nong Paris. Ka jingsynshar thombor, ka jingleh-mynleh shong shit niam, ka jingbynta ia ka imlang sahlang (society) hapdeng ki riew-madan bad kiba khraw batri bad kiba riewspah ne donbor, bad ka rukom hikai skul da kaba shu tynnian jubor ha ka khlieh u khynnah ia kaei kaei kaba ka bor pyrkhait jong u kam pat lah ban kem bad shemphang, ka la pynlong ia u Rousseau u nong-lalap ia ka Gospel jong ka jinglait-luid u riew-madan bad u khla ka wait jong ki khynnah rit ha ka liang ka pule kot.

### **Ki Nongrim tynrai ki jinghikai jong u ha ka Education.**

U Rousseau u pynpaw ia la ki jingthmu ha kaba ai Education ia u khynnah ia ka kot ba u la thoh ba ki khot "Emile." U Emile u long u khynnah ia uba la pynsa pynrangbah da u nonghikai uba long u Rousseau hi. Ka sentence kaba nyngkong eh jong kane ka kot ka long "U Blei u la thaw ia kiei kiei baroh ha ka jingpha; hynrei u briew pat u tamti tam jat ia ki bad ki kylla sniew noh ha ki kti jong u." ("God makes all things good; man meddles with them and they become evil.") Namar ba ka Society ha ka por jong u ka long kaba dap da ki jingsniew ba har rukom, u ong ba dei tang ha ka mariang hi ba u briew un ioh ia ka jinglait-luid ban pyntrei kam hok ia kito ki buit, ki sap bad kiwei pat ki bor ba napoh ba la don lypa ha u. U iaroh ia u riewkhlaw uba im ha ka mariang namar ba u don ka jinglait-luid ban pyntrei kam hok ia kito ki bor tynrai, katba u briew uba la ioh la ka jingshai pat u im ha ka jinglong mraw namar ba la teh ia u da ki kynjri ba bun jaid, kiba la thaw da kiwei pat

ki para briew bad kiha khanglad ia u ban pyndonkam la ka mon lait-luid. Namarkata, kat kum ka jingngeit u Rosseau, ka Education kaba bha tam ka dei ban long ha ka mariang, jngai na kiwei pat ki para briew, bad ka dei ban long ruh katkum ka jinglong-tyndrai jong u briew hi. Ka jinglong-tyndrai u briew ka long ka jingsan jong ki instinct bad kiwei pat ki bor ba jar jar kiha iai trei kam ha iwei pa iwei i khyllipmat ka jingim, bad ka "mariang" pat ka long ka jaka ha kaba uwei pa uwei u ioh ka jing-lait-luid ban pyndrai kam ia kito ki bor khlem ka jing-pynwit bad jingpynthut jongno jongno ruh. Ia kane ka rukom ai Education jong U Rosseau la khot "Education according to Nature" lane "Naturalism" lane "Natural Process." Haba u Rosseau u ong ba dei ban ai Education ia u briew ha ka mariang, kam da mut eh ban lehnoh ia u ha ki khlaw ki bap, ki lum ki wah ne kiwei pat kiel kiel kiba don ha ka; hynrei ka mut ban ai lad ia u ban im kumba u im ha ka mariang hi; kata ka mut ba un san khlem ka jingpynthut jong no jongno ruh bad kat kum ka jinglong tyndrai jong u hi (kata ka mut kat kum ka jing-trei kam jong kito ki bor tyndrai ba la don lypa ha u). Kane ka rukom ai Education ka dei ban neh haduh ba ynda u khyannah u la dap 12 snem karta.

Shwa ka por u Rosseau la ju pyrkhat ba lah ban pynkylla ia ki bor tyndrai ba la don lypa ha uwei pa uwei. Kine ki bor ki la don ha ngi ki briew kad kiwei pat ki jingthaw ba im naduh u Thawlang bad ka lawbei ba nyngkong eh. Katba u briew bad kiwei pat ki jingthaw ba im ki dang don ha kane ka pyrtbei, kine ki bor ruh kin neh bad sah kumjuh. U Rosseau u ieng ia leh pyrsah ia kata ka jingpyrshang ban set op ia ka jingtrei kam ki bor tyndrai bad u ong ba ka Education ha nyngkong eh ba u briew u dei ban loh ka long ka "Negative Education" kaba mut ba ym dei ban ai jinghikai ei ei ruh ia u khyannah ia ki nongrim jong ka jinglong-hok ne jingshisha, namar ba ka jingmut jong ki kam pat sngewthuh ei ei ruh ia kita ki nongrim bad lada ngi pyrsahang ban ai kum kata ka jinghikai, ngi lah ban ialam bakla

pynban 'ia ki. U ong ba kaba kham donkam bad kham bha ka long ban iada shwa ia ka dohnud jong ki na ki jingsniew ba bun jait, bad ban iada ruh ia ka jingmut jong ki na ki jingbakla ba bun. Ka "Negative Education" ka thew ruh sha ka jingpynjanai ia ki bor tipthuh (senses) namar ba dei lyngba jong ki ba ngi ioh jingtip ia ka pyrtnei ba shabar jong ka mynsiem jong ngi. Lada kine ki bor tipthuh kim trei kam janai, ka jingtip jong ngi ia kiei kiei kiba shabar jong ngi kan ym long kaba thikna. Ha ka jingiada jong u ia ka "Negative Education" u pynrem jur ia ka "Positive Education" namar ba kane ka Education ka thmu ban ai jinghikai ia u khynnah ia kiei kiei kiba sha palat ka bor sngewthuh jong u. Shuwa ka por u Rousseau ia uba pli u khynnah rit la ju pyrkhat ba u long hi u rangbah briew uba don ka bor met bad bor sngewthuh jong u rangbah rangsan tangba u shu rit ka met ka phad bad rynnieng. (a man in miniature).

Na kaba la ong haneng ngi iohi ba ka "Negative Education" lane "Education according to Nature" ka kynthup bun kiei kiei, hynrei kine harum ki long kiba kham donkam:—

(a) Ka jingai lad ia u khynnah ban pyntrei kam lait-luid ia ki bor tynrai.

(b) Ka jinglait-luid jong u khynnah ban pynkhih ia ka met ka phad bad ka jingpynjanai ban pyntrei kam ia ki dohksah da kata ka jingpynkhih-physical exercise.

(c) Ka jingiada ia ka dohnud na ki jingsniew ba har rukom, bad ka jingiada ia ka jingmut jingpyrkhat na ki jingbakla.

La u Rousseau u ong ba ka Education ka dei ban long kat kum ka jinglong-tyndrai (kata, kat kum ka jingtrei kam ki instinct bad kiwei pat ki bor ba napoh) ba ka mariang (kata, khlem ka jingpynwit jongno jongno ruh), um pynrem ia la ki para briew. Kaba u pynrem ka long

ia ka jingsniew kaba don ha u briew bad ka jingkhangelad ia ka jingtrei kam ki bor ba napoh kiba la don lypa ha ngi.

U Rosseau u ong ba ka Education ka wan ha ngi na la ka jinglongtynrai (nature), na ki para briew, lane na kiei kiei. (.... education comes to us from nature, from men or from things ") Ka Education of Nature kat kum ka jingbatai jong u ka long ka jingsan jong ki dkhoh met jong ngi bad ka jingsan jong ki sap, ki buit bad ki bor. Ka jinglah jong ngi ban pyndonkam ia kata ka jingsan, lyngba ka jingiarap lem ki para briew, ka long ka Education of Men bad ka jingnang jong ngi ban pyndonkam ia kiei kiei kiba don sawdong jong ngi ka long ka Education of Things. Ha ka por ba la kha ia ngi ngi long kiba tlol bad bym lah iarap ialade. Ka jingim jong ngi ka san suki bad i mei bad i pa jong ngi ki iarap ia ngi ban nang laid shaphrang ha ka jingim. Ngim lah ban im khlem ka jingsumar jong ki, hynrei ha ka juh ka por ngi donkam bun kiei kiei kiba kyrshan ia ka jingim ban nang khie nang san. Ngi donkam ia ka bam ka dih, ki jaiñ ki nep, bad kiwei pat kiei kiei kiba don ha ka physical environment kiba iarap ia ngi ban nang san. Ka jinglong tynrai jong ngi pat ka kynthup la kito ki bor ba j-r jar kiba iai pasiaw ha iwei pa iwei i khyllipmat ka jingim jong ngi bad kiba kyntu ia ngi ban leh ia kano kano; la kata kaba ngileh ka long kaba ngileh da kaba tip briew, ne bym tip briew. Lada kine ki lai tylll ki bor (nature, men and things) ki ia trei kam ryngkat ryngkat na ka bynta ka jingsan ka jingim, kiel kiei kin bit kin biang na ka bynta jong ngi; hynrei lada kawei ka ia pakhu bad kawei pat bad kim ia trei lang na ka bynta jong ngi, ka jingim kan long kaba dap tang da ka jingynjar suda.

**Ka Scheme of Education u Rosseau ba la pynpaw ha ka Kot jong u "Emile"**

**Bynta I**—Kane ka long ka bynta ka jingim naduh ka por ba la kha haduh san snem karta. Yn ym shah ia u

Emile ban shong ban sah ryngkat bad la ki para briew hynei dei ban pynsan pynrangbah ia u ha ka mariang, U dei ban im ka jingim ba iadei tang bad ka hi, bad ki tiar ialeh kai jong u ki dei ban long kiba u lah ban ioh da kaba jem na ka hi. Ai un iam un lynniar katba mon bad dei ban pynbiang ia ki jingkwah jong u, tang lada ki long kiba shong nia. Wat shah ba un phong jaiñ bun eh bad wat ju pynmlieñ dih dawai ia n. Kane kan iarap ia u ban im kat kum ka jinglong tynrai jong u hi.

**Bynta II**—Kane ka long ka bynta ka jingim naduh san haduh khadar snem karta. Ka juh hi ka rukom pynsan ba la ong haneng kan bteng. Ym dei ban hikai ia u ia ka Moral Education. Lada don kano kano kaba u ialeh pyrshah ia la ka jong hi ka jinglong tynrai, ai ba un shah shi-tom ia kata ka jiangialeh pyrshah da lade hi. Lada u pynpait ia ka it jong ka jingkhaw, wat leit phah shna ia ka. U dei ban shah ia ka lyer khriat khnang ba un ym bakla shuh hadien ha bud.

**Bynta III**—Kane ka bynta ka kynthup ia ka jingim jong u briew naduh 12 haduh 15 snem karta. Ka met ka phad bad ka jingmut jingpyrkhat u khynnah ki la nang san bad ki Sense jong u ki la trei kam bha. Ryngkat bad kane ka jingsan ka met ka phad bad ka jingmut jingpyrkhat, u khynnah u kulain bha, bad kumta ka por ka la ih ban ai jinghikai ia ki jingtrei met bad jingtrei jab'eng ruh kumjuh. Hynei namar ba kane ka kyrdan ka jingim ke long kaba lyngkot, dei ban ai jinghikai ia u tang ia kiei kiei kiba donkam eh. Ha kane ka por jong ka jingim, ka Natural Science ka long kaba donkam eh. Um dei ban pule ne shu spel khlem sngewthuh ei ei ruh ia ka, hynei kaba kham donkam ka long ba un lap da lade hi ia ki jingshisha jong ka. Ia ka Geography ruh u khynnah u dei ban nang da kaba peit bniah bha ia kiei kiei kiba ia dei bad ka. Kumta ngi iohi ba une u Educator ba don nam u kham ban eh ia ka jingdonkam ban sngewthuh bad lap da lade hi ia ki jingshisha jong kano kano ka tnat jingtip, bad ym da kaba shu spel khlem sngewthuh ne pule tuta.

**Bynta IV**—Kane ka bynta jong ka jingim ka neh naduh 15 snem karta bad ka bteng naduh ka jinglong samla khynnah. Baroh shi katta u Emile u im marwei hynrei mynta ka la dei ka por ia u ban im bad sahleng bad la ki para briew. Ka jingmut jong u ka la kloi ban pdiang ia ka Moral Training. Ban pynlong ia u uba bha bad uba sngewlem ia kiwei pat, donkam ban pynkhih ia ki emotions jong u. Ka jing ai lecture ia ka jingbha ne jingsniew kam da myntoi bad trei kam eh, hynrei kaba kham bha ka long ban leit ia'am ia u sha ki patok bad Hospital khnang ba un iohi da la ki khmat ia ka jingshem lanot bad jingjynjar jong ki briew. Di kane ka rukom yn ktah ia ki jingsngew jong u bad un sngewlem bad lsynei ia kito kiba shem jynjar.

**Ka Education ia ki Kynthei**—Ia ka Sophie dei ban ai ka physical training khnang ba kan lah ban shah ia ki jingeh bad ba ka lah ban ioh ki khun kiba koit ba khiah. Ka dei ban nang ia ka suh ka thain bad kiwei pat ki kam ling. Kumta ka Education kata bha tam ia ki kynthei ka long kata kaba iarap ia ki ban long ki kmie kiba myntoi ia la ki khun bad ki para lok ba larkam jong ki kpa.

## **B. U Friedrich Wilhelm August Froebel (1782-1825)**

U Froebel u long u khun jong u phadri bad la kha ia u ha ka snem 1782 H. K. Ka kmie jong u ka la iap ha ka por ba u dang khyllung bad u kpa jong u u la shong kurim biang. La pynsan pynrangbah ia u da u kni jong u bad la pynshong skul ia u ha wei i nongrit, hynrei um da long uba minot ha skul. Ynda u la dap 15 snem karta u la trei kam bad uwel u nongsumar bad nongpeit ia ki khlaw ki btap, bad dei kane ka kam kaba la pynlong ia u ban leit ia ka mariang. Ka mynsiem niam ka trei kam jur ha u bad u ngeit ba ia u briew la tehsong bad ka mariang da kata ka ain ba ki khot "ka Ain jong ka jing long shitylli jong kiei kiei kiba pher." ("The Law of Unity in Diversities"). Ynda u la dap 17 snem karta u la leit pule ha ka University of Jena, hynrei u la dei ban sangeh

noh ka jingpule namar ka jingkyrdub. Haden ba u la trei bun jait ki kam, u la long u nonghikai joag kawei ka skul ba laseng da u Dr. Gruner. U la iakynduh bad u Pestolozzi ha ka snem 1811 H. K. bad ha kane ka juh hi ka snem u la leit pul: ia ka Natural Science ha ka University of Berlin. Ha ka snem 1813 u la dei ban trei kam thma ban ialeh pyrshab ia ka jinghiarthma u Napoleon. Ynda la kut ka thma, hadiem bun ki jingjia, u la leit sha Switzerland bad u la seng hangta ia ka Kindergarten School ba nyngkong eh.

### Ki Nongrim ki jinghikai jong u.

U Froebel u ngeit ia ka jingdon Uta U Mynsiem uba synshar lut bad pyniaid ryntih ia ka jingpynlong baroh kawei. Uta u mynsiem u la don lypa ha u khynnab ha ka jinglong ha jar jar bad u pynpaw ruh ia jingdon jong u ha ka mariang ba itynnad. Ki symbai ka jingsan ka jingim ki la don lypa ha uwei pa uwei bad kane ka shong eh ha ka jingtrei kam jong Uta U Mynsiem Uba long U Tynrai ka jingim hi. Kane ka ring ia ka jingmut jong ngi sha ka jingshisha ba ka jingsan ka jingim u briew, katba u dang sah ha kane ka pyrthei, ka iai hteng na kawei ka kyrdan sha kawei pat bad kam sah kut tang ha kawei ka kyrdan. La thaw ia u briew ha ka dur jong U Blei hi bad uwei pa uwei u don ka mon lait-luid ban pynpaw ia ka jingdon jong U Blei ha u La khmih lynti ba uwei pa uwei un synshar ia lade hi bad un pyndonkam ia la ka mon laitluid ha ka rukom kaba dei Ka jingtrei kam ka mon lait-luid ka long kaba mih napoh u briew hi, ym ka jingpynbor nabar.

Ka Education kat kum ka jingbatai u Froebel ka long ka jingpynpaw shabar ia kito ki bor ba jar jar ba la don lypa ha u briew, bad ka long ruh ha ka juh ka por ka jingpynpaw ia ka jingdon U Blei ha u khynnab bad ka iarap ruh ia ka jingsan bad jingbteng ka jingim, lyngba ka jinglam lynti ba laitluid ba thikna bha hynrei ym da ka jingpynbor. Na kane ka jingshisha ka



jingshisha U Froebel u lam ia ka jingmut jong ngi sha ka jingshisha ba ka jingleu dalade hi ia kano kano, da la ka jong ka mon sngewbha, ka pynmih ki soh kiba kham bha bun shah ban ia kano kano kaba shu pynbor. Kumta u ban eh ia ka jingdonkam ki jingtrei kti ha ka rukom ka jingialeh kai. Namar ka jingtrei kam ka instinct of gregariousness lane ka social instinct, u ong ba u brierwum lah ban im marwei ha ka pyrthei khlem ka jingiadei bad kiwei pat, bad kumta u ong ba u khynnah u lah ban pynpaw ia kata kaba bha tam kaba don ha u lyngba ka Society ha kaba u im. Hangne ngi iohi ia ka jingiapher hapdeng ka jinghikai u Rosseau bad u Froebel. Katba u Rosseau u bein ia ka Society ba ka khang lad ia u brierwum ban pyntrei kam ia la ki sap, u Froebel pat u ong ba dei tang ha ka imlang sahlang ba u khynnah u lah ban leh kumta. Ha ka imlang sahlang, ia u khynnah la ktah jur eh da ki bor kiba don ha ka kum ka ing ka sem, ka Balang, ka jaka trei jaka ktah, ka skul bad kiwei kiwei de ki senx, hynrei kaba donkam eh na kine ka long ka skul, bad la ju ng ia ka ba ka long ka temple ha kaba ngi dei ban burom ia ka jinglong khynnah; namar dei hangne ba la safn dur ia ka jingim bad ka lawei jong ki.

### **Ki Gifts Bad Ki Occupations U Froedel**

Ban pyntrei kam ia ki jingthmu jong u, u Froebel u la pynmih ki tiar saleh kai ba ki khot ki Gifts bad ki kynja jingtrei ba u khot ki Occupations. Ki Gifts ki kynthup bun kiei kiei hynrei kine harum ki long kiba kham kongsan:—

(a). Ki synduk ba don 6 tylli ki ball dieng ba ia pher ki rong. Ka jingthmu ha kaba pynmih ia kine ki ball ba bun rong ka long, ba haba ki khynnah ki pyntyl-lun ia ki, kin ioh ka jingmut kaba shai kdar shaphang ki jait rong, ka jingkhik bad ter ter.

(b). Ka Sphere (kaei kaei ba long kum ka Globe), ka Cube (kaei kaei kaba lynter, pynklang bad jingrben ki heb katjub) bad ka cylinder (kynja tyndong) ba la thaw

ka dieng kaba eh. Ka sphere kan ai jingtip ne jingsngewthuh shaphang ka jingkhieh ne jingtyllun; ka cube ia ka jingneh hajuh. Ia ka jingkhieh ne jingtyllun ba ki khynnah ki ioh jingmut na ka sphere bad ia ka jingneh ne jingsah hajuh ba la ioh jingmut na ka cube, la pyniasoh lang ha ka cylinder.

(k) Kawei ka Cube dieng kaba don 8 tylli kiwei pat ki bynta ba ia ryngkat. Ki khynnah ki lah ban weng ia kita ki 8 tylli ki bynta bad buh beit pat ia ki ha ki jaka ba ki dei ban buh. Kane ka iarap ia ki ban ioh jingmut ia ka jingiadei hagdeng ki bynta ba pher kiba pynlong ia kawei kaei kaei kaba kyrpang, bad ka jingiadei kita kaei kaei kaba kyrpang bad kita ki bynta ba pynlong ia ka, bad kumjuh ruh ia ka jingiadei jong kita ki bynta ba iapher para ma ki.

Nalor kitei ki gifts, don ruh ki squares, ki trianglular tables, ki sati bad kiwei kiwei de.

Ki Occupations u Froebel ki kyntup ia ka Clay Modelling, Paper Folding, Drawing, Mat Weaving, Action Songs bad kiwei kiwei de.

Ka jingthmu ha kaba pynmih ia ki Gifts bad ki Occupations ka long ban iarap ia ki khynnah ban leh ia kano kano ha ka rukom ialeh kai bad ban leh da lade hi ia kano kano. U Froebel u ong ba ym don jingiapher hagdeng ka jingleh-kai bad ka jingtrei. Ka long shisha kumta namar ba ia kano kano ka jingtrel ha ba trei ia ka ha ka mynsiem jong ka jingialeh-kai, ka pynkmen ia u briew bad kam pynthait ia u. Ia ka jingleh da lade hi ia kano kano la khot Self Activity.

Haba kren shaphang ka jingleh-kai u Froebel u ong ba ka ai jingkmien ia ka mynsiem, ka jingsuk ia u briew, ka pynkhlain ia ka met bad ki dohksah bad ka pynthymmai bor ia ka jabieng.

Haba kren shaphang ka Self Activity pat u ong ba kane ka pynpaw ia ka jingtrei kam ka mon lait-luid, bad kumta ka long kaei kaei kaba mih na u briew na lade hi, khlem da ka jingpynbor ba nabar. Lada kane ka jingleh da lade hi ia kano kano ka long ha ka jingbha, kata ka jingleh ka pynpaw ia ka jingdon Uta U Mynsiem Uba synshar bad pyniaid ryntih ia kiei kiei baroh ha u khyannah U ong ruh ba tang ban shu tip ia kano kano kam biang ; donkam ban da pyntrei kam ia kata ka jingtip. Ia ka jingtip ba la ioh la pyntrei kam da ka self activity. U ban jur eh ia ka jingdonkam ka jingialeh-kai ha ka jing-long-khyllung namar khlem ma ka, u khyllung un ym lah ban san ha ka rukom kaba dei Ia ka jingleh ia kano kano namarkata lah ban leh kham bha ha ka rukom ialeh-kai.

U Froebel u ong ba ka Nature Study ka long kaba donkam eh namar ba U Blei U pynpaw ialade ha ka mariang ba itynnad. Ka Nature Study ka long ka Central Subject ha ki Kindergarten Schools, ka jingpynbang ne jingpynbrai (ineterest) ka long ka nongrim jong ka jinghikai, bad ki rukom hikai (methods) ha kito ki skul ki long kiba la pynshong nongrim ha ka rukom ialeh-kai (play-way) bad ha ka jingleh hi da lade (self activity) ia kano kano.

## K. Ka Dr. Maria Montessori (1870-1952).

Ia ka Dr. Maria Montessori la kha ha Rome ha ka snem 1870 H.K. Ka la kwah ban long ka actress, hynrei hadien ka la sngewthub ba kane kam long ka kam ba la thmu ia ka Ka la kwah ban ioh rung ha Medical College hynrei ha kito ki sngi ym shym la shah ia ki kynthei ban pule Doctor. Ka la phah ia ka application ban ioh rung ha ka Medical College khlem da thoh ba ka dei ka kynthei, bad ym shym don ba suba ia ka ba kam dei u shynrang. Ka la long ka kynthei ba nyngkong eh ha Italy ban ioh ia ka degree Doctor of Medicine. La thung kam ia ka kum ka Professor of Anthropology ha ka University of

Rome. Ha ka Hospital ba iasoh bad ka College ka la don kawei ka Ward jong ki khynnah ba duna ka bor pyrkhath, bad la buh ia ka ban peit ia kane ka Ward. Ka la rai ba ka daw jong ka jingduna jong ka bor pyrkhath kito ki khynnah ba don ba kata ka Ward, ka long ka jingbym trei kam bha jong ki sense jong kita ki khynnah. Ka Montessori ka long ka briew kaba isynei ia kiwei pat ki para briew. Ki para marjan jong ka ki dei ki nongbylla bad ka ju iohi ba ki kmie jong kito ki khynnah ki ju leit trei bad ki kpa jong ki sha ki factory bad iehnoh la ki khun na ing. Namar bym don mano mano ruh ba peit ia kito ki khynnah rit ba pli, ka la thaw ia kawei ka ing na ka bynta jong ki ba ki khot Casei Dei Bambini (childrens' home) bad hangne la ai Education ia ki da ki rukom ialeh-kai. La pyrshang ruh ban ai ia ki ka sense training kaba thikna. Ka la shem ba ki khynnah rit ki sngewtynnad shibun ia ka play—way method. Ka la nang pynbha shuh shuh ia ki rukom hikai jon ka, bad ka Sorkar Italy ka la thung Inspectress of Infant Schools ia ka ha ka snem 1922 H.K. Ynda u Mussolini u la long u Lah-Duh ka Italy la hukum ia ka ban hikai ia ki khynnah ia ki kam thma Namar ba kane ka long pyrshah ia ka jinglail-luid ki khynnah, ka Montessori ka la phet nob sha Spain hynrei kata ka ri ruh ka la kylla long ka ii ki Fascist. Nangta ka la leit nob sha Holland bad seng kawei ka skul hangta bad hadien kane ka jingjia ka la wan sha India bad ka la sah ha ka ri jong ngi haduh ka snem 1951. Ha kane ka juh hi ka snem ka la leit biang sha Holland bad ka la iap ha kata ka ri ha ka snem 1952 H.K.

### Ki Nongrim ki jinghikai jong ka.

Ha ki por ba mynehwa ia ka jingtip ba nabar la pyn-rung ha ka kblich u khynnah da kaba shu pynspel tuta ne batai ia kano kano ka lynnong na ka kot. U nonghikai da kaba pyndonkam ia u dieng sympat bad ka sur kaba eh, u pynrung jubor ha ka jingmut ki khynnah ia kaei kaei kaba ka bor pyrkhath jong ki kam pat lah ban kot ne sngewthub, bad wat tang ba kin khhik kin kear tang khyn-diat eh ruh um shah. Kumta ka Montessori ka ieng

ialeh pyrshah la kane ka rukom hikai, bad namar ba ka long kaba ieit bad isynei ia ka jinglong-khyllung, ka la pynbna ba ka jingkhah-lad ia ki khyllung ban khib ban ksar ka long ka jingset op ia ka jingim hi. Ka jingkhah jingksar jong ki ka mih na ka jingtrei jong kito ki bor tynrai kiba don hapoh jong ki, bad ka long ruh ka jing-shisha ba kata ka jingkhah jingksar ka pynpaw ia ka jing-don ka jingim hi ha uno uno u jingthaw ba im. Ka Montessori ka la pynmih ki rukom thym nai ha kaba hikai ia ki khyannah, bad kiba iapher bak ly bak na ki rukom mynshwa. La seng nongrim ia kine ki rukom thymmai jong ka ha ka jingpynkhah ia ki instinct of curious ty bad ha ka sense training. Kumba long u Rosseau, ka Montessori ruh ka niew ba u khyannah u long u pdeng jong ka jyhi jong ka jingakai, bad ka ban jurch ia ka jinglait-'ud jong u ban khib ban ksar, tangba ia kata ka jingkhah jingksar dei ban da pynwan-dur itynad da kaba lam lynti ia kito ki bor ba napon ban mih shabar he ka rukom kaba dei.

Ban pyntrei kam ia ki jingtmu jong ka ka la pynmih ki tiar ialeh-kai ba ki khot ki "Dact c Apparatus". Kine ki tiar ki lyntup ia ki tyndong dieng (wooden cylinder) ba la thep ha ki thlew ba iapher ka jingheh ha ka synduk, ki baje ba riw ia ki sur ba bun jait, ki jing-kieng (stair-cases) ba la thaw da ka dieng, ki cubes bad kiwei kiwei de. Ia kine ki tiar la pynmih namar ba ka jinglong-khyllung ka long ka por ka jingialeh-kai bad jingkhah jingksar, bad kumta haba ki khyllung ki iohi ia kine ki tiar ialeh kai, kin peit bniah ia ki bad kin kwah ruh ban ktah ia ki. Da kaba ktah bad ialeh-kai da kine ki tiar, ia ki sense jong ki vn nang pynjanai shuh shuh bad kin ioh lad ruh ban exercise ia la ki dohksah. Kin lah ruh ban pynbeit la ki jingbakla.

Ha ki skul Montessori ym don nonghikai, hynrei ia kito kiba shu pynbiang ia ki jingdonkam ki khyannah la khot ki "Directress". Kawei pat ka jinglong ba kyrpang ki skul Montessori ka long ba ym don ki Class bad ka

Time-Table ba thikna, Ki khynnah ki roi bad iaid shaphrang kat kum ka bor sngewthuh jong ki shi met shi met. Ka Montessori ka bein ruh ia ki jinglathuhkhana puriskam, namar kine kim don jingiadei bad ki jingshisha ka jingim. Ka Montessori ka ong ba ka Discipline babha tam ka long kata kaba mih na ka mon laitluid jong u briew hi bad ym da kaba pynbor, bad namarkata ka ong ba ka jingsynshar dalade ialade hi (self control) ka long ka mon jong u briew ban pyndem ialade ha kiei kiei kiba bha. Ka long ka jingshisha ba kaei kaei ba u briew u leh da la ka mon sngewbha ka kham bha bun shah ban ia kaei kaei kaba u leh da kaba shu pynbor.

Kum ka khla-ka-wait ia ka jinglait-luid ki khynnah, kum ka nongkyrshan ia ka paido centric education bad kum ka nongialap ia ka jingiaid shaphrang kat kum ka rukom san ki khynnah shi met shi met, ka Montessori ka ioh ia kawei na ki kyrdan ba jrong tam ha ka Education.

**Ki Jingiasyriem bad jingiapher hapdeng ka Kindergarten bad ka Montessori Method.**

### **A. Ki Jingiasyriem.**

1. Baroh arngut, U Froebel bad ka Dr. Montessori, ki kyntait ia ka rukom hikai da kaba shu thep jubor ia kano kano ka jingtip ba nabar ha u khynnah.
2. Baroh arngut ki shim ia u khynnah kum u pdeng jong ka jylli jong ka jinghikai.
3. Baroh arngut ki ngeit ha kaei kaei ba la leh da ka mynsiem ka jingkmien, ka mon sngewbha bad jinglait-luid, ka kham bha shibun eh ban ia kaei kaei kaba shu pynbor.
4. Baroh arngut ki ngeit ba ka jingtrei ia kano kano ha ka rukom jingialeh-kai ka pynmih ki soh kiba kham bha.

5. Ki gifts bad ki occupations u Froebel bad ki didactic apparatus ka Dr. Montessori ki thew sha ka jing ai jinghikai ia u khynnau ha ka mynsiem ka jingkmien bad ha ka rukom jingialeh kai, ki pynjanai shuh shuh ia ki sense bad ki muscle jong ki bad ki iarap ruh ia ki khynnah ban pynbeit la ki jingbakla.

## B. Ki Jingiapher.

### *Kindergarten Method.*

1. U Froebel u dei u philosopher bad u pynshong nongrim ia ki jinghikai jong u ha ka Philosophy.

2. Ki khynnah ki ialeh-kai, trei bad pule ha ki khynhun.

3. U Froebel u ong ba ki jingiathuh khana puriskam ki long kiba donkam namar ki pynshlur ia ka jingmut ki khynnah.

4. U nonghikai u shim ia ka bynta ba donkam eh ha ka jinghikai. U long u nongialam ha Class bad don ruh ka time-table ba thikna ha ki Kindergarten School.

### *Montessori Method.*

Ka Montessori ka dei ka Doctor bad ka Scientist. Ka pynshong nongrim ia ki jinghikai jong ka ha ka Science.

Ka Montessori ka ban eh ia ka jingroi shi met shi met.

Ka Montessori ka bein ia ki namar kim don jingiadei bad k' jingshisha ka jingim.

Ym don Class bad time-table ba thikna. Ki khynnah ki roi bad iaid shaphrang kat kum ka rukom san jong ki shi met shi met. Ka Directress ka shu peit, iarap bad shu pynbiang ia ki jingdonkam ki khynnah.

## D. U John Dewey (1859-1952)

Ia u Dr. John Dewey ia kha ha Vermont ha New England ha ka snem 1859. U Kpa jong u u long u nongdie dukan bad ia u Dewey ia pynsan pynrangbah ha nong-

kyndong. U la loh ia ka Degree na ka University of Vermont; bad hadien ba u la trei kum u nonghikai katto katne por, u la nang pyniar shuh shuh ia la ka jingtip ha ka Philosophy bad u la loh ia ka Ph. D. Degree na ka University of Michigan ha ka snem 1894 H.K. Hadien kane u la long u Professor of Philosophy ha ka University of Chicago. U don ka jingthrang kaba jur ban nang pynbha shuh shuh ia ki rukom hikai skul. U ju kynmaw ia kito ki por ha kiba ki nongkyndong ki ju ia kynduh para ma ki ha dukan u kpa jong u bad kumno ba ki ju ia kren kai ia kiei kiei kiba pynmyntoi. Na kane u Dewey u ring jingmut ba kiei k ei kiba u briew u ia kynduh man ka sngi ha ka jingim jong u, ki hikai ia u ban iaid shaphrang ha ka jingim ha ka rukom kaba pynmyntoi ia u

U la seng kawei ka skul ha ka University of Chicago ia kaba la khot ka University Elementary School. Ki nonghikai ba trei ha kane ka skul ki trei ha-oh ka jing-pyniaid jong u bad la ai lad ia ki ban pynmih kino kino ki rukom hikai thymmai ha kaba hikai. Naduh ka snem 1902 haduh ka snem 1904 u la trei pat kum u Director of the School of Education, bad hadien kata u la trei ruh kum u Professor of Philosophy ha ka University of Columbia bad u la neh ha kane ka kam haduh ka snem 1930. U la ai lecture ia ka Philosophy bad ia ka Education ha ka University of Tokyo bad Peking bad hadien kane, ka Sorkar Turkey ka la khot ia u ban terap ban nang pynbha shuh shuh ia ki skul ha kata ka ri. Une u riewkhraw u la iap ha ka snem 1952.

### Ki Nongrim ki jinghikai jong u

U Dewey u ong ba ka Education ka long ka jingim hi kaba sdang naduh ka por ba la kha ia u briew haduh ka sngi ka jingiap. Ka jingim ka long kaei kaei kaba iai-knih iai-ksar, iai-san, iai-kyrsoi bad iai-iaid shaphrang. Ki symbai ka jingsan ka jingim ki la don lypa ha uwei pa uwei bad ia ki soh jong kata ka jingsan lah ban lohi da kawei pat ka jingsan kaba kham bha shuh shuh ban ia



kata ka jingsan kaba mynshwa. Ym dei ban pynthut ia ka jingsan ka jingim bad kano kano ka jingpynwit ia kata ka jingsan kan pyndkoh ne pynduh noh ia ka jingim hi. Namar ba ka Education ka long ka jingim hi, ia u khynnah dei ban hikai ban lm ka jingim ba janai bad ba bha. Ym lah da lei lei ruh ban pynduh noh ia ki buit, ki bor bad ki sap kiba u Blei u la ai ia ngi hynrei lah pat ban lam lynti la ki ban mih shabar ha ka jingbha. Ka long namarkata ka kamram ba kyntang jong u nonghikai ban iarap ia u khynnah ban pyntrei kam ia kito ki sap ha kata ka rukom, ba kaba mih na kata ka jingpyntrei kam kan long ka jingmyntoi ym tang ia u khynnah hi shi met, hynrei ia kiwei ruh kumjuh. Haba kren shaphang ka jingsan ka jinrim, u Dewey u ong ba dei tang ka Education hi kaba thaw ki lad ki lynti ban nang iarap kham bha shuh shuh ia kata ka jingsan.

U Dewey u ong ba u briew u "nang" khambta ia kano kano da kiei kiei kiba u mut, u leh bad iakynduh (experiences) baroh shi lynter ka jingim jong u, bad ym tang da kaba u pu'e na ki kot ki sla ne da kaba ioh jinghikai na kiwei pat, la kane ruh ka long kaba donkam. Namarkata u ban eh ia ka jingnang ia kano kano da kaba leh dalade hi la ka (learning by doing). Ka jingim ka long kaba dap da ki experience. Kawei ka experience ka talam sha kawei pat; bad ha kano ka experience ba la leit noh, la seng nongrim ia kawei pat ka experience ba thymmai. Ka jingkhli jingksar jong nga ha ka por ka jinglong khyllung ka long ka nongrim jong ka rukom laid rukom ieng jong nga mynta ynda nga la rangbah. Kumta ngi iohi ba kaci kael kaba u briew u mut, u leh bad u thmu ha ka jingim jong u ka long ka Education bad ngi lah ban ong ba ka Education ka long ka jingia-pynlong ia ki experience (remaking of experiences).

U Dewey u thew sha ka jingpynjanai ia u briew baroh shi rynieng lyngba ka imlang sahlang (society). Ym don briew uba lah ban lm marwei ha kane ka pyrthei khlem ka jingiadei bad kiwei pat. Ka Society ka angnud

ba uwei pa uwei u dkhot jong ka u dei ban long uba lah ban pynmyntoi ia ka, bad um dei ban long u maw-jynthut ia ka jingiaid shaphrang jong ka. Ka Education ka iarap ba pyntrei kam ia kane ka jingthmu jong ka Society da kaba ai ha u khynnab ia ka jinglait-luid ban pynpaw shabar ia kata kaba bha tam kaba la don lypa la u, lyngba ki jinglam lynti sha ka jingianai. Ka pyrthei ka la nang pdiang ia ki jingangnud ka Democracy. Ka Democracy ka mut ka jagsynshar jong ki briew, da ki briew bad na ka bynta ki briew hi (a Government of the people, by the people and for the people) lane kata ka rukom synshar kaba ngi lah ban khot lyngkot ka jingsynshar paitbah. Ka long ka rukom da kaba ngi jied la ki nongmihkhamat sha ki dorbar thaw-ain bad ma ki pat ki jied ia kito ki ban pyniaid ia ka synshar khadar jong ka ri. Ban ong da kumwei pat ki Democracy ka mut ruh ka rukom jied paitoah ia ki nongpyniaid kam ha kino kino ki seng. Ia kine ka rukom jied ia ki nongmihkhamat la pyntrei kam ha ki skul, kum haba ki kynnab ki jied hi la ki Class Captain, ki Secretary ba trei ia ka kam ba bun jaid jong ka Class ne ka Skul bad kumta ter ter. Ka jingangnud jong ka Democracy kam kut ha kaba jied ia ki nongmihkhamat (election) hynrei ka kham ia dei eh bad kata ka rukom im kaba u briew u dei ban im. Ki nongrim jong ka ki long ka jinglait-luid (liberty), jingiaryakat-kyrdan (equality) bad ka jing-ia-long shipara (fraternity). Kata ka rukom im ba u briew u dei ban im ka dei ban long kaba la pynshong nongrim ha kine ki lai tylli ki nongrim bad kumjuh ruh kiwei pat ki jinglong ba bha; kum ha ka jinglatrei lang na ka bynta kano kano kaba bha, ka jingiarap mar kylliang, ka jingpyndem la ka mon ha ka mon uba bun uba lang na ka bynta ka bha lang, ka jingri burom ia lade, ka jingieng ha la ki jong ki kjat, ka jingshakri ia la ki para briew bad ter ter.

Ia kitei ki jingthmu ba don burom jong ka Democracy lah ban pynlong kam tang haba u briew u im bad kiwei pat. Kiei kiei kiba u leh ki dei ban long na ka bynta ban tei ia ka imlang sablang bad ban kyntiew ia ka kham

sha jrong. Ka Social Environment u khynnah ka dei ban long kaba khuid, kaba bha bad kaba janai bad ngi dei ruh ban kynmaw ba ka Society ka im na ka bynta u Individual bad kam ju khanglad ia u ban leh ia kano kano kaba long ka jingmyntoi, ym tang ia u hi shi met hynrei ia kwei ruh kumjuh. Ka Society ba shabar jong ka skul ka long kaba heh bad iar shibun, bad ka long ruh kaba tha'n katta katta ba u khynnah um pat lah ban ngewthuh bha ia ka; hynrei ia kata kaba bha tam kata don ha ka la pynrung bad pyntri kam a ka skul, bad la pynlong ruh ia ki skul ban don ka jingiasoh bad ka jingiasoh bad ka jingim jong ki khynnah shabar skul. Ia ki skul namarkata la ong ha ki long ki Society Rt (Miniature Societies) namar ba ki mih bujla ka a ka Society ba kham heh shabar bad namar ba ia kata kaba bha tam bad ha khuid tam kaba don ha ka, la pynrung ha ki. U Dr. Dewev u la pyniasnoh ia ka knari kaba pynakhlad ia ka jingim bad ka skul bad u la iarip ruh ia ki khynnah ban lait na ka jinghan-bain jong ka jingpule than ia ki subject ba eh, da kaba pynrung ia ka jingtrei kti.

### E. U Mahatma Gandhi (1869-1948).

La kha ia u Mahatma Gandhi ha Porbander ha Rajkot ha ka 2 tarik u bnai October, 1869. Yada u la pass ia ka Matriculation Examination ha ka snem 1887, u la leit pule ha England ha ka snem 1888. U la pass ia ka Examination jong ka Ain bad u la long u Barrister ha ka snem 1891 bad u la wan phat pat sha la ka ri ha kine kajuh hi ka snem. N duh ka snem 1893 baduh ka snem 1913 u la don ha Africa bad u la leh shibun ki kam ba bha ha kata ka ri. U la ia kynduh ia u Post Rabindranath Tagore ha Santiniketan ha ka snem 915. U la iasoh bad ka Indian National Congress kaba la long ha Lucknow ha ka snem 1916. Ha ka snem 1921 u la sdang ia ka jingiakhih ban ym ia trei lang shuh (Non-co-operation Movement) bad ka sorkar Phareng bad u la pynlut kham bun ka por, hadien kane, ha patok. Ha ka snem 1931 u la leit sha England ban ia shim bynta ka Second Round Table Conference. U

la seng kawei ka Ashram ha Sevegram ha ka snem 1935 bad u la shong hanne haduh ka snem 1942. Naduh ka snem 1945 haduh 1946 u la pyrshang ban wan rah ia ka jingiatylli hapdeng ki Hindu bad ki Mussulman, hynrei ia une u riewkhraw la siat iap ha ka 30 tarik u January 1948 bad ka pyrthei baroh kawei ka la iam briew na ka bynta jeng u.

U Mahatma Gandhi, u kpa ka jaitbynriew, u la long uwei na ki briew ba khrawtam ha ka pyrthei ha kane ka spah snem ba mynta. Nalor ba u long u riewsaid ba pawnam, u nongsain hima ba don sap, u riewhok, bad u lok jong ki pohjait bad kiba shem lanot, u long ruh uwei na ki Educator ba khrawtam jong kane ka juk ba mynta. Une u riewkhraw u la pynpeit ia ki khmat ka pyrthei ba ka jingsiew-kylliang ia ka jinghan bein da ka nia ka jutang, da ka jingiai shah, bad da ki lynti ka jingsuk, bad ym da ka jin leh jubor justi hi, ba ka long ka atiar kaba khlain tam ha ka pyrthei, bad dei da kane ka atiar ba ki khot "Non-Violence" ba u la jop lut ia ki jingeh jong u baroh. Ki nongrim jong ka jingim une u riewkhraw ki long ka jing arap mar kylliang, ka jingsngew-shipara, ka jingieit, bad ka jingieing ha la ki jong ki kjat.

### **Ki Nongrim ki jinghikai jong u ha kaba ai Education.**

Ha ki sngi ba ka ri jong ngi ka dang long ka ri mraw, ka Education ba la ai ia ki traishnong ka long ka bym don jingiasoh bad ka jingim jong ki khynnah ha ki rympei ing bad ki shnong ki thaw jong ki. Kumta ka don ka kharai bah ba jvlliew kaba pyniakhlad ia ka rukom im ki khynnah ha ing ha sem ne ha la ki shnong ki thaw bad ka jinghikai ba ki ioh na skul. Ki khynnah ki tang shu leit skul suki suki ki klet nob ia ki jam ba ki ju trei ha ing ha sem, ne ia ki jinglong ba ki ju mlien ban im ha la shnong. Ynda ki la pass lei lei ia ki examination ba kham shaneng, ki kylla long ki nongwei ia la ki shnong ki thaw bad ki ing ki sem, namar ba ki sngew lehrain ban trei ia kito ki jingtrei kti ba ki ju trei ha la ing la sem bad ha la shnong la

thaw ha ki sngi ba mynshwa. Ka don ruh ka jingpynia-pher ia kito kiba la ioh jingnang jingstad (educated) bad kito kiba dang sah bieij sah dum (uneducated), bad kane ka jingbuh kyrdan bad jingpyn-ia-pher ka long kaba ma bad mynsaw shibun eh ia ka jinglong shitylli ka ri. Don tang khyndiat eh kiba iohlad ban leit skul ne college ha kito ki sngi nainar ba ka Education kam shym la long ka mar kynti ia baroh, hynrei tang ia ki katto katne ngut. Ka jinghikai ka long lyngba ka English kaba long ka ktien nongwei bad kito ki bym nang bad sngewthuh ia ka ki ia kynduh shibun ki jingeh. Nalorkata, ka Education ba la ai ha ki skul bad college ha kito ki sngi ka long tang ban pynmih katto katne ngut ki briew ki ban trei Office ne hikai skul bad ban shu long tang ki nongiarap ia ki Phareng kiba pyniaid ia ki kam ki jam ba ia dei bad ka synshar khadar Kumta kane ka rukom ai Education kam pynmyn-toi ia ka ri baroh kawei

U Mahatma Gandhi u ieng ialeh pyrshah ia katei ka rukom ai Education bad u ong ba ka Education ka long ka mar kynti jong baron, ym tang ia ki katto katne ngut. U ong ruh ba ka Education ba shisha ka long kata kaba lah ban pynroi ia ka ri bad pynbiang ia ki jingdonkam jong ka baroh U la pynpaw ia ki jingmut jong u ha kot khubor "Harijan" ha ka si em 1937. Ia ki jingpyni jingmut jong u la kyrshan ym tang da ki riwkhraw j ng ka ri India hi, hynrei ruh da ki riwstad jong kiwei pat ki ri ba la shai ha ka pyrthei. Ia ka Scheme of Education jong u la khot "Ka Basic" ne "Wardha Scheme of Education" Kine harum ki long ki kyrdan ba kham donkam jong kane ka Scheme:—

(a) Ba baroh kiba naduh 7 haduh 14 snem ki dei ban ioh-ei ia ka Education bad dei ruh ban pynhor ia ki kmie ki kpa ban phah skul la ki khun.

(b) Ba ia baroh ka jinghikai dei ban pynshong nong-rim ha ka ktien trai ri. Kane kan iarap shibun ia kito ki bym sngewthuh bad nang bha ia ka English.

(k) Ba ki jingtrei kti ki dei ban long ki pdeng jong ka jinghikai bad dei ban hikai kat kum ka bor, ki sap bad jinglah ki khynnah. Kane kan iarap ia ki ban nang pynjanai shuh shuh ia kito rukom trei jingtrei ba ki ju leh ha ing ha sem ne ha shnong ha thaw. Ka jingmyntoi jong ka jingpynrung ia ka jingtrei kti (craft) ka long ba ka iarap ban pynsting ia ka jingmut jong ki khynnah na ka jingsngewngiah, jingsngewthait bad jingsngewilep jong ka jingiai-pule ia ki kot ki sla, ne ban ong da kumwei pat ka pynsting ia ka jingban-bein jong ka jingiai-pyntrei kam ia ka jabieng.

(d) Ia ka craft dei ban hikai janai bha bad lyngba jong ka dei ban hikai ruh ia kiwei ki subject.

(e) Ka jinghikai ia ka craft ka iarap ia ki skol ban pynmih ki mar ki mata ki ban ia id dor ha iew ha hat, ne shawei pat, bad ia ka risa ba ioh na kaba die ia ki, yn siew ia ka tulop ki nonghikai bad pynbiang ia kiwei pat ki jingdonkam ka skol.

### **Ki jingthmu jong ka Basic Scheme of Education.**

(a) Ka Basic scheme of Education ka thmu ban wan rah ka jingia-dei ba jan hapdeng ka jingim bad ka Education.

(b) Ka thmu ban seng nongrim ia ka mynsiem ba u briew um dei ban shaniah ha kiwei pat, hynrei ba u dei ban ieng ha la ki kjat.

(k) Ka thmu ban seng nongrim ia ka mynsiem ka jingsngew shi-para bad jingiatrei-lang na ka bynta kaei kaei kaba bha.

(d) Ka thmu ban pynlong ia uwei pa uwei u nong India ban long u trai shnong ba shisha jong ka ri la jong.

(e) Ka thmu ban iarap ia u khynnah ban pynpaw shabar ia kata kaba bha tam kaba don ha u.

(g) Ka thmu ban iarap ia ka ri ban ieng ha la ki jong ki kjat.

(ng) Ka hikai ba ka Non-Violence ka long ka atiar ba khlain tam ha ka pyrthei bad dei tang ma ka hi kaba lah ban jop ia ki jingeh haroh ba u briew u ia kyn-duh bad dei ruh tang ma ka kaba lah ban jop ia ki dohnud ki briew.

(h) Ka thmu ban buh bujli ia ki 3 Rs (Reading, 'Riting, 'Rithmetic) da ki 3 Hs (Head, Heart, Hand)

### G. U Poet Rabindranath Tagore (1861-1941).

La kha ia u Tagore ha Calcutta ha ka snem 1861. La phah skul ia u hynrei u Tagore u sngew ba ka skul ka long pynba i ka patok ha kaba u dei ban shu spel tuta ne pule khlem sngewthuh ia ki kot ki sla. U la ioh Education ha la iing na u Tutor bad na kiba ha iing ba sem jong u hi. Ha ka snem 1874 u la leit bud ia la u kpa sha ki lum Himalaya bad ka jingiohi jong u ia kine ki lum ba itynnad bad ka mariang kaba don ha ki ka la ktan jur eh ia ka jingmut jong u Khyndiat snem hadien kane u la leit pule ha ka University of London, hynrei u la wan phai pat sha la ka ri hadien ba u la sah tang khyndiat bnai hangta. Ha ka snem 1901 u la seng ia kawei ka skul ha Santiniketan kaba hadien habud ka la kylla long ka University ba pawnam ba la khot Visva-Bharati Une u riew khraw u la thoh shibun ki kot kiba ai mynsiem ia kiba bun. U la iap ha ka snem 1941.

Ki Nongrim ki Jinghikai jong uha kaba ai Education.

Kumba ngeit u Rousseau, u Tagore ruh u ngeit ba ka mariang bad jinglong-tyndai jong u briew hi ka don ka bor bah ban pynkhuid ia ki jingsniew bad ban pynsan bad nang pynjanai shuh shuh ia u, bad kumba ngeit u Froebel, u Tagore ruh u ngeit ia Uta U Mynsiem Uba pyniaid ryntih bad synshar lut ia ka Jingpynlong bad U

nynpaw ialade ba ka mariang ba itynnad bad ka jinglong-tynrar ba synlar bad khlem thoh bria jong u briew. U briew ra la ka jinglong tynrai u long uba tha namar la thaw ia u ba ka dur u Blei hi; bad ia kito ki bor tynrai ba la don lypa ha u lah ban lam lynti ban mih shabar ha ka jingjanai. Ka mariang bad ki jingitynnad jong ka ki pynpaw ia ka burom u Blei bad ka jingkhaw ki kti jong u. U Tagore u ngeit ruh ia ka ain ka jinglong kawer jong kiei kiei kiba ia pher (unity in diversities) bad kumta u ono ba ka jingthmu jong ka jingim ka long ban lam lynti ia ki lat lat ba pher jong ka ban tuid tang sha kawer hi ka pung kaba long ka jingjanai. Uwei pa uwei u don ka hok ban pyntrei kam laitlu d ia kito ki bor tynrai ba la don lypa ha u ban mih shabar ha ka jingbha bad jingjanai, khlem kano kano ka jingkhaw-lad da kiwei pat. Ia kane ka jingthmu lah ban pyntrei kam bha ha ka mariang, ka bym shym la pynbvsieh da u briew, bad dei tang hangta hi ba u briew u lah sngewthuh ialade da lade hi (self realisation) khlem ka jingpynthut jongno jongno ruh, bad dei tang ha ka hi ba u lah ban sngewthuh bad shemphang ia ka jingdon Uta U Mynsiem Ba Synsar Lut ia kiei kiei baroh. Ban ong da kumwei pat dei tang ha ka mariang ba u briew u lah ban sngewthuh ia ka jingdon U Blei bad ban ioh ruh ia ka jingsngew ba kham hajan bad U, bad dei tang ha ka hi ba u lah ban pyntrei kam hok ia la ki sap, namar ym don mano mano ruh ba pynwit ia u ban leh kumta.

Kumba long kiwei pat ki Educator, u Tagore u iohi ba ki skul ki long pynban ki patok ha kiba ki khynnah kim ioh ka mon laitluid ban khih ban ksar bad ban pyntrei kam la ki bor tynrai. Ym shym la hikai ia ki ban kham tip bad ban "nang" kham bha shuh shuh ia kiei kiei kiba ki ju iohi, iohsngew ne leh. Haba kren shaphang u nonghikai pat, u Tagore u ong ba u nonghikai un ym lah ban hikai lynda ma u hi u long uba "iai-nang" bad kham nang shuh bad kata ka jing-iai-nang jong u kam long eh tang ia ki kot ki sla. hynrei kaba kham donkam ia u ka long ban kham "nang" bad kham tip kham bha ia ki jingshissha ka jingim.



Ban pyntrei kam ia ki jingthmu jong u, u la seng iwei i skul rit ha Santiniketan. Hangne ki khynnah ki ioh jinghikai ba ki jingitynnad ka mariang hapoh ki syrngiew jong ki dieng. Ka jingiadei hapdeng u nonghikai bad ki-ba shah hikai ka long kaba jan katta katta. Ki khynnah ki iet ia la u nonghikai kumba ki iet ia la u jong u kpa. Hangne ki ioh ka mon lait luid ban sei shabar ia kata kaba bha tam kaba don ha ki bad hangne ki im ha ka jingsuk bad jingsngew shipara. Kane ka skul ka la nang iar bad nang heb, bad naduh ka snem 1921 ka la kylla long ka University ba pawkhmat, Ym tang ia ki nong India, hynrei ia kiwei pat ki jait bynriew jong ka pyrthei. Ha kane ka University la pynnasoh ia ka Philosophy ki nong Mihngi bad ka Science ki nong Sepngi. Ha kane ka University ym don jingrapher hapdeng uba duk bad uba riwspah, hapdeng uba khraw bor bad uba rit bor, bad hapdeng u dohlieh bad u dohi ng-baroh ki sngew ba ki long ki dkhoh jong kajuh hi ka iing.

Ha Santiniketan uwei pa uwei u dei ban khedang step, ban tong um, ban sait hi la ki jain, ban sar la ka kamra bad leh kiwei de ki kam kti. Baroh ka jinghikai kot ka dei ban kut ha ka por shiteng sngi. Ha ka por janmiet ia ki jingtrei kti bad bun jait ki kam ba ni kum ka painting, music bad danc ng la hikai. Kumta ngi ichi ba ka jingim hangto ka long kaba sngewtynnad bad kaba suk.

#### **Ng. U.J. Herbart—U nongsdang jong ka five step Method**

Ki educational theories jong u Herbart ki long ki jingpynjanai ia ki jingthmu bad ki jingpyntrei kam ia ki jingkwah u Pestalozzi. La ong ba u Pesta ozzi u kwah ban pyntrei kam ia ki nongrim ka Psychology ha kaba ai jinghikai (psychologise education) bad dei u Herbart uba la pyntrei kam shisha ia kata ka jingkwah u Pestalozzi. U Froebel u ong ba ka jingleh da lade hi ia kano kano kaba pynmih ki soh kiba bha (creative self activity) bad ka pynpaw ia ka jinglong ba bha bad jinglong ba janai jong ba-

roh ki bynta ka jingim u khynnah (personality) bad lada u nonghikai um lah ban pynjanai ia kata ka personality u khynnah, um dei shuh ban hikai. U Herbart u thaw ki lad da kiba u nonghikai u lah ban pynbha ia ka personality u khynnah.

Ban sngewthuh ia ki theories jong u Herbart, ka long kaba donkam ban tip ia ki katto katne ki rukom trei kam ka jingmut jingpyrkhat. U Herbart u ong ba ha ka por ba kha ia ngi, ka jingmut jong ngi ka long kaba thylli lane suda hynrei ka don ka bor ban tip ia ka environment ba shabar jong ngi lyngba ka nervous system. Kiei kiei kiba nabar ki rung ha ka jingmut jong ngi lyngba ki bor tip-thuh (senses) ia kiba la ju khot ki jingkhang-it jong ka mynsiem (the windows of the soul). Ka mynsiem ka long kaei kaei kaba hapoh jong ngi hynrei ka ioh jingshai ia ka pyrthei ba shabar jong ka lyngba kine ki sceses. Haba kaei kaei kaba nabar ka rung ha ka jingmut jong ngi, ka pynlong ia ngi ban mut dur ia kata kaei kaei bad ia kata kaei kaei kaba ngi iohi ne mut dur ha ka jingmut la khot "idea". Kane ka jingia dei jong ka pyrthei ba shabar bad ka pyrthei ba hapoh jong ngi ka iai trel kam man ka por.

U Herbart um ngeit ia ka Faculty Psychology kaba batai ba ka jingmut ka don ka bor ba pher bad bym don jingiasoh kawei bad kawei pat bad kiba iaid lait-luid ha la ki jong ki lynti. U ong ba ka jingmut ka long hi tang kawei kaei kaei. La ka don bun ki bynta ba pher, kine ki bynta ki don ka jingiadai bad ka jingialong kawei hapdeng jong ki (unity of the mind) Halor kane ka nongrim jong ka jinglong kawei jong ka jingmut jingpyrkhat, u la seng nongrim ia ka theory of the correlation of studies kaba mut ka jingpyn-iasoh bad jingpyn-ia-dei ia ki subject ba pher ha ka curriculum, para ma ki hi lane kawei bad kawei pat. kumta ia ka History lah ban hikai ia ka ryngkat bad ka Geography, la ka Gosgraphy bad ka Mathematics lane bad ka Science bad kumta ter ter. Ki nongbud jong u ki la nangnynjanai shuh ia kane ka rukom hikai da kaba ki pynmih ia kata kaba khot "Concentration" lane

"the Unifying of all subjects about one common central study". Kan don kawei ka subjects pdeng bad lyngba jong ka yn hikai ia kiwei pat ki subject. Ha ka Wardha Scheme of Education ka Craft ka 'ong ka central subject bad lyngba jong ka la hikai ia kiwei de ki subject.

Na ka jingshisha ba ka don ka ka jing ai-pynlong ia ki idcas ha ka jingmut jingpyrkbat da ka jingrung kiei kiei ba nabar hapoh jong ka, lyngba ki senses, u Herbart u la seng nongrim ia ka Psychology of Apperception ne Apperceptive Masses" "Apperception" ka long ka jing-iasoh jong ki idea thymmai bad kito kiba la don lypa ha ka jingmut. Kumta haba hikai ia ki khynnah, u nonghikai haba u hikai ia ka lesson thymmai u dei ban pynshong nongrim ia ka ha ka jingtip kaba ki khynnah ki la tip mynshwa. Ka Apperceptive System namarkata ka mut kito ki ideas ba la kynshew lypa mynshwa ha ka jingmut bad kumjuh ruh kito kiwei pat ki ideas ba thymmai ia kiba yn pyniasoh lang bad kito kiba mynshwa.

Ia ka rukom thymmai ba la pynmih da u Herbart la khot "Genetic lane Developing lane Five Step Method" bad ia ki kyndon iong kata ka Method la khot "Formal Steps" lane "Herbartian Steps". Ha kaba pyntrei kam ia kane ka method u Herbart u ong ba don artylli ki rukom trei kam ka jingmut (mental processes) ia kiba la khot "Absorption" bad "Reflection". Kine ki dei ban ia bud ryngkhi kawei bad kawei pat. "Absorption" ka mut ba ka jingmut ka ioh bad lum ia ki ideas thymmai bad "Reflection" pat ka long ka jingbuh ryntih bad jingpyn-iasoh lang ia ki. Ha ka nongrim jong kine ki artylli ki mental processes la seng nongrim ia kine pat harum :—

1. Clearness of the individual perception — ka jingshai kdar jong ka jingsngewthuh.
2. Association..... .. Ka jingpyniasoh lang ia ki ideas.

3. System..... .. Ka jingpynskhem shuh  
shuh ia kata kaba la  
pynia-snoh.
4. Method.. . .... Ka jingpyntrei kam pat  
ia kata kaba la pynia-  
snoh lyngba ki exercise.

Ki nongbud jong u kiba hadien ki la nang pynbha  
shuh shuh ia ki step kumne :—

- |                     |  |
|---------------------|--|
| 1. Clearness .....  | 1. Preparation                             |
|                     | 2. Presentation                            |
| 2. Association ...  | 3. Comparison and Abstraction              |
| 3. System . .... .. | 4. Generalisation                          |
| 4. Method.....      | 5. Appli ation (lane Recapitula-<br>tion.) |

Kiwei pat ki buh ia ki step kumne : —

- |                     |   |
|---------------------|---|
| 1. Clearness .....  | 1. Preparation.                         |
|                     | 2. Statement of Aim.                    |
| 2. Association..... | 3. Presentation.                        |
| 3. System..... ..   | 4. Application lane Recapitu-<br>lation |
| 4. Method..... ..   | 5. Assignment.                          |



**Bynta II**

**Ka Psychology**



## 1. Kaei ka Psychology ?

Ka Psychology ka long ka tnat jong ka jingstad kaba la don ha kane ka pyrthei mynta la kumba ar hajar snem. Ki jingbatai ia kane ka tnat jong ka jingstad ki iapher na kawei ka por sha kawei pat. Kine harum ki long katto katne na ki jingbatai ia kane ka tnat jong ka jingstad :—

(a) Ka ktien "Psychology" ka wan na ka Greek "Psyche" ka mut ka mynsiem bad "Logos" kaba mut ka Science. Namarkata "Psychology" ka mut ka science jong ka mynsiem (Science of the soul). Kane ka long lehse ka jingbatai ba nyngkong eh ia ka ktien "Psychology," ba la batai da u Plato, uba la long uwei na ki nongshah-hikai ba pawnam jong uta u riewstad bakhraw jong ka ri Greece ha ki por hyndai, u Socrates. Kane ka jingbatai kam biang, namar ba ka ktien "mynsiem" (soul) ka thew ia kata ka bynta jong ka jingim, kaba shong ha ka met u brieve katba u dang im ha ka pyrthei bad ka ber noh shawei pat ynda u la khlad noh na ka. Wat haba u brieve u dang im ha kane ka pyrthei, ka mynsiem jong u ka lah ban iehnoh ia ka met shi por, bad leh ia kaei kaba ka kam tip, kum ha kaba u iap-ler shi por. Nalor kata ngim dei ban klet ba ha ka Science Laboratory la ju leh experiment tang ia kiei kiei kiba ngi lah ban iohi, ktah, phiab, pynasoh lang bad ter ter. Namarkata ban ong ba ka Psychology ka long ka Science jong ka mynsiem ka long ka jingong ka bym don nongrim, namar ba wat u Scientist ba khraw tam ha kane ka pyrthei, un ym lah ban leh experiment ia ka mynsiem jong u brieve ne uno uno u jingthaw ba im.

(b) U Aristotle pat, u synran jong u Plato bad u nonghikai ba pawnam jong u Alexander ba khraw, u ong ba ka Psychology ka long ka Science jong u ne ka jingthaw ba don jingim, bad uba na kaba lang khie nang san ryngkat bad ka jingiaid jong ka por. Kane ka jingbatai pat ka ban eh tang ia ka jingkhie jingean jong ka jingim bad kam iathuh ei ei ia kiwei pat kiei kiei ba ka Psychology ka ai jingebai kum ki instinct, ki emotion bad ter ter.

(k) Ha ka Medieval Period (kata naduh ka spah snem 1100 H. K. haduh ha spah snem 1500 H. K.) la batai ia ka Psychology kum ka Science jong ka jingmut jingpyrkhat (Science of the Mind). Kane ka jingbatai ruh kam lait na ki jingduna, namar ba ka Psychology ka ai jingshai ruh shaphang ka jinglong jong ka met ka phad kum ka jingkhie jinesan jong ka hi, ne ki bynta ba pher jong ka, la ki long kiba shabar ne ba shapoh, kum ka Nervous System ka Jabieng, ki Glands bad ter ter. Nalor kata, kumba long ia ka mynsiem, ia ka jingmut jingpyrkhat ruh ym lah ban leh experiment ha ka Science Laboratory.

(d) U Descartes pat u batai ba ka Psychology ka long ka Science jong ka jingtip-briew ba thikna (Science of Consciousness). Kane ka jingbatai la long kaba khim namar ba ka Psychology ka ai jingshai shibun ia ngi ia ka Pre Conscious, Sub Conscious bad Unconscious Mind (Peit ia ka lyanong kaba ar). Ha ka jingshisha ka Conscious Mind ka long tang ka bynta barit eh jong ka jingmut jingpyrkhat, katba ka Unconscious Mind pat ka long ka bynta ba jylliew bad ba khraw tam jong ka.

(e) U Leibnitz pat u ong ba ka Psychology ka long ka Science jong ka Conscious Mind bad Sub Conscious Mind. Kane ka long tang ka jingpynbna ia ka jingbatai ba hyneng, hynrei ka klet pat ia ka Unconscious Mind.

(g) U David Hume u batai ba ka Psychology ka long ka Science jong ka rukom trei kam jong ka jingmut jingpyrkhat (Science of Mental Process) hynrei um shym batai shai ba ki rukom trei kam jong ka ki iai-neh ha ka jingmut jingpyrkhat. Ka jingshisha ka long ba ki idea thymmai ki iasnoh bad kito kiba la don lypa ha ka jingmut jingpyrkhat bad ki iai-neh ha ka, katba u briew u dang im ha kane ka pyrthei.

(ng) U William McDougal, u nongkyrshan ia ka Hormic Psychology, u ong ba ka Psychology, ka long ka jingstad kaba batai la ka behaviour jong kiei kiei kiba don



jingim. Ke ktien "Behaviour" ka mut kaei kaba u briew ne uno uno u jingthaw ba im u pynpaw shabar ia kaei kaei kaba don hapoh jong u da ki kam, ki ktien bad kiwei pat ki rukom leh. Ia kata kaei kaba u leh ne pynpaw shabar, da kano kano ka rakom leh, la pynmih da kito ki bor kiba napoh ba la don lypa ha u. Ki Instincts ki long kaito katne na kito ki bor tynrai ba la don lypa bad kire ki bor ki kyntu ia u ban leh ia kane ne ia katai, bad dei na kane ka daw ba la ju khotu ki ki "Basic Urges" Ngim dei ruh ban klet ia ka jingmisha ba haba u briew ne uno uno u jingthaw ba im u leh ia kano kano, u don la ka jinghmu ba sha lyndet jong kata kaei kaei kaba u leh. Haba ts m ba rit i iohi ia u 'sew beh mra', i her rap. Lo kyntu ia i ban leh kumta da Lito ki bor tynrai ba la don na i. Ynda i la poi ha ka jaka ba i sngew bym don jingmishuh, im her shuh namar ba i la ioh ia kata kaba i thmu bad kata ka long ba i la lait na ka jingma ne jingmynsaw. Hengne ngi iohi shai kdar ba ka jingher jong ita i sim ka jubab ia kata ka bor kyntu ne bor pynk ih ba napoh (a response to a stimulus) bad ba i don la ka jingthmu haba i leh kumta. Kane ka jingher i im ka rapher bak ly-bak na ka jingher jong ka ball ba la kyntu da u nongialeh football uta khlain. Ia ka ball ia pynrai da ka bor kaba nabar kaba long ka jingkynjat jong u ne ia iahen kai. Ka sangheh noh haba ka bor jong kata ka jingmyajet ka la kut bad kata ka jingmyajet jong ka karyshym mih na kano karo ka jinghmu jong kata ka ball. Ia kane ka jingher jong ka ball ba la pynlong da ka bor ba nabar bad ka bym don jingthmu eiei ei ruh, la khot "Mechanical Action" Ka paw shai kdar ba ka mechanical action ka ia dei tang bad kito kie kiei ki bym don jingim bad ka behaviour pat ka iadei bad ki jingthaw ba im.

U Woodworth, haba u kren shaphang ki jingbatai (a), (k), (d) bad (n) ba la ai haneng u ong "ba nyngkong nyngshap, ka Psychology ka duh noh la ka mynkiem; nyngta pat ka duh la ka jingmut jingpyrkhat, nangta sa la ka jingtip-briew : hynrei ka dang bat hi ia ka behaviour" ("First Psychology lost its soul, then it lost it mind, then it lost its consciousness, it still has behaviour of a kind").

La kitel ki jingbatai ba pher ki don la ki jingduna, hynrei ia kano kano na ki lah ban pyntrei-kam kat kum ka jingthmu bad jingdon-kam ba kyrpang.



## 2. Ki bynta ka jingmut jingpyrkhat.

Ia ka jingmut jingpyrkhat lah ban pynia-bynta ha kine ki bynta harum:—

### (a). Conscious Mind lane Consciousness

“Consciousness” ba ka ktien Khasi ka mut ka jingtipbriew kaba da thikna bha shaphang kano kano. Kane ka ktien ka kynthup ia kiba bun ki rukom ba ka jingmut jingpyrkhat ka trei kam, kum ka sensation, idea, feeling, memory, imagination bad will. Ka Consciousness ka lah ban long ka jingtip briew kaba thikna ia kaei kaei kaba u briew u ia kynduh, leh, pyrkhat bad thmu ha ki sngi ba la leit noh ha ka jing'm jong u. Ka lah ruh ban long ka dur kaba shai bha bad paw tyngkrein ha ka jingmut jong u ia kaei kaba u thmu ban leh ha ka lawei. Nangta pat kiei kiei kiba rung ha ka jingmut jong ngi na ka pyrtnei ba shabar, lyngba ki bor tip-thuh (senses), ki paw ha ka dur kaba shai kdar na ka jingmut jong ngi. Kane ka dur jong kita kiei kiei ruh ka long hi ka Consciousness.

Ia ka Consciousness la mut dur kum ka circle bad ia kane ka circle la khot “Field ne Circle of Consciousness.” Ka bynta ba hapteng eh jong kane ka circle. kata u centre, ka long ka bynta kaba shai tam, bad katba nang jngai na ka, ka consciousness ka nang dum byrngut. Kano kano ka jingpynthut ka lah ban rah ia kata kaei kaei kaba don ha ka centre sha ka circumference lane periphery lane margin. Ia kata ka bynta ba shai tam kaba don ha ka centre la khot “Focus” lane “Centre” of Consciousness. Haba pule kot, kata ka bynta ba u

nong-pule u pule, ka long ka focus of consciousness katba ka sharak, ka shuki ka miej etc. pat ki don ha ka Periphery. Lada ka sharak ka lip kynsan jar, ka focus of consciousness kam long shuh kata ka bynta ba u nong-pule u pule, hynrei kata ka jinglip jong ka sharak.

Ka consciousness ka long ka bynta barit tam jong ka jingmut jingpyrkhat. La nujor ia ka bad uto u lyngkhot thah (iceberg) uba per ha duraw. Ka bynta jong une u lyngkhot thah ba per ha sla um ka long tang shi bynta na ka Phra ne shiphew bynta, katba ka bynta ba sah pat ka long ka bynta bym lah ban rohi, kaba don hapoh ka sla um. Kaba ngi lah ban tip thikna ia ka jingmut jingpyrkhat ka long tang ine i bynta barit eh jong ka.

Ka Instrospective Psychology ka long ka jingpule bniah ia kiei kiba adei bad ka consious mind Ka ai jingshai ia ngi ba dei u briew tang da lade hi uba lah ban peit bniah, bishar, bad raj ia kaei kaba don ha ka jingmut jong u bad ym dei kiwei pat.

#### (b) Sub Conscious bad Pre Conscious Mind.

Ki don kiba ong ba ka conscious mind ka long tang u point uba long lehse u centre jong ka circle ba la ong haneng, bad don pat kiba ong ba ka long ka field ne circle of consciousness baroh kawei hi. Kan kham bha ba ngin mut dur ba kato ka bynta ba byrngut kaba kham pajih khyndiat na u centre ba ka long ka Sub Conscious Mind, bad ba kato pat ka bynta ha kham sharud jong ka pat ka long ka Pre Conscious Mind. Kine baroh ar ki don hi hapoh ka Circle. Ka Sub Conscious lane Pre Conscious Mind kim long Conscious ne Unconscious hynrei lah ban pynlong Conscious ia ki da ki jingpyrshang ba mih hi na la ka mon sngewbha. Ki nuksa jong ka sub conscious bad Pre Conscious Mind ki long ka jingbym-kynmaw lut ia baroh ki bynta jong kano kano ka jingjia ba la iaaid lait noh, lane ia baroh ki bynta jong ka kyrteng jong uno uno u briew. Ban ong da kumwei pat ki nuksa jong ka Sub Conscious ne Pre Conscious Mind ki

long ka jingkyrmaw tang ia ki katto katto ki bynta jong kano kano ka kyrteng jong uno uno u briew. Ki bynta ba la klet noh ki lah ban wan biang ha ka jingmut lada pyrshang tyug-eh ban kynmaw.

### (k). Ka Unconscious (jingbymtip-briew) Mind

Kane ka long ka bynta ba jylliew tam jong ka jingmut jingpyrkhat. Ka long sriem kum kato ka bynta ba bun tam jong u lyngkhot thah bym lah ban iohi, uba don hapoh ka sla um jong ka duriaw bad uba long hynñ ew na ka phra bynta ba la ong haneng. Kane ka bynta ba bun tam jong uta u lyngkhot thah ka don bun syrtap. Teng teng une u lyngkhot thah u iaid pyrshah ia ka jingbeh jong ki lyer namar ki jingtrei kam jong ki lat lat ba don ha ki bynta ba kham shapoh jong ka sla um (under currents) Kumsjuh ruh bunsien ki briew ki leh ki kam khyllah ba pher shiban na ki rukom ba ju leh lem ka pyrthet namar ka jingtrei kam jong ki lat lat ba pher ba don ha ka Unconscious Mind

Ha ka long-briew man-briew jong ngi naduh ka por ba ngi mih sha kane ka pyrthet, ki jingkwah ba bun ki iai kyrsoi ha ka jingmut jong ngi; hynrei lada kin ki jingkwah ki long kiba pyrshah ia ka mon ki kmie ki kpa, ki nonghikar etc, ngi khñiot noh ia ki, namar ka jingsheptieng ba lada ngin pynhun ia kita ki jingkwah ngin shat pynshitom. Ia kine ki jingkwah bym lah ban pynhun la khñiot noh bad ia tep noh ha ka jingklet bad kumta la pynlang iut ia ki baroh ba ka Unconscious Mind

Wat haba la khñiot noh ia ki, kim iap. hynrei ki iai khñi iai ksar matlah ban mih noh shabar na ka Unconscious Mind bad ki wad lynti ban ioh rung hapoh ka Conscious Mind. Haba kim ioh lad ban mih shabar, ki pypaw pat ialade hadien habud ha ki dur jong ki jingklet bieij, ki jingbakla ba ngi leh man ka sngi, ki jingmut dur rngai, ki jingleh khleh bieij, ki kam lamwir lamtham bad ter ter. Ia ka jaka ba la lum lang ia baroh kine ki jingkwah ba la

khñiot noh bad bym lah ban pynhun la khot ruh "Id." Ka "Id" ka mut ruh ka jaka, ha ka jingmut jingpyrkhat, ha kaba la thep lut ia baroh ki instinct, ki jingsngew ba bun, bad kiwei pat ki bor tynrai ba la don lypa ha ngi.

Na kaba la ong haneng ngi iohi ba ka Unconscious Mind ka don artylli ki bor. Kawei na ki ka long ka bor ban pynneh ha ka jingmut ia kiei kiei kiba la tep noh ha ka jingklet. Haba ngim loh ia kaei kaei kaba ngi kwah, ngi sngew diaw bad ngi pyrshang ban khñiot noh ia kata ka jingkwah da kaba klet noh ia ka. Kumjuh ruh ka long ia kito ki jingsngewdiaw, jingsngew bukhkoh jong ka jing-im. Ngì pyrshang ban klet noh ia ki Hynrei kine baroh, wat la la khñiot noh ia ki, kim long kita iap. La pynneh ia ki ha ka jingmut jong ngi bad kin sa mih ha kawei pat ka por ha ka dur kaba pher. Ia kata ka bor kaba pynneh ia ki ha ka jingmut la khot "Moeme". Ia ka bor pat kaba pynlah ia ki ban khih ban ksar matlah bad ban mih noh shabar na ka "Id" ne "Unconscious Mind" la khot "Horme" (Pule ia ka lynnong kaba lai)

Ka jingiapher hapteng ka Pre Conscious lane Sub Conscious Mind bad ka Unconscious Mind.

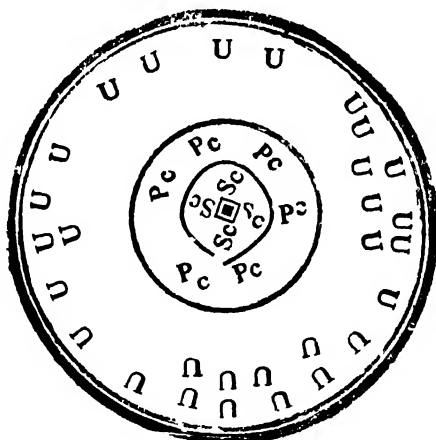
Pre Conscious lane Sub Conscious Mind	Unconscious Mind
1. Ka Pre-Conscious Mind ka long Conscious ha ka dur kaba byrngut.	Ka Unconscious kam lah ban long Conscious wat tang khyndiat ruh.
2. Ha ka Pre conscious ne Subconscious ym don ki repressed desires.	Ia ka Unconscious pat la pynlong da ki repressed desires.
3. Ia ka Pre conscious ne Sub conscious lah ban pynlong Conscious da ki jingpyrshang jong u briew da lade hl.	Ia ka Unconscious lah ban pynlong Conscious tang da u Psychoanalyst.

**Pre Conscious lane  
Sub Conscious Mind**

**Unconscious Mind**

4. Ha ka Pre Conscious ne Sub Conscious ki dak jong ki jingleh khyllah, jingmut-dur rngai. jingleh khleh bieit, jingbakla etc kim don.

Ka jingmut dur fa ka Conscious Preconscious bad Unconscious Mind da u nongthoh.



□ — Conscious

Sc — Sub-Conscious

Pc — Pre Conscious

U — Unconscious

### 3. Ki bor ka jingmut jingpyrkhat.

Ka jingmut jingpyrkhat ka don artylli ki bor bad kita ki long ka "Horme" bad ka "Mneme" Kine ki artylli ki bor ki long kiba iadei bad kata ka bynta ba khraw tam jong ka jingmut jingpyrkhat ba la khot ka "Unconscious Mind".

Ka Mneme ka long kata ka bor kaba pynneh ha ka Unconscious Mind ia kiei kiei kiba ngi ia kynduh, leh, pyrkhat, thmu etc (experiences) ha ki sngi ba la leit noh ha ka jingim jong ngi. U Wordsworth u iohi ia ki tiew Daffodil harud ka pung. Kale ka experience jong u ka iaid lait noh, hynrei la pynneh pat ia ka ha ka jingmut jong u da ka Mneme. Ka Mneme ka pynneh ruh ha ka jingmut jong ngi ym tang ia kito kiei kiei kiba ngi ia kynduh ne leh ha ka jingim jong ngi shi-met shi-met; hynrei ia baroh kito ki bor tynrai kiba don ka jingiadei bad ka long-briew man briew bad long rynieng man rynieng jong ngi, kiba hiar pateng ha ngi na u Thawlang bad ka Iawbei; bad ki ban iai hiar pateng pat na ngi sha ki pateng ban dang wan. Ia kine kiei kiei la pynneh ha ka jingmut jong ngi khlem kano kano ka jingtip jong ngi. Ngiam bad ngi rkhiie bunsien khlem da buh jingmut ei ei ruh ha lade ba kine ki jingleh jong ngi ki long ki jinglong kiba la don lypa ha ki kpa tymmen ba nyngkong eh jong ngi, bad kiba ngi ioh pateng na ki; bad khlem da pyrkhat ei ei ruh ba kine ki jingleh kin hiar pateng na ngi sha kiwei pat ki pateng. Ia ki instinct bad kiwei pat ki bor tynrai ba la don lypa ha u briew, ne uno uno u jingthaw ba im la pynneh ha ka jingmut da kane ka bor. Ia kito kiei kiei pat kiba ktah ia ngi hadien habud da kano kano ka experience ba la iaid lait noh la khot "Engrams" (After effect of an experience). Ia ka Mneme haba la rah na ka jinglong bym tip briew, sha ka jinglong ba tip briew biang biang la khot "Memory".

Ka Horme pat ka long ka jingkyntu ba napoh ban leh ei ei khlem ka jingtip briew. Ki dieng ki siej bad ki jingthung, jingtep ki ialeh ban pynsan ialade khlem da tip

ba ki leh kumta. Wat kito ki jingthaw ba im, kiba don ka kyrdan ba kham rit bad kham poh ban ia kiwei pat, ki pynsan ia lade khlem da tip. Ngi ruh bunsien, khamtam ha ki sngi ba nyngkong jong ka jingim jong ngi, ngi pynsan ialade khlem tip. Ngi kjit ia ka buin na i Mei khlem kano kano ka jingtip ba ngi kwah ban pynsan ia ia ka met. Haba ngi la san la rangbah, ngi phah khap shñiuh khlem da buh jingmut ei ei ruh, ba ka jingmut ha kawei pat ka rukom, ngi pynsan pat ia u da kumwei pat. U Sir James Ross u ong ba ka rukom ba ngi hi ngi pynlong ia ka nierbah ban tylliat ia ka jingbam bad ter ter ki long ki Hormic Activities. Ka Horne ka pyniasoh lang ia ki Engram ba ia pher ha ka rukom kaba ryntih ban long kawei kaei kaei kaba kyrpang. Ia ka jingpyniasoh lang ia ki Engram ba ia pher la khot Complex lane Engram Complex. Kawei pat ka jingmut jong ka ktien Complexka long kano kano ka jingkwah ne jingsngew kaba ia pakhuu kawei bad kawei pat ha ka Unconscious Mind bad kaba pynmih ia ka jingsngew lyng-a ha u briew bad kaba pynlong ia u ban leh ki kam kiba ia pher na kito kiba kiwei pat ki ju leh. Kane harum ka long ka rukom ka nuksa jong ka jingpynlong ia ki Engram Complex :—

Haba pule ngi iohi ia ka ktien, kata ki dak kiba pynlong ia ka. Ka Engram hangne ka long ka Sight Engram. Haba ngi iohsngew pat iano iano ba kynnoh ia ka, kata ka long ka Sound Engram. Haba ma ngi pat da lade hi, ngi kynnoh ia ka, ka Engram ka long kata kaba iadei bad ka jingpynkhih ia u thylliej, ka rymmiang shyntur; kane ka long ka engram of movement. Haba ngi la sngewthuh bha pat ia kata ka ktien, ka engram ka long ka Concept. Kane ki engram ba ia pher, Sight, Sound, Movement bad Sense ki iasoh lang ban long ka Engram Complex kaba pynmih ia ka behaviour ba thymmai.

Na kaba la ong baneng, ngi iohi ba ki Engram kim long ei ei kiba iap hynrei ki iai khh iai kear ban iasoh lang para ma ki ban pynlong ia kawei kaei kaei. Ia kane ka



jingpyniasoh lang ia ki la pynlong da ka Horme. Nalor ba ki iasoh para ma ki hi, la nang pyniasoh lang ia ki bad kito kiwei pat ki Engram kiba la don lypa ha ka jingmut. Shisien haba ki la iasoh lang kumne, ka jingtrei jong kata ka jingiasoh lang jong ki, kam sahkut hajuh, hynrei ka iai laid shaphrang. Teng teng ngi klet ia ka kyrteng jong uno uno u briew, bad la ngi pyrshang katba lah ban kynmaw ia ka, kata ka jingkynmaw kam wan ha ka jingmut ; hynrei haba ngi dang pynleit jingmut ha kiwei pat kiei kiei, ka jingkynmaw ia kata ka kyrteng ka wan ha ka jingmut jong ngi. Ka daw jong kane ka long namar ba la pynkhih ia kito ki Engrams ba don jingiadei bad kata ka kyrteng, ba iasoh lang kawei, bad kata ka kam jong ki ban iasoh lang ka laid shaphrang, wat haba ngi la ieh noh ia ki jingpyrshang jong ngi ban kynmaw ia kata ka kyrteng. U Herbert ha ka doctrine jong u shaphang ki "Apprereceptive Masses" u ban eh la ka jingdonkam ban pyniasoh ha ka jingmut jong u khyannah ia kiei kiei kaba la don lypa ha ka jingmut jong u bad kiei kiei kiba thymmai. U nonghikai uba stad shuwa ba un sdang ia ka lesson thymmai, un kylli jingkylli shuwa na ki khyannah ia kiei kiei kiba ki la tip lypa bad kumta un pyniasoh ia ka jingtip kaba la don lypa ha ki bad ka jingtip kaba thymmai.

Haba ngi tip briew biang biang ba don ka jingkyntu ba napoh ba ngin leh ia kane lane ia katai, ia kata ka jingkyntu kaba wan ha ngi ha ka jingtip briew la khot "Conation." Ynda nga la laid jngai nga sliang um. Namar ba la kyntu ia nga da ki bor ba napoh ban pynhun la ka jingkwah, nga leit wad um bad nga dih ba ban da hun, ynda nga la ioh ia ka.

Ka Mneme bad ka Horme ki ia laid lang bad ki trei kam bha ha ka jingim jong ngi kaba man la ka sngi. Ia ka jingiadel jong kine ki artylli ki bor ym lah ban pynjakhlad. Ia kiel kiei kiba rung ha ka jingmut jong ngi la pynneh ha ka da ka Mneme, bad kine pat ki iasoh lang para ma ki hi da ka jingtrei kam jong ka Horme.



#### 4. Ka jingdonkam ka Psychology ia ki nonghikai.

Ka jingthmu jong ka education ka long ka jingpynsan bad jingpynjanai ia u briew ha baroh ki bynta ka jingim jong u. Ha ka jingmut kaba iar ka kynthup lut ia baroh kiei kiei kiba u briew u ia kynduh bad leh ha ka jingim jong u bad kumta ngi lah ban ong ba ka Education ka long ka jingim hi kaba sdang naduh ka por ba u wan sha kane ka pyrthei haduh ka por ba un da khlad noh na ka. Ka jingsan jong u briew ka long kaba suki bad kaba iaid lyngba bun ki kyrdan. Kan shim por bun snem ia i khyl-lung ban long rangbah briew bad ba in iaw ha ka long rynnieng man rynnieng jong i. Katba ka met ka phad ka nang san ha ka rynnieng bad ha ki dkhoh met ba shabar bad ba shapoh, ka bor pyrkhath ruh ka nang san. Ka Psychology ka iarap ia ngi ban tip ia kane ka rukom san jong u briew bad ka thaw ruh ki lad kumno ban pynjanai ia kata ka rukom san. Dei na ka Psychology ba ngi tip ba ngim lah ban pynduh noh ia ki instinct bad lada ngi pyrshang ban set op ia ki, kin mih pynban kiei kiei kiba sniew; hynrei ha kawei pat ka liang ngi lah ban pynwandur kham itynnad shuh shuh ia kine ki bor tynrai.

U Sir John Adams haba kren shaphang ka jingdonkam ka Psychology ha ka jingladei bad ka jinghikai u shim ia kine ki ktien na ka Latin Grammar jong u. "Verbs of teaching govern two accusatives, one of the person, another of the thing;" as, "Magister Johannem Latinam docuit." "The Master taught John Latin." "Ka verb of teaching ka don artylli ki object." Ha ka sentence "U nonghikai u hikai Latin ia u John," ki object jong ka verb "hikai" ki long "Latin" bad "John," U nonghikai namar kata u dei ban shemphang bha ia ka Latin, ka subject kaba u hikai, bad kumjuh ruh ia u John, u khynnah skol. Hynrei namar ba u John u long u jingthaw ba im bad ba kordor ba la thaw ha ka dur u Blei hi, u nonghikai u dei ban tip kham bha shuh shuh shaphang jong u. U Rosseau pat haba u kren shaphang ka jingkordor u khynnah kum

u pdeng jong ka jylli jong ka jinghikai, u ong ba u khynnah u long hi ka kot pule kaba u nonghikai u dei ban da pule bniah bha ia kawei pa kawei ka page. Ka Psychology ka iarap ia ngi ban tip bha shaphang u John bad namar kata ka long kaba donkam shibun eh ia u nonghikai ban sngewthuh bha ia u. Shwa ka por u Rosseau ia uba pli u khynnah la bret sha kyndong bad ka jinghikai baroh ka long kaba la shu tynn'an jubor ha ka khlieh jong u ia kiei kiei kiba nabar kiba long sha palat ka bor sngewthuh jong u. La niew hi ia u ba u long u rangbah briew, tang ba shu rit ka met ka phad (a man in miniature) hynrei u don hi ka bor pyrkhath bad bor met u rangbah briew. Nalor kata ym shym la ai lad ia u ban sei shabar ia kito ki bor tynrai ba kyntang ba u Blei u la ai ha u. Ki rukom hikai mynta ki long ba ia baroh ka jinghikai dei ban seng nongrim ha ka bor sngewthuh u khynnah. Kumta ia ka curriculum dei ban pynshong nongrim kat kum ka bor pyrkhath jong u, bad ym dei da kaba shu tynnian jubor ha ka khlieh jong u ia kiei kiei kiba sha palat ka jingshemphang jong u. Ia kane ka rukom ha kaba ia ka jinghikai baroh la seng nongrim ha u khynnah ki khot "Paido Centric" (Child Centred) Education.

Haba ngi la tip bha ia ka rukom san u khynnah ha ka long rynieng man rynieng bad ka bor pyrkhath jong u, ka long kaba jem ia ngi ban iarap ia u ban iaid shaphrang ha ka jingim jong u ha ka rukom kaba dei. Ka rukom hikai ban sdang na kaei kaei kaba u khynnah u la tip lypa bad ban ialam ia u sha kaei kaei kaba um pat ju tip; na kaei kaei kaba u ju iohi, iohsngew, ktah bad ter ter sha kiei kiei kaba um pat ju iohi, iohsngew ktah bad ter ter; na kaei kaei kaba khyndiat sha kaei kaba bun ne long kyllum-kine baroh ki long kiba la pynshong nongrim ha ka Psychological Method. Sa kawei pat ka nuksa ba ngi lah ban ai ia ka jingdonkam ka Psychology ha kaba ai jinghikai, ka long ba ka iarap shibun ia u nonghikai da kino ki rukom hikai un pyndonkam ia kito kiba kham sah dien bad da kino pat un pyndonkam ia kito kiba kham sha khmat (Psychology of Individual Differences). Namar ba ka

education ha ka jingmut kaba iar ka long ka jingim hi, namar kata ka jingbikai ruh ka dei ban long kaba don jingiasoh bad ka. Hikai ia u khynnah lyngba kaei kaei kaba u ju iohi, iohsngew etc. bad kata kan iarap ia u ban mut dur ia kiei kiei kiba um pat ju iohi, iohsngew etc. Ka long kaba donkam eh ia u nonghikai ban pyndonkam ia ki Teaching Aid bad kiwei kiwei de ki jingdonkam ha ka kam jong u.



## 5. Heredity bad Environment.

Ka Heredity bad ka environment ki long ki bor kiba donkam ha kaba pynkhie pynsan ia u khynnah. U Sir Percy Nunn u al da ka kyrteng "Nature" ia ka heredity bad "Nurture" ia ka environment.

Ka heredity ka long kata kaei kaei kaba u briew u ioh pateng na ki kmie ki kpa ne na ki longshwa man shwa. Kam da mut eh tang ka jingioh pateng ia ki mar ki mata, ka khyndew ka shyiap, ka spah ka hajar ne ka iing ka sem hynrei na ka liang ka Psychology ka kham thew eh ia ka jingioh pateng ia ka long rynnienng man rynnienng bad ia kito ki buit, ki bor, ki sap bad kiwei pat ki jinglong tynrai ba la don lypa ha u briew. Ka don ka jingong ba kaei kaei kaba long kumjuh ka pynmih hi ia kaei kaei kaba long kumjuh ("like tends to beget like") bad kane ka jingong ka pynshisha ba u briew u ia sriem ia la ki kmie ki kpa ha kiba bun kiei kiei. Ng ioh pateng na ki kmie ki kpa jong ngi ia ki met ki phad bad ki bor tynrai ba trei kam hapoh jong ngi kumba la ong haneng bad ma ki pat ki ioh pateng ia ki na ki pateng ba mynshwa, katba kita ki pateng pat ki ioh ia ki na u Thawlang bad ka Iawbei. Ka don ka jing-ong ba na u sohjew un mih hi u sohjew, ym uwei pat u jait soh ; kane ka jing-ong ka iahap bad ki jingthaw ba-im ha la ka jait ka jait namar na u briew un mih hi u briew, ym u mrad. Kumta ka jing-ong ba kaei kaei kaba long kumjuh kan pynmih hi ia kaei kaba long hi kumjuh ka long kaba shisha, lada ngi shim ia ka ha kane ka jingmut kaba iar. Ng iu shem ruh bunsien ba na

ki iing ba donburom ki mih ki pateng ba donburom bad na ki iing kiba bieij ne bym bha jinglong ki mih ki pateng kiba bieij ne bym bha jinglong. U Dr. Easterbrook haba u wad jingtip ia ka iing ki Jukes, u shem ba ki khun jong u Jukes uba im da kaba beh mrad bad khwai dohkha, ynda u la shong kurim ia ka kynthei bym donburom, la mih 1000 ngut ki khun ki ksiew na ki, ha ki san pateng. Na kine 300 ngut ki la iap ha ka jinglong-khyllung ; 310 ngut ki im kum ki khun swet ha ki iing ri khun swet : 440 ngut ki long kiba khrew ba khriap, 130 ngut ki long ki nongleh bymman bad tang 20 ngut kiba ioh la ka bam ka dih. U Goddard pat ynda u la wad jingtip bniah ia ka iing ki Kallikak, u shem ba U Kallikak u long u shipai uba la shong kurim ia kawei ka kynthei shiteng jabieng. Na kine ki shi jur la hiar pateng 143 ngut ki riw shiteng jabieng ; 36 ngut ki khun pongka ; 33 ngut ki bym bha jinglong, 24 ngut ki buaid tanglang ; 3 ngut kiba tang ka pang bad 8 ngut kiba khmih ia ki iing ba ri ia ki kynthei bym man. Hadien u la shong kurim pat sa ia kawei ka 'thei donburom. Na kane pat la mih ka pateng ki doctor, ki professor bad ki riw donburom suda. Kine ki long katto katne tylli ki nuksa, kiba pyni ia ka bor ka heredity ha ka jingpynsan pynrangbah ia u briew. Ia ka iingioh-pateng ia ki met ki phad, ki sap, ki buit, ki bor bad kiwei pat ki jinglong tynrai na ki pateng ba mynshwa ne ki kmie ki kpa la khot "Biologica! Heritage."

La ka jing-ong ba kaei kaei kaba long kumjuh kan pynmih hi ia kaei kaei kaba long kumjuh ka long kaba shisha ha ki katto katne kiei kiei, hynrei kane ka jing-ong kam da iahap lut ha baroh kiei kiei kiba hiar pateng na ki kmie ki kpa ha ki khun. Ka long kaba shisha ba na u briew yn hiar pateng hi u briew bad ka long ruh kaba shisha ba u khun u ioh pateng ia ka met ka phad, ki instinct bad kiwei pat ki bor tynrai na ki kmie ki kpa hynrei wat hapdeng kine ki jinglong kyllum don bun ki jinglapher hapdeng u kpa bad u khun. Bunsien na ki kmie ki kpa ba stad mih pynban ki khun kiba bieit ; na ki kmie ki kpa ba jrong mih pynban ki 'riewlyngkot ; na ki kmie

ki kpa ba riewblei mih pynban ki buaid tanglang bad kumta ter ter. Ka daw jong kine ki jingiapher ka long ka jingtrei kam jong kawei pat ka bor ba ki khot "Environment."

**Kaei ka environment ?—** Ka environment ka kynthup ia kiei kiei kiba ker sawdong ia ngi bad kiba ktah eh ia ngi ha iwei pa iwei i khyllipmat jong ka jingim jong ngi. Ka lyer ba ngi ring mynsiem, ka um ba ngi dih, ka ing ka sem ha kaba la pynsan pynrangbah ia ngi, ki lok ki jor, ka mariang ba itynnad bad baroh kiei kiei kiba don ne bym don jingim kiba don sawdong jong ngi ki pynlong ia ka environment. Wat ha ka por ba i khyllung i dang don hapoh ka kpoh ka kmie jong i, i donkam ia ka environment ba nabar. Ka lyer ba ka kmie jong i ka ring-mynsiem na shabar, ka ai jingim ia i, ruh hapoh ka kpoh jong ka. Mar ia mih bluit sha kane ka pyrthei ka environment jong i ka la nang iar. I la lah ban ring mynsiem bi ia ka lyer ba nabar; i la donkam ruh ia ki jain ki nep ban pynsyaid ia i, bad ia kiwei pat ki jingdonkam bad lada im ioh ia k . in ym lah long briew man briew. Ia ka environment lah ban pyniar shuh shuh hynrei ka heredity ka long kaei kaei kaba u briew um lah ban leh kumta (Heredity is a fixed element while environment is a flexible factor). Kum ka nuksa ; ia ki 14 tylli ki instinct jong u br ew bad ki 13 tylli jong kiwei pat ki jingthaw ba im ym lah ban pynbun shuh. Ka number jong ki kan sah hi ka juh. Ha ki por ba mynshwa, haba u briew u dang long tang u riewkhlaw, ka environment jong u ka la long kaba khim shibun, bad kam da iar eh kumba long ha kane ka juk stad ba mynta. Sa kawei pat ka jingshisba kaba ngi iohi tyngkreiñ da la ki kbmat, ka long ba ka environment jong kito kiba shong ha ki ing paki dulan, ne jong kito kiba kham nang kham stad, ka kham iar shibun ban ia ka jong kito kiba shong ha ki ingtrep ne ba kham duna ha ka jingstad jingshemphang. Katba ka pyrthei ka nang iaid shaphrang u briew ruh u la nang-roi ha ka jingstad, jingshemphang bad jingtip. Ngim long shuh kum ki kpa tymmen ba

nyngkong eh jongngi ba kane ka pyrtbei kiba im da Pi soh khlaw bad tap ia la ki met ki phad da ki sla dieng, hynrei ka rukom im jong ngi ka la pher bak lybak na ka jong ki. Ia ka environment ba la pynlong na ka jingtip, jingstad ne jingshemphang jong u briew hi la khot "Social Heredity ne Social Heritage." Ka social heritage ka kynthup ia ki kot ki sla, ki ain ki kanun, ki riti, ki dustur, ka thoh ka tar, ki jingtrei bani (art) bad ter ter. Ia kine baroh ia bat bad pynneh na kawei ka pateng sha kawei pat. Ki don ka bor kaba khrav ha kaba ktah ia ka jingim jong ngi ba man ka sngi.

Ia ka environment lah ban buh bynta ha kine ki bynta harum :—

(a) **Physical Environment**—Kane ka kynthup ia kiei kiei kiba don ha kane ka pyrtbei (lait noh ki para briew) kum ka lyer ba ngiring mynsiem, ka bam ka dih, ki lum ki wah kiba don ha ka mariang ba itynnad, ki dieng ki siej bad kiwei kiwei de.

(b) **Social Environment**—Ka kynthup ia ki para briew kiba ngi ia im lang sah lang lane ka society ha kaba ngi im. Ka social environment ba ngi ia kynduh nyngkong eh ka long ka ing ha kaba ngi san ngi rangbah.

(c) **Spiritual**—Ka kynthup ia kito kiei kiei kiba iarap ban tei ia ka jinglong mynsiem jong ngi kum ka Balang bad kiwei kiwei de ki seng.

(d) **Moral Environment**—Ka kynthup ia kito kiei kiei kiba iarap ia ngi ban tei bad sain dur ia ka jinglong ba kiei kiei kiba itynnad bad i don burom. Ka ia jan bad ka spiritual environment.

Kano kaba kham donkam ha ka jingsan bad jing-pyjanai ia u briew?—Kiba kyrsen ia ka heredity kum u Galton, Thorndike bad kiwei pat ki ong ba dei tang ma ka hi ka bor kaba lah ban pyjanai ia u briew ha ka

jingsan jong u bad ki ong ba ka environment kam da donkam eh. U Helvetius, u Gatel bad U Judd pat ki ong ba dei tang ka environment bad tang ma ka hi kaba long ka bor kaba donkam ha ka jingsan bad jingpynjanai ia u briew. U Rosseau pat u ong ba ka education ka wan ha ngi na ka jinglong jong ngi hi, na kiei kiei bad na ki briew ("education comes to us from nature, from men and from things.") Ka ktien "Nature" hangne kam da mut eh tang ia ka mariang ba itynnad kaba ngi iohi da ki khmat jong ngi, hynrei ka mut ruh ka jingsan jong kito ki buit, ki sap bad kiwei pat ki bor tyarai kiba U Biei U la ai ha ngi bad kiba hiar pateng ha ngi na u Thawlang bad ka lawbei. Nangta pat kiei kiei (things) bad ki para briew (man) ki long kiwei pat ki bor na kiba ngi ioh ia ka education jong ngi. Ka ktien "Education ka mut ka jingsan bad ka jingpynjanai ia kata ka jingsan bad kam mut eh tang ka jingpass ia ki Examination. Kumta ngi iohi ba kaei kaei kaba ngi la "uang" lypa khlem hikai mano mano ruh ka long ka education. Kane ka jait education ka mih na ka jingtrei kam jong kito ki bor ba rich kiba pasiaw bad kyntu ia ngi ban leh ia kane lane ia katai. Ka jingsan ki met ki phad bad ki jingmut jingpyrkhat jong ngi ruh, ka long hi ka education bad kaei kaei kaba ngi "nang" da ki jingakynduh jong ngi ha ka jingim ka long hi ka education. Ban ong da kumwei pat ka education ka thew ban pynjanai ia u briew ha baroh ki bypta ka jingim jong u, la ka long ha ka liang ka jingsan ka met ka phad, ka jingmut jingpyrkhat ne ka jinglong mynsiem jong u. Ia kata kaei kaei kaba la don lypa ha u briew bad kaba u ioh pateng na ki kmie ki kpa jong u, la nang iarap shuh da ki bor ba nabar. Kumta ngi iohi ba ka heredity bad environment ki long kiba donkam mar katjuh ha kaba pynsan pyrangbah ia u briew bad ha kaba pynjanai ia, u ban neng jaid shaphrang ha la ka jingim ha u shyiap jem pyrthei. Lada ym don heredity yn ym don briew ha kane ka pyrthei lada ym don environment pat u briew un ym lah ban im ha ka.





## 6. Ki Instincts bad ki Emotions

Ki instincts ki long ki bor tynrai ba la don lypa ha u brier bad kiba iai kyntu ia u ban leh ia kane ia katai ne pynpaw shabar ia kaei kaei kaba la don lypa hapoh jong u da ki kam ne kiwei pat ki rukom leh Ki ia pher bak lybak na kito kiwei pat ki bor kiba u brier u ioh na shabar, lane kita u nang ban leh ia ki da ki experience ba u ia kynduh ha ka jingim jong u. Ki long katto katne na ki jingai ba kordor tam jong U Blei bad ki iarep ia u brier ne uno uno u jingthaw ba im ban "nang" bi ia kano kano khlem da hikai mano mano ruh bad ki long namarkata ki thymmei jong ka behaviour. Namar ha ki long ki bor ba donkam ha kaba kyrshan ia ka jingkhie jingsan jong ka jingim, la khot ia ka, ki "Basic lane Life Urges." La khot ruh ia ki ki "Racial Habits" namar ba ki long kiba hiar pateng na kawei ka pateng sha kawei pat naduh u Thawlang bad ka Jawbel ba nyngkong eh. Ngi ioh pateng na ki kmie ki kpa jong ngi ym tang ia ki met ki phad jo ngi hynrei ngi ioh ruh na ki ia kito ki buit, ki sap bad ki bor ba jar jar kiba la don lypa ha ngi, kiba ia pasiaw ba iwei pa iwei i khyllipmat jong ka jingim jong ngi ban leh ia kano kano. Ki kmie ki kpa jong ngi pat ki ioh ia kine baroh na ki pateng ba mynshwa. Uwei u nongthoh u ong ba ngi long ki bus ha kiba ki kpa tymmen jong ngi ki shong ("we are the omni buses on which ride our predecessors"). Kane ka jingong ka mut ba ia kiei kiei kiba ngi ioh pateng na ki—kata ka mut ki met ki phad bad ki jinglongtynrai ne bor tynrai—ngi kit kat shaba ngi leit.

U Mc Dongall u ong ba ka instinct ka long kata ka bor tynrai kaba pynjong ia uno uno u jingthaw ba im ban shemphang ne tip thikna ia ka jingdon kaei kaei kaba nabar ; ban don ruh ka jingsngew aiu-re kaba pynmih la ka jingkyntu ba napoh ban leh ei ei kaba thikna ha ka jingiadei bad kata kaei kaei kaba nabar ; bad ban da don ruh ka jingleh ei ei de halor kata ka jingkyntu ("an animate disposition which determines an organism to perceive or

pay attention to any object of a certain class, and to experience in its presence a certain emotional excitement which finds expression in a specific mode of behaviour in relation to that object.)

Ia ka jingshemphang ne jing'tip thikna ia ka jingdon kaei kaei kaba nabar kaba pynlong ia ngi ban pynleit jingmut ba kata kaei kaei, la khot Cognition. Ia kata ka jinglong kaba pynlong ia ngi ban don ka jingsngew aiu-re kaba kyntu ia ngi ban leh ei ei halor kata ka jingsngew la khot Affection, bad ia kata ka rukom ba ngi leh ei ei halor kata ka jingsngew la khot Conation. Ka instinct ka kynthup lut ia baroh kine ki lai tylli ki rukom trei kam ka jingmut jingpyrkhat. Kane ka nuksa harum kan pynshai ia kine ki lai tylli ki rukom trei kam ka jingmut :—

1. U briew u iohi ia u 'sein iong ba u rah la ka khlieh ban pub ia u bad u sngewthuh ia ka jinglong kaba ma ha kaba u don. Kane ka dei ka nuksa jong ka Cognition.

2. Kaba bud ia katei ka jingtip ia ka jinglong ba shyrkhei ha kaba u don, ka long ka jingsngewsheptieng kaba kyntu ia u ba u dei ban phet iap. Kane ka long ka nuksa jong ka Affection.

3. U phet iap Kane pat ka long ka jingleh ei ei kaba mih na ka jingsheptieng. Kane ka long ka nuksa jong ka Conation. Ka jingleh ei ei jong u briew halor kano kano ka jingsngew ka long ka behaviour.

Sha lyndet jong kawei pa kawei ka behaviour dei ban don ka jingthmu ba thikna, bad namarkata baroh ki instinctive act la ong ba ki long purposive (don la ka jingthmu). Ha ka nuksa ba la pyni haneng u briew u don la ka jingthmu haba u phet iap na u 'sein iong bad kata ka long ba u kwah ban ri ne tyngkai la ka jingim. Wat ki jingthaw ba rit tam ne bapoh tam ha pyrthei ki don la ki jingthmu haba ki leh ia kano kano ka instinctive act.

Ia ka jingsngew kaba mih na ka jingsngewthuh ia kano kano ka jinglong, ha kaba uno uno u jingthaw ba im u don, bad kaba kyntu ia u ban leh ei ei halor jong ka la khot emotion.

Ia ka jaka (ha ka jingmut jingpyrkhat) ha kaba ia ki instinct bad kiwei pat ka bor tyarai la lum lang la khot "Id"

Ki instinct kiba iapher bad ki emotion kiba bud ia ki.

U Mc Dougall u ong ba don 13 tylli ki instinct kiba long kyllum ia u brier bad kiwei pat ki para jingthaw ba im. Nalor kine ki 13 tylli u brier u don sa kawei pat ka instinct kaba long kyrpang tang ia u hi kaba ki khot ka instinct of laughter. Baroh ki instinct ki don ka jingiasnoh bad ki emotion bad ia kane ka jingiasnoh ym lah da lei lei ruh ban dkhat noh. Kane harum ka long ka list jong ki instinct bad ki emotion kiba bud ia ki :—

## INSTINCTS

## EMOTIONS

- |  |   |
|--|---|
| 1. Instinct of escape (Jingpyllait im ialade ; jingphet iap na ka jingma.)       | Fear, fright terror, alarm (jingsngewtieng ne sngewshyrkhei.) |
| 2. Instinct of combat or pugnacity (jingialeh)                                   | Anger (jingdom ne jingbitar)                                  |
| 3. Instinct of repugnance ne repulsion (jingkiar ia kaei kaei ka bymsngewtynnad) | Disgust (jinggiah, jingbym sngewtynnad)                       |
| 4. Parental instinct (ba dei ia ki kmie ki kpa)                                  | Tender emotion (Jingielt)                                     |
| 5. Appeal (jingpan jingiarap, jingkyrpad etc.                                    | Distress (jingjynjar)   |

- |  |  |
|--|--|
| 6. Mating or reproduction instinct (jingpynkha, jingpynroi etc)                      | Lust (jingsngewkwah thala)   |
| 7. Instinct of curiosity (jingkwah ban tip ei ei kaba phylla)                        | Wonder (jingsngewlyngngoh ne jingsngewphylla)                      |
| 8. Instinct of self abasement or submission (jingpyndem ue jingpynrit ialade)        | Negative self feeling (jingsngewrit ne jingbym sngewmyntoi ialade) |
| 9. Instinct of Self assertion (jingleh ba heh ne ba halor ne jingpynpaw tang ialade. | Positive self feeling or elation (jingsngewheh)                    |
| 10. Social or gregarious instinct (jingpyniadei bad kiwei pat)                       | Loneliness (jingsngew kynjah)                                      |
| 11. Acquisition (jingioh ei ei)  | Feeling of ownership (jingsngewtra)                                |
| 12. Construction (jingthaw ne shna ei ei)  | Feeling of creativeness (jingsngewkwah thawei ei)                  |
| 13. Food-seeking (jingwad bam)   | Hunger (jingthngan)  |
| 14. Laughter (jingrkhie)   | Amusement (jingsngewbiri ne thamula)                               |

**Ka jingbuh bynta ia ki instinct.**

**Ia ki instinct lah ban buh bynta kumne .—**

**1. Self Instincts** — Kine ki long kiba iadei ia u brieve ne uno uno u jingthaw ba im shi met shi met bad ki long

kiba donkam ha kaba ri bad kyrshan ia ka jingim. Ki self instincts ki kynthup ia kine—escape, construction, food-seeking, curiosity, pugnacity, repulsion (Ego dei ia lade hi" uba ia leh ban pynneh bad ri ia lade da ka jing-ia dei bad ka pyrtnei ba shabar.

2. Sex Instincts—Kine ki long kiba donkam ha kaba pynneh ne pynroi ia ka jait ka kynja (species) jong ki jingthaw ba im. Ki kynthup ia ka mating bad parental instinct. Ka Libido ka long ka jaka ha kaba ia baroh ki instinct ba ia dei bad ka sex ia lum lang.

3. Social lane Herd Instincts—Kine ki long kiba ia dei bad ka im lang sah lang bad kiwei pat. U briew ne uno uo uo jingthaw um lah ban im m rwei ha kape ka pyrtnei bad don kaei kaba pasiaw ia u napoh ban don ka jingiadei bad kiwei pat. Dei kane ka instinct kaba la pynlong ia ki jingthaw ba im naduh kiba heh tam haduh kiba rit tam ban ia im lang sah lang para ma ki hi ha la ka jait ka jait. Ki kynthup ia kine—gregariousness, self assertion, self abasement, appeal, laughter.

4. Delayed Instincts—Ia kine ki jait instinct ia ai kyrteng da u William James. Ki long ki instinct kiba paw kham hadien ha ka jingim u briew. Ki long kiba ia don lypa ha u briew hyndei kim pat trei kam ha ki kyrdan ba nyngkong ka jingim. Une u nongthoh ba pawnam u ong ba ngim dei ban hikai ia ki khynnah ia kaei kaei kaba ka bor pyrkhath jong ki kam pat lah ban piliang namar ba ki instinct kim pat trei kam. U Rousseau ruh u bao eh ia kane ka jingshisha bad u ong ba ngim dei ban hikai ia u khyannah 'MYNTA' ia kaei kaei kaba u dei ban leh "LASHAI" namar ka long kaba bakla shibun ban thep jubor ha ka khlich jong u ia kaei kaei kaba um pat kot bor ban pyrkhath.

### Ki jinglong kyrpang ki instinct.

1. Namarba la pynneh ia ki ba ki jingthaw ba im naduh u Thawiang bad ka lawbei ba nyngkong eh ia ong ba ki long "mnemic" bad namar ba ki long ki bor

tynrai ba jar jar kiba kyntu ia u ban leh ia kane lane ia katai la ong ba ki long "hormic" (Peit ia ka bynta "Mneme bad Hormic")

2 Kim long kyrpang tang ia uwei u brierw ne tang ia ki katto katne ngut ki jingthaw ba im hynrei ki long kyllum lang ia baroh ki brierw lane ki jingthaw ba im 13 tylli ki ia dei ia u brierw bad kiwei pat ki para mynsiem. Nalor kine ki 13 tylli u brierw u don sa kawei pat ka instinct kaba ki khot ka instinct of laughter. Ki ia pher na ki habits namar ki habits ki long kiei kiei kiba u brierw u ioh na shabar bad sa kawei pat ka long ba ym baroh ki brierw ki don ki juh ki habit.

3. Wat la ki long kiba la don lypa ha u brierw hynrei ha por ka jinglong khyllung kim pat trei kam. Ha ka por ka jinglong-kyllung ngi long kiba khlem bor bad ki bymlah ban iarap ialade. Ngi iam, ngi kjit buin bad leh kiwei pat ki kam khle n kano kano ka jingpyrkhat ne jingtip ba thikna ba ngi leh kumta. Ia kine ki rukom jingleh khlem tip brierw la khot reflex action bad dei kine kiba iarap ia ngi ban kyrshan ia ka jingim ba ka snem ba nyngkong ka jinglongkhyllung. Katba ngi nang iaid shaphrang ha ka jingim kiei kiei kiba na ka pyrthei ba nabar ki wan rung ha ka jingmut jingpyrkhat lyngba ki senses bad ki ktik ia ki instic jong ngi ban trei kam.

4. Ki long kiei kiei kiba ngi la nang lypa khlem da hikai mano mano ruh.

5. Ym lah ban pynduh noh ne set op ia ki hynrei lah ban pynwan-dur kham itynnad shuh shuh ia ki

6. Ki long ki maw-it da kiba ia ka nongrim jong ka character la seng.

## Ki Emotions

Ki emotion ki long ki jingangew kiba bud ia ka jing-trei kam ki instincts. Ki mih na ka jingangewthuh ne jingshemphang ia ka jinglong ba kaba u brierw ne uao uao u jingthaw ba-im u don ne u ia kyaduh. U brierw uba

lobi ia u sein iong ba u rah la ka khleh ban puh ia u, u angewthuh bha ia ka jinglong kaba ma ba kaba u don bad kata pat kan wallam la jingsngew-sheptieng ha u. Nangta kan wan pat ka jingkyntu ne jingpasiaw hapoh jong u ban iada ialade ne phet iap ne da kano kano ka rukom. Ia kane ka jingkyntu ne jingpasaw ba napoh la khot ka "Conative Urge" bad ka long ka hynta ba donkam eh jong ki emotions. Ki emotion namarkata ki long ki jingsngew ba jur kiba pynlong ia u briew ne uno uno jingthaw ba im ban leh ia kano kano da ka jingkyntu ba napoh. Ia ki emotions la khot ruh ki "Instinctive Impulses"

U Mc Dougall u ong ba kawei pa kawei ka instinct ka don la ka emotion ba kyrpang kaba bud ia ka. Ka emotion of anger ka bud ia ka instinct of pugnacity (jing-ialeh); ka emotion of appetite ka bud ia ka jingtrei-kam ka food-seeking instinct bad kumta ter ter. Ia ki emotion kiba bud ia ka jingtrei-kam ki instict la khot "Primary Emotions" bad ia kiwei pat ki emotions la ong ba ki long "Secondary" bad kine ki long ka jing-ia-khleh lang ne jingia-milai (blends) jong artylli ne palat ki Primary Emotions. Ka jingsngewnguh, ka jingbishni, ka jingñiewburum, ka jingñiew-bein bad ter ter ki long ki nuksa jong ki Secondary Emotions.

Haba ki emotions ki iai trei-kam lane ki iai jia, la ki long kiba neh tang khyndiat por ne kham slem, tangba ki iai trei-kam ne iai jia ha u briew, ki kylla long ki emotional habits. Ki sentiments ki long ki emotional habits kiba neh baroh shi lynier ka jingim u briew. Ki passions ki long ki emotional habits kiba jur katta katta bad kiba neh tang khyndiat por tangba ki iai jia ne iai-treikam ba u briew. Ki moods pat ki long ki emotional habits kiba neh tang khyndiat por hynrei kim da jur palat katba ki temperament pat ki long ki emotional habits kiba neh kham slem.

**Ki jinglong kyrpang ki emotions.**

**Kine barum ki long katto katne na ki jinglong kyrpang' ki emotions :—**

1. Kano kano ka object lane kano kano ka jingjia ka ktah ia ki briew kiba pher la ki rukom kiba pher. Ka jingshah-jop u Yaha Khan ha ka thma bad ka ri India ka wan rah ka jingsngewsih ba u bad kito ki ba kyrshan ia u hynrei kito kiba ia pyrshah ia u bad ia ka rukom sain hma jong u ki kmen. Ka jingiakynduh ia u 'La thoh kyrwang ha khlaw ka wallam ka jingkmien ia u nongslat mrad ba ju siat khla hynrei ka pyntieng pat ia kito ki bym ju mlien ban leh kumta.

2. Ki emotions ki trei kam ha baroh ki kyrdan ba pher jong ka jingim. U khyllung, u khynnah, u samla samhoi, u tymm'n u san, ki kynthei ne shynrang kim lait na ki emotions.

3. Ki emotions ki ktah ia ki met ki phad jong ngi bad kumjuh ruh ia ki dkhot met ha ki bun rukom. Ka jingbitar ne jingsngew-leh rain ka pynsaw kyrang ia ka khmat; ka jingjia ba sngewsih ne ka jingjia ba kmen palat ka pyntyndeh ia u klong snam. Nalor kata ki pynlong ruh ia ngi ban leh ia kiei kiei kiba ngim ju lah ban leh mynno mynno ruh. Ka jingtieng palat ka pynlah ia u briew ban ryngkoh ia ka kynroh kaba jrong bad kaba um ju nud ban leh kumta mynno mynno ruh.

4. Dei ha ki instincts bad emotions ba la seng nongrim ia ki habits (peit ia ka lynnong ba ia dei bad ki habit.)

5. Ki emotion ki kylla haba don jingkylla ha ka environment. Ia kane ka jingkylla jong ki la khot "Swing of Emotions lane Emotional Swings." Ka jingbitar ka lah ban kylla long ka jingieit lane jingtieng kat kum ka jingkylla jong kiei kiei. Ka jingkylla ki emotions na kawei ka jinglong sha kawei pat ka iarap ia ngi ban pynbit ialade kat kum ka jinglong ba thymmai ha kaba ngi don ne iakynduh.

6. Ki emotions ki ktah ia ka jingkoit jingkbiah ha ki rukom kiba pher. Ka jingsngew-sheptieng ka pynduna ia ka bor ka met ban laleh pyrshah ia ki jingpang; ka



jingkhong khong bad jingthutshen ka pynduna ia ka bor tylliat ka 'nier bah katba ka jingkmén bad jingciet ki pynlong ia ka met kaba koit ba khiah.

### Training of Emotions.

Ki emotions ki don ka bynta kaba khraw ha ka jing-im u briew shi-met hi bad kumjuh ruh ha ka imlang sah lang jong u bad kiwei pat Ki long ki bor tynrai ba la don lypa ha u briew bad kumta ngim lah ban set-oə re pynduh noh khoit ia ki, bad kano kano ka jingpyrshang ban leh kumta kan pynmih pynban ki jingsniew kiba shyrkhei bad bakhraw. Dei ban ai lad ia ki ban mih shabar hynrei kane kam mut ba ngin ai lad ia ki khynnah ban pyrkhat katha ki mon ne sneewhit, namar lada ngi ai lad ia ki ban leh kumta kin mih ki jingleh kiba lah ban long ki maw jingthut ia ka jingiaid shaphrang jong ka society. Kaba donkam ia ngi ban leh ka long ban lam lynti ia ki emotion jong ki ban mih shabar ha ka rukom kaba i-shongkun b d ba donburum. Kine harum ki long katto katne ki lad da kiba ngi lah ban lam lynti ia ki emotion ki khynnah ha kata ka rukom ba ki action ba mih na ki kin long kiba bha bad pynmyntoi ia ki hi bad kumjuh ruh ia ka society ha kaba ki im :—

1. Sublimation—Ka jingmut jong kane ka ktien ka long kaba pynlong ia kaei kaei kaba i-shongkun (sublime). Ka mut ka rukom da kiba ngi nang kyntiew shuh shuh ia kano kano ka emotion ne instinct sha ki kyrdan ba kham shakblich, kham don-burom bad kham itynnad shuh shuh ban ia kaba ka la long mynshwa. Ia ka instinct of combat lane pugnacity bad ka emotion of anger kaba bud ia ka lah ban pynwandur kham itynnad shuh shuh na ka jingiaishoh iadat bad jingiabitar para khynnah, sha ka jingialeh pyrshah bad jingbitar ia kiei kiei kiba sniew kiba bam kruin ia ka jingiaid shaphrang ka jait bynriew, lane sha ka jingiada ia kiba tlot lane sha ka jingialeh-pyrshah ia u dusmon uba wan hiar thma ia ka ri ba 'ieit jong ngi bad kumta ter ter. Ia kiwei kiwei ki instinct bad emotion ruh lah ban leh kumjuh.

2. **Catharsis**—Ka ktien "Catharsis" ka mut ka jing-pynmih noh shabar ia ka bih ne ka jakhlia na ka met. Ka "Catharchic!" pat ka long ka dawai kaba pynmih ia kine ki bih ne jakhlia shabar. Kumba la ong mynshwa. ki emotion ki dei ban ioh lynti ban mih shabar. Kat kum ka Catharchic theory of play kito ki emotion bad ki jingkwah ba khib hapoh u briew ki ioh lad ban mih shabar lyngba ki jingialehkai, ki drama, ki picnic bad kiwei kiwei de ki lad. Kine ki pynsting shibun ia ki jingsngewkhia bad jingsngewshon ba don hapoh u briew.

3. **Mental Occupation**—Haba ka jingmut jingpyrkhat ka long kaba thylli bad bym trei kam ei ei, u briew u mut dur ngai ia kiei kiei ki bym don jingiasnoh bad ka pyrtnei ha kaba u im. Haba ka long kumta shibun ki jingkwah ia kiei ki bym lah long kam satia ki mih hapoh jong u bad lada um ioh ia ki, kin mih ki jingsngewdiaw bad jingsngewbukhoh hapoh jong u. U lah ruh ban sngewkhuslai ia ki jingsshah jop kiba u la ia kynduh ha ka jingim jong u bad kane kan pynlong ia u ban sngew artatien wat ialade hi. Ka jingpule kot, ka drawing, ka jingtrei kti bad kiwei kiwei de ki rukom jingtrei ki ring noh ia ka jingmut na ka jingsngew-artatien, jingsngewdiaw bad jingbymdon jingkyrmen ha lade sha ka jingtrei ia kine ki jait kam ba bun. Ka long kaba donkam namarkata ban pynlong ia ki khynnah ban pynleit jingmut ha kano kano ka rukom jingtrei jabieng ne kti khnang ban iarap ia ki ban lait na jingkwah thala. ki jingsngewdiaw bad ki jingduh jingkyrmen.

## 7. Sensation bad Perception.

Ka don ka jingiadei bym lah ban pyniakhlad hapdeng ka met ka phad bad ka jingmut jingpyrkhat. Ka met ka phad bad ka jingmut jingpyrkhat ki iaaid ryngkat bad trei kam baroh shilynter ka jingim jong u briew ne uno uno u jingthaw ba im. Ngi im ha ki artylli ki pyrtnei—ka pyrtnei ba hapoh jong ngi hi bad ka pyrtnei ba shabar. Ka pyrtnei ba napoh ka long ka pyrtnei jong ka jingmut

jingpyrkhat kiba iai kbihi bad iai phaloh man ka khyllip-mat jong ka jinglm jong ngi bad ka long ruh ka pyrtthei jong kito ki bor tynrai bad ki sap kiba U Blei U la ai ha ngi. Ka pyrtthei ba shabar jong ngi ka long ka pyrtthei jong kiei kiei kiba ker sawdong ia ngi bad kiba ktah eh ia ngi man ka por ha ka jingim jong ngi. Ka long ruh ka pyrtthei jong kiei kiei kiba ngi leh ne pynpaw shabar ia kata kaei kaei kaba mih na ki jingkyntu jong kito ki bor tynrai kiba don hapoh jong ngi.

Ngi ioh jingtip ia ka pyrtthei shabar jong ngi lyngba ki bor tiptuh (senses) ia kiba la ju khot ruh "Ki khyrdop iohng ka jingtip" (the gateways of knowledge) lane "Ki jingkhong jong ka mynsiem" (the windows of the soul). Ka mynsiem jong ngi ka long kaba don hapoh hynrei ka ioh jingshai ia ka pyrtthei ba shabar jong ka lyngba kito ki bor tiptuh. Ki don san tylli ki senses bad kita ki long kiba iadei bad ka jongiohi, jingiohngew, jingiw, jingmad, jingktah (ne jingshit jingkhriet, jingjlih ne jingkhain bad ter ter). Ki dkhot met ba ia dei bad kine ki sense ki long ki khmat ia kiba la ju khot "Receptors for Sight;" ki shkor kiba ki khot "Receptors for sound;" Ki thliw khmut ia kiba la khot "Receptor for smell;" u thylliej uba la khot "Receptor for Taste" bad ki bynta ka snieh doh ba la khot "Receptors of the Skin" kiba iadei bad ka jingktah, jingshit jingkhriet, jingkhain jingjlih bad ter ter.

Ia kine ki receptor la khot ruh ki sense organs. Kawei ka sense organ ka don la ka jong ka kam ban leh bad kam lah ban leh ia ka jong kawei pat. Ka kam ki sbkor ka long ban iohngew, ym ban iohi, namar kata ka long ka kam jong ki khmat. Kunjuh ruh ka kam u thylliej ka long ban mad, ym ban iw namar kata ka dei ka kam jong ka khmut. U Sir James S. Ross u ong ba ia kawei pa kawei ka bynta jong ka met lah ban pyndonkam bad ka jingktah (touch) tangba ki khmut jong ki shynriahti ki kham trei kam ban ia kiwei pat ki bynta. Namarkata ia ka jingktah la khot ka "Mother Sense." Ia ki sbkor bad ki khmat la khot "Distance Receptors" namar ki ai jingtip ia ngi ia kiei kiei kiba don kham sha jngal.

## Ka jingladei ki sense organ bad ka jabieng

Haba ia kano kano ka sense organ la pyntrei kam, ia ka khubor la rah sha ka jabieng da ki thied janor ba ki khot ki "Sensory ne Afferent Nerves" bad ia kata ka khubor la phah pat da ka jabieng sha ki bynta ba pher jong ka met da kiwei pat ki thied janor ba ki khot "Efferent lane Motor Nerves." Kumta ngi iohi ba ki efferent nerves ki rah ia ka khubor nabar shapoh ka jabieng bad ki efferent nerves pat ki rah ia ka na ka jabieng shabar. Ki sensory nerves ki sdang na ka snieh doh bad ia id lyngba u budlum sha ka jabieng, katba ki motor nerves pat ki sdang na ka jabieng bad ia id lyngba u budlum sha kiwei pat ki bynta ka met. Ia ki sensory nerves la ju khot ruh ki "nerves of knowledge" bad ia ki motor nerves la khot ki "nerves of action." U khynnah u kum dung ia ka kti da u pin. Ia ka khubor la rah sha ka jabieng da ki sensory ne afferent nerves bad u iohsngew-ia ka jingpang ka kti. Yuda u la iohsngew ia ka jingpang u pyinkhih ia ka kti. Ia kane ka jingpyinkhih la pynlong da ka jingbthah jong ka jabieng lyngba ki efferent ne motor aerves." Ki 13 tylli ki efferent nerves bad 31 tylli ki efferent nerves kiba don ha u tyndong budlum (spinal cord) uba ia snob bad ka jabieng, ki pynlong ia ka Central Nervous kaba long kum ka telegraph office ka-ba pdiang ia ki khubor bad phah ia kita ki khubor shawei pat. Teng teng ki khubor kin poi sha ka jabieng bad ki sah kut ha u Spinal Cord. Haba ka long kum'a ki mih ki rukom jingleh kiha khlem don kano kano ka jingpyrkhat ba ki khot Reflex Action. Ka jingkhapbrip ia ki khmat haba don kaei kaei kaba wit, ka jingsyn-riah, ka jingkjit buin i khyllung ba dang shu kba, ki long katto katne ki nuksa jong ki reflex action.

**Sensation**—Kiei kiei kiba nabar ki rung-ha ka jingmut jingpyrkhat jong ngi, bad ngi 'oh jingtip shaphang jong ki namar ia ka khubor ba ia dei bad ki la rah da ki efferent nerves sha ka jabieng na ki sense organs. Ia kane ka rukom da kaba ia ka pyrtbei ba shabar (se ka pyrtbei jong kiei kiei kiba don sawdong jong ngi) la pynlah bad ka.

pyrthei ba shapoh jong ngi (ne ka pyrthei jong ka jingmut jingpyrkhat) la khot sensation. Haba don kano kano ka jingsawa, kata ka jingsawa ka ktah ia ki shkor bad ia ka khubor la rah da ki sensory ne afferent nerves sha ka jabiang na ki shkor. Ha kane ka rukom la pynlong ia ka sensation of sound. Ha ka juh ka rukom ki sense organ ba ia pher ki pynlong ia ki sensation ba pher. Bunsien na kajuh hi kawei kaei kaei ba nabar, ngi ioh ki sensation ba iapher. Na u syntiew ngi ioh ka sensation of Sight and Smell; ynda ngi ktah bad khniot ia u, ngi ioh sa kawei pat ka sensation ba ki khot ka sensation of Touch. Ia kane ka rukom da kaba ia ki sensation ba iapher, ba ka jingiadei jong ki bad kano kano ka object, la pyniasoh lang, la khot Complication. Kaei kaei kaba ngi iohi iohsngew, ktah, mad bad iw nyngkong eh ka jingim jong ngi ka long ka pure sensation. Ka sensation ka long ka kyrdan ba nyngkong ch jong ka jingtip jong ngi ia kaei kaei kaba nabar.

**Perception**— Ka long ka jingtip ba thikna bha bad ka jingsngewthuh ne jingshemphang ba janat ia kaei kaei kaba nabar. Ha ka jin sbisha ka long hi ka sensation ba ka rukom kaba thikna bha bad kaba ngi sngewthuh ia ka jingmut jong kaei kaei kaba nabar. Haba buh ia u sohniamtra halor ka miej u khynnah u bym pat ju iohi ia u, ynda u la peit ia u, u shu tip tang ia ka dur bad ka rong uta u soh. Kane ka long ka pure sensation. Hadien pat ynda u la ia kynduh ia u bunsien, un sa tip thikna ba u don ka um, ki symboh, ki shyieng bad ter ter bad un sa sngewthuh ba u long u soh uba bit ban bam bad uba thieng. Ki experience jong u kiba iadei bad u soh niamtra kin sa nangpynshai shuh ia u ia ka jingmut jong u ia uta u sohniamtra. Ynda la plie wang ia ka jingmut jong u, ha kiei kiei kiba iadei bad uta u soh da ki experience jong u, bad ynda u la thikna bha ba u dei uei, ka jingtip jong u ia uta u soh ka long ka perception. Nga iohsngew ia ka jingsawa sha jagat bad ngam tip ka dei ka jingsawa jong kaei. Kane ka dei ka sensation, nga leit sha ka jaka na kaba kata ka jingsawa ka mib, bad nga

sa tip ba ka dei ka jingsawa jong kaei kaei kaba thikna. Hlangne pat ka sensation of hearing ka la long nob ka perception.

### Training of senses

Ki senses ki long ki khynrop jong ka jingtip bad ka nongrim jong ka jingshemphang ia ka pyrthei ba shabar jong ngi. Ka long namarkata kaba donkam eh ba ka nongrim jong ki ka dei ban long kaba janai bad ka bymdei ban don kano kano ruh ka jingbakla. Dei ban hikai ia u khynnah ban iohi, iohsngew, mad, iw bad ktah ba ka rukom kaba dei. U khynnah u iohsngew nyngkong eh ia kano kano ka ktien, bad lada ka bor iohsngew jong u kam long kaba beit, un kynnoh bakla ia kata ka ktien. Kumjuh ruh haba u iohi nyngkong eh ia kaei kaei, lada ka bor iohi jong u kam long kaba janai, ki Jur jong kata kaei kaei kaba u iohi kan long kaba bakla. Ki educator ba pawnam ki ban eh ia ka jingdonkam jong ka training of senses ha ki por ka jinglong khyl'ung. Ngi ju iohi ba bun ki khynnah haba ki thoh dak, ki shon tyngheh ia ka kotsada da u khulom haduh ba kan da pei. Ka daw jong kane ka long namar bym shyem la 'train' ia ki ia ka sense of touch. Donkam namarkata ban hikai ia ki ban pynsting ia ka kti bad ia kane lah ban leh da kaba prah ia ki ban kyrshut ia ki shympriah kti ha ka kot siris. Ha kaba nyngkong haba u khynnah u kyrshut ia ka, u sngew ba don ka jingpang ki shympriah kti namar ba u kyrshut tyngheh. Kumta ban ym pang, un kham pynjem bid pynsting ia ka kti. Kumjuh ruh ia ka rukom bat ia u khulom lah ban hikai da kiba bun ki lad. Ia ka sense of hearing lah ban pynjanai da kaba pyndonkam ia ki baje ba riew sngewtynnad bad ka kam u nonghikai ka long ban iarap ia ki ban pyniapher ia ki jingsawa ba ia pher jong kiti ki baje. Ban train ia ka sense of taste, ai kin mad hi ia kano kano bad kane kan iarap ia ki ban tip ia kaba kthang ne thiang, jew ne sat. Kumjuh ruh ban tip ia kaba iwbihi ne iwtung, phab ba kin fw ia kano kano, bad kane ka iarap ia ki ban pynjanai ia ka sense of smell. Ha kane ka rukom da kiba bun kiwei pat ki lad, ngi lah ban train ia ki sense.'

## 8. Attention bad Interest

Ka ktien Attention ka mut ka jingpynleit jingmut ha kano kano. Haba kaei kaei kaba nabar, ka rung hapoh ka jingmut jong ngi lyngba ki sense organ, la pynlong ia ka sensation. Ka jingtrei kam ka jabieng kam kut tang ha ka sensation. Haba ia ka pyrthei ba shabar la pyniasoh bad ka pyrthei kaba shapoh (lane haba la pynlong ia kano kano ka sensation), ka jingmut jingpyrkhat ka wad ki lad ban ioh ka jingtip kaba thikna bha ia kata kaei kaei kaba pynlong ia ka sensation. Ia kane ka rukom ba ka jingmut jingpyrkhat ka trei kam, ban ioh ka jingtip ba thikna ia kaei kaei kaba rung hapoh jong ka na shabar, la khot attention, Kumta ka paw shai kdar ba ka sensation, shwa ba kan kylla long ka perception, ka donkam ia ka attention U Mc. Dougal u ong ba ka attention ka long ka jingpyrshang tynggeh jong ka jingmut ban tip thikna ia kaei kaei (a striving to cognise) U Rybuin pat u ong ba ka attention ka trei kam ar rukom— 1. Ka bat ne pynneh ia ka sensation 2. Ka pynleit jingmut ba kata kaei kaba pynlong ia ka sensation ban ioh ka jingtip laba thikna shaphang kata ka sensation. Kipe ki nuksa harum kie pyushai ia ka jingladei ba jan bad bym lah pyniakhlad hapdeng ka sensation, attention bad perception :—

Nga iohsngew ia ka jingsawa na sha jngai bad ngam tip thikna ka dei ka jingsawa jong kaei. Kane ka jingsawa ka rung hapoh ka jingmut jong nga lyngba ka shkor (sense organ of hearing) bad ka pynlong ia ka sensation of hearing.

Nga pynleit jingmut shipor ban tip thikna ia kata ka jingsawa. Kane ka jingpyrshang jong ka jingmut jong nga, ban tip thikna ia kata ka jingsawa, ka long ka attention.

Yada nga la pynleit jingmut kumse, nga sa loh ia ka jingshemphang ba thikna ia kata ka jingsawa, bad kane ka rukom trei kam jong ka jingmut ka long ka perception.

Kumta ngi iohi ba ka jingmut jingpyrkhat ka iai trei kam ha man iwei pa iwei i khyllipmat ka jingim jong ngi bad kam kut tang ha kaba shu tip thikna ia kano kano, hynrei ka don ruh la ka jingthmu ba sha lyndet. Haba u briew u pynleit jingmut ha kano kano, u don la ka jingthmu haba u leh kumta.

### **Ki jinglong ba kyrpang ba ia dei bad ka attention**

Ki jingpyrkhat kiba bun ki iai kyrsoi ha ka jingmut jingpyrkhat jong u briew ha iwei pa iwei i khyllipmat jong ka jingim jong u. Namar kata ka jingmut jingpyrkhat ka iai trei kam man ka por. Ka long ka jingshisha ba ngim lah ban pynleit jingmut ha baroh kiei kiei kiba rung ha ka jingmut ha ka juh ka por. Kumta ka jingmut ka jied shwa ia kano ban pyrshang ban ioh ia ka jingtip ba thikna, bad hadien sa ia kano pat kan jied Kawei pat ka jinglong ba kyrpang jong ka imagination ka long ba baroh ki bynta jong ka jingmut jingpyrkhat ki don ba ka bad kita ki long ka cognition, affection bad conation. Cognition ka mut ka jingshemphang ia ka jingdon kaei kaei kaba nabar; affection ka long ka jingsgew ha ka jingiadei bad kata kaei kaei kaba nabar bad affection ka jingkyntu ba napoh ia ka jingmut ban trei kam (pynleit jingmut) ha kata kaei kaba wan ha ka na ka pyrthei ba nabar. Ka attention ym tang ba ka trei kam ha ka jingmut jingpyrkhat hynrei teng teng ka ktah ruh ia ka jingkhiih jingksar, kum ka jingkhynniuh ka met haba pynleit jingmut ia kiei kiei kiba sangew-triem. Sa kawei pat ka jinglong ba kyrpang ka attention ka long ba ka don la ka jingthmu sha lyndet jong ka, bad ka don ruh ki jingpyrshang ban pyntrei kam ia kata ka jingthmu. Unonghikai u pynleit jingmut bba ha kaba thaw ia ka lesson plan, bad ka jingthmu jong u haba u leh kumta ka long ban ai ka jinghikai kaba bba ia ki khynnah skul. Un pyntrei kam ia kane ka jingthmu ynda u 'la hi-kai.

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**Ki bor kiba ktah ia u briew ban kham pynleit jingmut ha kano kano.**

**Kine harum ki long katto katne na ki bor kiba pynlong ia u briew ban kham pynleit jingmut ha kano kano:—**

1. Ka jingjur jong kaei kaei kaba pynkhih ia ki sense organ ; kum ka jingsawa ba jam, ka jingshai ba thaba than bad ter ter ki pynlong ia u briew ban kham pynleit jingmut ha ki.

2. Ka jing'hymmai—kiei kiei kiba thymmai ki kham ring ia ngi ban pynleit jingmut ha ki.

### **Interest**

La ju pyndonkam ia ka ktien Interest ban mut ia kaei kaei kaba ngi don ka jingngewi ha ne jingsngewtynnad. Haba ong ba u briew u don interest ha ka Politics ka mut ba u sngewbha ne sngewtynnad ia kiei kiei kiba don jingia-dei bad ka Politics Hynrei kane ka jingbatat kam kit ia ka jingmut ba shisha jong kane ka ktien, namar ka long ka jingshisha ba ha ka jingim jong ngi bunsien ngi don interest wat ha kiei kiei ruh ki bym sngewtynnad. Ka ktien interest ka wan na ka ktien Latin kaba mut kaei kaei kaba ktah ia ka jingmut bad jingsngew jong u briew bad kaba pynlong ia u ban pynleit jingmut ha kano kano, wat la ka long kaba sngewbha ne bym sngewbha. Kumta ngi iohi ba ka interest ka long ka bor ba napoh kaba pynlong ia ngi ban pynleit jingmut ha kano kano (the urge to attend). Ka jingiohi ia kaei kaei kaba sbyrkhei ka ktah ia ka jingmut jong nga bad ka pynlong ia nga ban pyrkhath ia ka. Kumjuh ruh ka jingiohi ia kaei kaei kaba itynnad ka ktah ia ka jingsngew jong nga bad ka pynlong ia nga ban pynleit jingmut ha ka

**Ia ka ktien interest la pyndonkam ha kine ki lai tylli ki jingmut harum :—**

1. **Subjective Meaning**—Kane' ka long ka interest kaba mih napoh u briew hi kum haba' ngi' ong "U pule Pshychology ryngkat bad ka Interest ba jur." U briew hangne u long u' subject. Ia kane' ka jait interest la pynlong da ki instinct kiba long ki bor tyntai ba hapoh bad kiba iai kyntu ban iai pasiaw ia ngi ban leh ia kano kano. Namarkata la khot ruh ia kane ka jait interest "instinct-interest"

**Objective Interest**—Ka long ka interest ba la pynlong da kaei kaei kaba rabar. Ka jingriew ba jur u pyrthat ka ktah ia ka jingsngew jong ngi bad ka pynlong ia ngi ban leit jingmut ha kata ka jingsawa.

3. Ka interest kum ka jinglong ba iai neh jong ka jingmut jingpyrkhat (enduring structure of the mind)—Ha ka jingim ba man ka sngi, wat haba ngi pynleit j ne nut ha kiba bun kiei kiei, ka interest jong ngi ha kiwei pat kiei kiei (wat haba ngim pynleit jingmut ha kita kiei kiei) ka iaineh ha ngi. U Trainee uba wan pule ba ka Normal School ha Sohra, u pynleit jingmut bha ha ka por Examin ia ka Pshychology, hynrei ngim lab ban ong ba um don interest shuh ha la ki khun ki kti. Ka interest jong u ha ki ka iaineh, bad kan ym duh noh katba u dang im ba kane ka pyrthei.

### Ki thymmei ka interest

Ki Instinct bad ki sentiment ki long ki thymmei ka interest.

Ki Instinct ki pynlong ia u briew ban sngewthuh la ka jingdon jong kaei kaei kaba nabar bad ki kyntu ia 'u ban pynleit jingmut ne pyrkhat ha kita kaei kaei (to' perceive and pay attention to a certain object). Ki interest kiba mih na ki instinct ki long kiba isdei bad baroh ki jingthaw ba im. Haba don kano kano ka jingma, kan wan ka jingsngewtieng hapoh jong ngi. Kane ka mut ba ngi don interest ha kata ka jingma bad kata pat kan pynlong ia

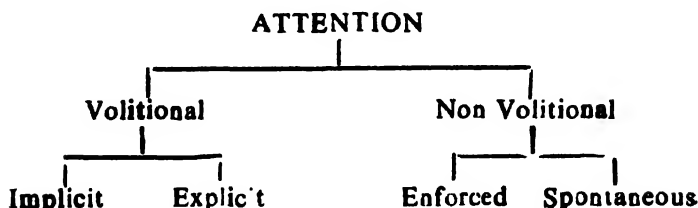
ngi ban pynleit jingmut ha ka. Ki long ki interest kiba don ka subjective meaning kumba la batai ha neng bad la khot ruh ia ki "Direct Interest."

Ka Sentiment pat ki pynlong ia ki "Acquired" lane "Derived Interest." Ki Derived interest bunsien ki trei kam kumjuh kum ki Direct Interest. Kiei ki sentiment? Ki sentiment ki long ki jingsngew ne ki bor kiba ktah ia u briew baroh shi lynter ka jingim jong u, bad kumta ki long kiei kiei kiba iaineh ha ka jingmut jong u. Ka jingieit ka kmie ia la ki kbun, ka jingieit ia ka jingshisha da ki riw hok bad ka jingieit ia la ka ri ki long katto katne na ki nuksa jong ki sentiment. Haba ia ki instinct bad emot on ba ia pher la teh song lang ha kano kano ka object, la pynlong ia ka sentiment ha kata ka object. Haba ngi ngi ong ha u khynnah rit u don ka sentiment ia la ka kmie, ka mut ba ki instinct kiba bun ryngkat bad ki emotion kiba ia dei bad kita ki instinct ki ia trei kam lang hapoh jong u, ha ka jingiadei jong u bad la ka kmie. Ka instinct of pugnacity ryngkat bad ka emotion of anger kin trei kam haba u khynnah u iohi ba don mano mano ba mut ban pynmysaw ia i mei jong u; kumjuh ruh ka instinct of aversion ryngkat bad ka emotion of fear kin trei kam haba u iohi pat ba i don ha ka jingma; ka instinct of self abasement ryngkat bad ka emotion of humility ki trei kam haba u shu kohnzuh katba ong i mei jong u bad ter ter Kumta ngi iohi hangne ba ka sentiment jong u ia la i mei, ka seng bad tehsong lang ia ki instinct kiba pher ryngkat ki emotion ba ia snoh bad ki ha i mei jong u.

Kane kaei kaei ka lah ban long ka bym don interest ha ka hi, hynrei lah pynlong ia ka kaba long interesting lyngba kiei kiei kiba don jingiasoh bad ka. U khynnah um don interest ha ha lesson jong ka jingiaid tawian jong ka pyrthei sawdong ka ngi. Lada u nonghikai u pyndonkam ia ka orrery, ka globe ki dur ki dar kiba itynnad bad kiwei ki teaching aid, u khynnah un don interest ha kane ka lesson. Kane ruh ka long kawei pat ka nuksa jong ka Acquired interest.

## Ka jingpynbynta ia ka attention

Kane ka dur harum ka pyni ha ki katno tylli ki bynta lah ban pynbynta ia ka attention.



**Ka volitional attention** ka long kaba mih na ka mon angewbha ni u briew bad ka kynthup ia kine harum :—

(a)—**Implicit Volitional Attention** kaba mih tang na kawel ka jingpynshang jong ka mon ban attend ia kano kano. Ia ka nuksa jong kane ngi lah ban shim na u Trainee uba dei ban ialeh ia ka Examination ha ka Psychology. Um don interest ia kane ka subject hynrei namar ba u kwah ban pass ia ka examination, u pynleit jingmut ha ka.

(b) **Explicit Volitional Attention**—Kane ka long kaba mih na kiba bun ki jingpyrshang jong ka mon ban pynleit jingmut ha kano kano. Nuka—U Trainee uba mut ban ialeh examin ha ka Psychology, um lah ban pynleit jingmut ha ka namar ka jingmut jong u ka iaid na kawel ka jingpyrkhat sha kawel pat. Ynda u la pyrs'ang bunsien ban pynleit jingmut ha kane ka subject, ha kaba khadduh un sa lah ban kbreh bha ia ka.

**Ka Non-Volitional attention** ka long kata kaba shu mih hi khlem kano kano ka jingovrsbang jong ka mon. Kane ka kynthup ia kine ki bynta harum :—

(a). **Enforced non-volitional attention** ka long kaba mih na ki instinct. Ngì attend ia kiba bun kici kici ha ka jingim jong ngi khlem ka jingtnei kam jong ka mon angewbha kum kaba phet iap na ka jingma, kaba wad bam wad dib bad ter ter

(b) *Spontaneous non volitional attention* ka long kaba mih na ki sentiment. Ka kmie kan pynleit la ka jingmut jingpyrkhat ha kaba iada ia la i khun na ka jingma, ban al bam ia i haba i thngan, ban ialeh pyrsah ia kito kiba thmu ban pynsnew ia i bad ter ter namar ka jingtrei am ka sentiment of love. Hangne ngi iohi bu ia kiba bun ki instinct la teh song bad la seng ia ki ha ka rukom kaba janai da ka sentiment of love jong ka kmie ia la i khun

### **Ka jingiadei hagdeng ka Interest bad Attention.**

Ka jingiadei hagdeng ka interest bad attention ka long ka bym lah ban pyniakhlad. Ha ka jingshisha kine artylli ki long hi tang kawei kaei kaei ba la peit na ki artyili ki liang ba ia pher. Ban don interest ha kano kano ka mut ruh ban pynleit jingmut (attend) ha kata kaei kaei Ka pisa ne tyngka ka long hi ka pisa le tyngka wat lada ka paw ka number jong ka ne ka shap jong ka Sorkar. U Mc. Dougall u ong ba ka interest ka long ka attention ba la buhrich bad attention pat ka long ka interest ba la trei kam ("Interest is latent attention and attention is interest in action"). Kumta ngi iohi ba khlem ka interest, ka attention kam trei kam, bad khlem ka attention ka long kaba bakla ban ong ba ym don interest.



## **9. Memory bad Imagination**

Kano kano ka experience ba u briew u leh ne iakynduh ha ka jingim jong u, ka iaid lait noh hynrei la pynneh ia ka ha ka jingmnt jingpyrkhat jong u da kata ka bor ba ki khot "Mneme." Ia ka jingktah jong ka experience ba la iaid lait noh ia u briew hadien ka bud la khot engram. Kumta ngi iohi ba kiei kiei kiba rung hapoh jong ngi na ka pyrthei ba nabar lyngba ki sense organ, kim long kiei kiei kiba iap, hynrei ki lai neh ba ka jingmut jong ngi. Haba ia kano kano ka engram la pykhe im, bad la rah sha ka kyrdan ba ngi da tip thikna bad iohi ia ka dur

jong kano kano ka experience ba mynshwa, ia kane ka rukom trei kam jingmut la khot memory. Ka memory na-mar kata ka long ka bor trei kam jong ka jingmut kaba kynthup ia kine ki factor harum :—

1. Registration or Learning—Kane ka mut ka jingtip jong ngi ia ka jingdon jong kano kano ka experience ba la iaiaid lait noh. Khlem da tip ba don kano kano ka experience ha ka jingim jong ngi mynshwa, ka long ka bym don nongrim ban kren shaphang ka memory.

2. Retention—Kane ka long ka bor jong ka jingmut ban pynneh ia ki experience ba la leit noh ha ka. Ka jing-iat-neh jong ki experience kiba la iaiaid lait noh ha ka jing-mut jong ngi ka shong eh ha kine :—

(a). Frequency—Kaei kaei kaba nri ju iaiah kham bunsien ka neh kham slem bad kham ngam jylliew ha ka jingmut jong ngi.

(b). Recency—Kaei kaei kaba ngi leh ne ia kynduh dang kham shen ka kham neh ha ka jingmut jong ngi

(c). Interest—Kaei kaei kaba ngi don interert ka kham neh ha ka jingmut ban ia kaei kaei kaba ngim don interest.

(3). Recall—La batal haneng ba ka jingmut jinpyr-khat ka bat ne pynneh ia ki experience ba leit noh ha ka. Ka memory kan ym long kaba janai lynda la pynkhe im pat ia ki engram jong kano kano ka experience ba la leit noh. Ia kane ka rukom ba ka jingmut ka pynkhe im ia kiei kiei kiba la pynneh ha ka, bad baba la rah ia ki sha ka kyrdan ba ngi da tip thikna ia ka jingdon jong ki, bad baba ki da wan paw de ba ka jingmut jong ngi ha ka dur ba thikna, la khot Recall. Ka Recall ka kynthup ia kine :—

(a). Spontaneous Recall—Kane ka mut ba ka dur jong kapi kaei kaba la iaiaid lait noh bad bym don shuh myeta, ka shu wan shat hi ha ka jingmut khlem kano kano ka jingpyrshang.

(b). Deliberate Recall—Ka long ka recall kaba da donkham ban pyntait por ban pyrhang iohi ia ka dur jong kate kaei kaei kaba la leit noh.

4. Association—Ka mut ka jingiasnoh jong kaei kaei kaba ngi pyrhang ban kynmaw bad kiwei pat kiei kiei kiba don ka jingiasnoh bad kata kaei kaei. U traisee uba pule ka Normal Training School ha Sohra uba don arngut ki khun, haba u kynmaw ia i khun khadduh jong u, ua iohi ruh ha la ka jingmut ia i khun nyngkong jong u bad ruh ia i kmie jong ki khun.

5. Vividness—Kane ka mut ha kaei kaei kaba shai kdar ka neh kham slem ha ka jingmut bad kham kloir ruh ban kynmaw ia ka ban ia kaei kaei kaba dure ne jngut.

6. Recognition—Ka mut ka jingithuh thikna ia ka dur jong kaei kaei kaba la leit noh. Haba u khyannah u spel dak "masi" u da iohi thikna ia ka dur ba shisha jong ka masi ha la ka jingmut.

Ki rukom ban kynmaw (Methods of memorising).

Don laitylli ki rukom spel ne kynmaw bad kita ki long:—

1. Part Method—Ka long ka rukom spel lyngkot ia kano kano ka passage. Da kane ka rukom u khyannah un pyrhang ban spelshwa ia ki katto katne ki ktien ne sentence ba sha khamat jong ka passage bad nangta un pyrhang ban buh jingkynmaw sa ia ki bynte ba shadien. Lada phab spel ia u khyannah ia ka poetry kaba don 4 dkhut, un pyrhang shwa ban spel ia ki bynte ba sha khamat bad nangta sa ia kiba bud ter ter.

Ka jingmyntei kane ka method ka long ba ki khyannah ki lah ban kynmaw bla ia ki bynte ba sha khamat byntei ne jingdun laig ka por ka long ba lah lah ban kynmaw byntei kate ki bynte ba shadien. Kanei por ka jingdun jong ka ka long ba ki ya lah ban lah la ba, kate lah jong ka passage bafai lah.

2. Whole Method—Da kane ka rukom pat ki khyn-nah kin pyrshang ban kynmaw ia ka passage baroh kawei da kaba pule bunsien ia ka naduh ba sdang haduh ba kut. Kane ka method ka iarap ia ki ban ioh ia ka substance jong ka passage baroh kawei. Hynrei kane ka method kam lait na ki jingduna, bad kawei na kita ki jingduna, ka long ba kam da trei kam eh bad ki passage ba jrong. Ka kham ia dei tang bad ki passage ba lyngkot.

3. Mixed Method—Da kane ka rukom pat ki khyn-nah kin spel ia kano kano ka passage lane poetry naduh ba sdang haduh ba kut, hynrei lada don ki bynta ba ki klet noh, kin pynleit por ban kynmaw ia kito ki bynta. Ha kane ka method la pyntrei kam lang ia ka part method bad whole method.

### Imagination

Ka jingmut jingpyrkhat ka iai trei kam man iwei pa iwei i khyllipmat jong ka jingim. Ha ka ktien Khasi "imagination" ka mut ka jingmut dur. Iaei ngi mut dur? Ngii mut dur ia kiei kiei kiba la leit noh kiba wan rung hapoh ka pyrthei jong ka jingmut jingpyrkhat jong ngi lyngba ki sense organ. Ngii mut dur ia kiei kiei kiba iadei bad ka jingiw, jingiohi, jingktah, jingmad bad ter ter. Ngii mut dur ruh ia kiei kiei kiba rngai bad ki bym rung hapoh jong ngi lyngba ki sense organs. Ka imagination ka long ka jingmut dur ia kiei kiei kiba la leit noh, kiba rung hapoh jong ngi lyngba ki sense organ, bad kumjuh ruh ia kiei kiei ki ban sa wan hadien habud. Ka dur jong kiei kiei kiba la leit noh ka wan shat ha ka jingmut jong ngi namar ba la pynneh ia ka ha ka da kata ka bor ba ki khot meeme. Kano kano ka experience kaba rung ha ka jingmut jong ngi lyngba ki sense organ ka laid lait noh bad haba la pynneh ia ka ha ka jingmut hadien ha bud la khot engram la ka. Haba ia kano kano ka engram la pynkhe im ka dur jong kata kaei kaei kaba ngi ioh na ka pyrthei ba namar lyngba ki sense organ ka wan shat ha ngi. Ka imagination kam mut



tang ka jingmut dur ia kiei kiei kiba la leit noh hynrei ka thaw ruh ia kata ka rukom ba ngi mut dur ia kiei kiei ki ban sa wan. Ha ka nongrim jong kaei kaei kaba la! iaid lait nob, la seng nongrim ia kaei kaei kaba thymmai. Ka jingmut dur ia kaei kaei ka bym rung hapoh jong ngi lyngba ka sense organ kam long ka imagination hynrei ka "Hallucination" lane "Fantasy." Kane ka mih na kiei kiei kiba long rngai, na ka jingtieng, na ka jingbym ioh ia kaei kaei kaba u briew u kwah bad ter ter. Ha ka ktien Khasi ngi ju khot ia ka jingmut dur-rngai. Kane ka jingmut dur rngai kam don jingiasnoh bad ka jinglong ba shisha jong kiei kiei.

Na kaba la ong ha neng ngi iohi ba don ka jingia-pher kaba khraw ha pdeng ka memory bad imagination. Ka memory ka long tang ka jingkynmaw ia kiei kiei kiba la leit noh hynrei ka imagination pat ka sain dur thymmai ia ki na ka bynta ka ban sa wan. Kumta ka memory ka iadei tang bad ka por ba la leit noh katba ka imagination pat ka iadei bad ka mynta bad kumjuh ruh bad ka lawei. Kawei pat ka jingiapher ka long ba ka imagination ka kham iar ha ka jingmut ban ia ka memory.

Ia ka imagination la khot ruh "ideal representation." Bunsien ngi ju pyrkhath ba ngi lah ban mut dur -tang ia kiei kiba ngi iohi da ki khmat hynrei kam long kumta. Ngil lah ban mutdur ruh ia kiei kiei kiba wan rung ha ngi lyngba ki sense ba ia pher, tangba kiba kham paw kyurei ki long kito kiba iadei bad ka sense of sight bad sense of touch.

### **Ka jingbynta ia ka Imagination**

Ia ka Imagination lah ban bynta ha ki artylli ki bynta kiba iar bad kita ki long (i) Productive (ii) Reproductive.

Ka productive imagination ka long kata da kaba ia kiei kiei kiba thymmai la seng nongrim ha kiei kiei kiba la leit noh. Ka imagination ka pynbeit thymmai ia ki

experience ba la iaid lait noh ban long ka nongrim jong kiei kiei kiba thymmai. Nga pule ia kano kano ka kot jingiathuh-khana bad nga thoh sa kawai pat ka kot jingiathuh-khana kaba kham engewtynnad, lehse, ban ia kato kaba nga la pule. Na ki jingshem jong nga ia kato ka kot ba nga la pule mynshwa la seng nongrim ia ka kot ba nga pynmih thymmai; kane ka long ka nuksa jong ka productive imagination. Ia ka Productive Imagination lah ban pynbynta pat ha kine ki bynta :—

(a) Receptive Imagination—kane ka long ka Imagination da kaba ia ka jingmut jong uwei u briew la lam lynti da ka jong uwei pat. Haba u nonghikar u iathuh khana ia u khynnah shaphang kano kano ka jingiathuh-khana ba engewtynnad, u khynnah u mut dur ia kita kiei kiei kiba engewtynnad ha kata ka jingiathuh-khana.

(b) Creative Imagination—Ka long ka jingmut dur ia kano kano na lade bi khlem ka jingialam lynti jongno jongno ruh. Haba u briew u thoh ia ka jingiathuh-khana kaba mih na ka jingpyrkhat jong u hi, khlem da lam lynti mano mano ruh, ia kane ka jait imagination la khot Creative imagination. Ia ka Creative imagination pat lah ban pynbynta kumne :—

(i) Pramatic Imagination kaba long ka jingmut dur ia kiei kiei, ki ban da long kam shisha kum ka jingmut dur ban thaw ia ka programme jong ka Final Examination.

(ii) Acethetic imagination kaba long ka jingmut dur ia kiei kiei kiba engewtynnad ne itynnad bad kiba ai jingkmien ia ka mynsiem kum ka jingmut dur ia ka Boeng.

2. Reproductive Imagination ka long tang ka jingpyrkhat bad ia ka imagination jong kiwei pat. Ka Memory ka long ka nuksa jong kane ka jait imagination.



## 10. Ki habit, ki sentiment, ka Character

Ha ka ktien Khasi habits ka mut ki jingmlien. Kaei kaei kaba ngi leh ha ka rukom ba ngi ju lai-leh ia ka ka long ka jingmlien. Haba ngi leh ia kano nyngkong eh, ka jingleh la kata kaei kaei ka long kaba suki bad shim kham bun ka por bad ka jingmut jingpyrkhat. Ynda la lai-leh bunsien ia kata kaei kaei, ka jingleh kam da shim shuh shibun ka por bad kata ka jingleh ha kaba khadduh ka la shu wan hi bad ka kylla long sriem ia ka reflex action.

Kumno la pynlong ia ki Habits :— Katto katne ngut ki riewstad ki ong ba ia ki habit la pynlong ha ka Nervous System. Haba ia ka khubor la rah sha ka jabieng da ki Sensory lane Afferent Nerves, ia kata ka khubor la phah pat da ka jabieng sha ki bynta ba pher jong ka met da ki Motor lane Efferent Nerves bad kumta la pynlong ia ka action. Lada ia kane ka khubor la iai rah sha ka jabieng bad kumjuh ruh la iai phah ia ka da ka jabieng sha ki dkhoh met ba ia pher, ia ka lynti ba thikna la pruid ha ka ka nervous system. Ha kaba nyngkong ka jingleh ia kano kano ka long kaba suki bad shim kham bun ka por ban pyrkhat ban leh ia ka namar ba kane ka lynti ka long kaba dang khim. Katba ki por ki nang iaid ka jingrah ia khubor sha ka jabieng, bad na ka pat sha kiwei pat ki bynta ka met ka nang pyniar bad pynkylluid ia kane ka lynti bad kumta ka "action" ka la long kaba kloi bad ka bym da shim shuh shibun ka por bad bor pyrkhat. Kane ka long ka jingbatai jong ki neurologist shaphang ka jingpynlong ia ki habits.

Ki psycho-analyst pat kim ia hap jaigmut bad katel ka jingbatai. Ki pat ki ong ba ki thymmeti jong ki habits ki long ki emotions. Ka jingpynkhiu ia ki emotion ka pynmih ia ki habit bad kumta lada ym don emotion ya ym don habit. U Brieu un lai-leh ia kano kano kaba pynbun ia u, bad na ym leh ia kano kano ha bym ai jingbun ia a naduh da udah. Namahata katel bad kaba ai jingbun ia a kan pruid ia ka lynti ha ka nervous system bad kan

pynlong ia u ban leh ia kata kaei kaei ha kajuh hi ka rukom ba ju isileh ia.ka.

Haba ngi bishar bniah ia kine ki artylli ki jingbatai, ka paw shai ba baroh ar ki ia thew sha kajuh hi kaei kaei, bad baroh ar ki ia donkam mar kumjuh ha kaba pynlong ia ki habit. Ka theory ki neorologist ka pyni ia ka bynta ba shabar, katba ka theory ki pshycho-analyst ka pyni ia ka bynta ba shapoh jong ki habit.

Ki jinglong ba kyrpang ki habits :— 1. Ki habit ki ia pher na ki instinct bad ki reflexes ha ka rukom ba ki long kiei kiei kiba wan na shabar ha ka jingim u briew, katba ki instinct bad reflexes pat ki long kiei kiei kiba la don lypa ha u briew. Ki instinct bad reflexes ki ia dei ia baroh ki briew ha kane ka pyrthei kaba ki habits pat ki long kyrpang tang ia ki katto katne ngut.

2. Haba leh ia kano kano nyngkong ka shim shibun ia ka bor met, bor pyrkhath bad ia ka por ban leh ia ka. Ynda la iai-leh bunsien la kham jem bad kham suk ban leh ia ka. Ki habit namarkata ki iarap shibun ia ngi ban pynduna ia ka por bad ka bor haba leh ia kano kano.

2. Ka long kaba jem ban pynmlen ialade ha kano kano, hynrei ynda la kyrul kata ka jingmlen la eh ban bthan la ki kynjri jong ka.

4. Ki habits ki long kiba donkam katta katta ha ka jingim jong u briew. U Clapper u ong ba ki long ki jainkup jong ka mynsiem ("the garments of the soul") namor ba ka moral character kaba bha ka long kaba mih-na ki habits kiba bha. U James pat u ong ba ka jingim ka jingiathain ne jingiasnoh jong ka habit bad ka character ka long ka jing-teh song ia ki baroh ("Life is a tissue of habits and character is a bundle of these"). Ki rukom jingleh jong ngi kiba ngi pynpaw shabar da ki kam, ki ktien bad kiwei, kiwei de ki rukom ki pynpaw ia ka jinglong ba shapoh jong ngi.

## Kumno ban hikai ia ki jingmlen kiba bha

Namar ba ki habít ki don ka bynta kaba donkam eh ha ka jingim ba man ka sugi jong ngi, ka long kaba donkam shibun ia ki kmie ki kpa bad ki nonghikai ban hikai ia ki khyannah ban mlien ia kiei kiei kiba bha. Ha ka jingshisha ka jinghikai ia ki jingmlen ba bha ka long kawei na ki jingthmu ba kongsan eh jong ka educational system. Kine harum ki long tang katto katne ki jingpyni-jingmut kumno ban iarap ia ki khyannah ban pynmlen ha kiei kiei kiba bha bad ban iarap ia ki ban long ki dkhot ba paka ha ka society :—

1. Kaba sdang ka long kaba donkam eh. Namarkata dei ban hikai ia ki khyannah ban leh ia kaei kaei kaba bha naduh ba sdang bad haba ki dang lung, namar dei ha kane ka por ba ka jingmut ka dang pdiang bha ia kiei kiei kiba thymmai.

2 Haba la hikai ia ki ban sdang ia kano kano ka jingmlen ba bha dei ban iai bteng ia ka bad ym dei ban pyndkut noh ia ka.

3. Dei ban thaw ki lad ki lynti kiba dei kumno ban pynbang ia ki ha kiei-kiei kiba bha bad i shong kun.

4. Dei ban don ka jingiatrei lang ka skul bad ka ling ha kaba hikai ia ki ban mlien ia kiei kiei kiba bha.

5. Ki nonghikai dei ki ban kymaw ia ka jingong ba ka nuksa ka kren kham bha ban ia ka jinghikai (example is better than precept.) U nonghikai namarkata u dei ban long da lade hi ka nuksa ia ki khyannah. Kan myntoi aiu ban hikai ia ki ia ka jingsniew kiba mih na ka jingmlen dih kiad haba u nonghikai da lade hi u long uba dih bhor mutlop?

6. Ia ki jingmlen ba sniew dei ban rat dyngkhong. Ia kane lah ban leh da ki rukom ba bun kum ka jingpynkylla ia ka environment, ka jing-ai jingtrei, ka jingphikir jingpeit baish u nonghikai na ka kmie ki kpa bad ter ter. U khyannah u mlien ban dih sikret, Lada na don ha

ka environment ba um loh sikret shuh kata ka jingmlien kan duh noh. Ki para-ri jong ngi haba ki la poi ha ki ri sepngi kim mllen bam kwai shuh, namar ki la im ha ka environment ba kim loh kwai satia. Ia ka jingjaituh lah ban pynduh da kaba ngi peit bntah bad husiar bha ia u khynnah,

## Character

Ia ka ktien "Character" la ju pyndonkam ha ka ktien Khasi ban mut ka jinglong jong uno uno u briew ne kano kano ka briew. Ki don kiba shim ia ka jingmut kane ka ktien ban mut tang ia kaei kaei kaba bha, kum haba ngi ong, "Haba la duh la ka jinglong, la duh lut ia kiei kiei baroh" (When character is lost everything is lost) lane-kumba ong u Sahep Smiles, "Ki briew kiba don ka jinglong ki long ka jinglatip lem jong ka Society ha kaba ki don ("Men of character are the conscience of the society to which they belong.") Ka ktien Character ka thew ruh ia ka jinglong ba sniew kum haba ngi ong "Uba la sniew jinglong sat." Kawei na ki jingthmu ba kongsan eh jong ka education ka long ban tei ia ka jinglong ba bha bad ba itynnad ha ki khynnah.

Na ka liang ka Pshychology ka ktien "Character" ka kynthup bun kiei kiei kiba iapher bad ba ia thain ha ka jingmut jingpyrkhat. Ka jingmut jingpyrkhat ka long hi tang kawei kaei kaei wat la ka kynthup bun kiei kiei kiba ia pher. Ia kine kiei kiei kiba ia pher la teh song lang bad la pvnaiid rytih thikna bha ia ki da kata ka ain ba ki khot "Ka jinglong kawei ne ka jinglong shi tylli jong kiei kiei kiba iapher ("Unity in diversities"). Ia ka Character la ong ba ka long ka jingteh song lang ia ki habits ("A bundle of habits"). Kaei kaei kaba don ha ka environment, la ka long ka physical, mental, moral lane spiritual environment, ka rung hapoh ki jingmut jingpyrkhat jong ngi bad ka pyngkib bad ktik ia ki instinct bad ki emotion jong ngi bad ngin lai leh la kata kaei kaei (fada ka at jing-bun bad jingkmen la ngi) ha ka rukom ba ngi fu lai leh ia

ka. Ki instinct bad ki emotion namarkata ki long ki thymmei jong ki habit. Haba ia ka jingmut jong ngi la ring da kano kano ka object, ia ki instinct ba ia pher la teh syrdoh lang ha kata ka object, bad namarkata, kata ka object ka long ka pdeng jong ka jingiasnoh lang kita ki instinct. Teng teng kine ki instinct ba iapher ki ia pyrshah bad ia paktuh kawei bad kawei pat, bad ki iai tre kam ha kajuh ka por ha ka jingiadei bad kata ka object. Haba u khynnah skul u jobi ia u nonghikai baieit jong u ba u don ha ka jingma jong ka jingpynmynsaw dano dano, ia ki instinct ba iapher bad ba ia pyrshah yn rynkhih Ka instinct of pugnacity kan pynlong ia uta u khynnah ban ialeh pyrshah ia uta uba mut pynmynsaw ia u nonghikai. Kumjuh ruh ka instinct of self abasement kan trei kam hapoh jong u haba u khynnah u leh bad kohnguh ia kaei kaei kaba u nonghikai u ong ia u ban leh. Kine artylli ki instinct-ka instinct of pugnacity bad ka instinct of self abasement ki ia pyrshah kawei na kawei pat, hynrei la teh syrdoh lang ia ki ha kawei ka object, kata, u nonghikai baieit.

Ia katei ka jingseng bad jingpyniaid ryntih ia ki instinct ba iapher ha kano kano ka object la khot "Sentiment". Ban ong da kumwei pat ki instinct ba ia pher ki ia snoh lang bad seng ban pynlong kawei kaei kaei kaba thymmai ba ki khot Sentiment. Ki sentiment ki iapher na ki emotion bad feeling namar ki long kiei kiei kiba neh ha u briew katba u dang im ha ka pyrthei, bad kumta ki long ka bynta ka jingim hi. Ngì sngew bitar ia la u hymmen bad nga ia shoh bad u mynstep. Ynda jan-miet pat nga ia ieit noh bad u. Kane ka long ka nuksa jong ka emotion; hynrei ka jingtieng ia ka jingiap ka long kaei kaei kaba iai neh ha ngi man ki por baduh ba ngin da leit noh na kane ka pyrthei. Ka jingtieng ia ka iingiap namar kata ka long ka Sentiment.

Mar ia pynlong kawei ka sentiment, kin mih bun kiwei pat ki sentiment ba iapher bad ba ia pyrshah kawei bad kawei pat. Ka jingieit ia ka jingshisba da ki riwuhok,

ka laid lang bad ka jingleih ia ka jingsniew; lane ka jingshlur ban leh ia kiei kiei kiba bha ka wallam ruh ia ka jingsheptleng ban leh ia kiei kiei kiba sniew bad kumta ter. Ia kine ki sentiment ba ia pher bad ba ia long pyrshah la pyniasoh lang bad pyniaid ryntih da ka Sentiment Rangbah ba ki khot "Master Sentiment" lane ki "Sentiment of Self Regard" kaba mut ha ka ktien Khasi Ka jingniew lane Jingri-Burom ialade. Ia ka Character namarkata la pynlong da ka jingpyniaid ryntih ia ki instinct bad sentiment ba iapher hapoh ka Master Sentiment. Ka character ka khlain haba ki instinct bad sentiment ki iaiaid ryntih bad kohnguh ia ka Master sentiment; ka tlot pat haba ki iaiaid laitluid ha la ki lynti khlem khein briew ia ka. Ka itynnad haba u briew u nang ban ri burom ialade, bad ka pra noh haba um lah shuh ban bat la ka burom bad um lah synshar shuh ialade. Namarkata u dei ban pyntrei kamia ka mon laitluid ha ka rukom kaba bha, ba itynnad bad don burom.



## 11. Ki kyrdan ka jingkhie jingsan (Stages of Development.)

U Rosseau u la long uba nyngkong eh ban buh kyrdan ia ka jingkhie jingsan ka jingim. Hadien jong u kiwei pat ki riwstad ki pynbynta ia ka jingim ha la ki rukom ba pher, hynrei kane harum ka jingpynbynta u Dr. Earnest Jones ka long kaba la pdiang da kiba bun:—

1. Ka jinglong khyllung (Infancy): naduh ka por ba kha haduh ba i khyllung in dap 5 snem ka rta.
2. Ka jinglong khyannah rit (Childhood): naduh 5 snem haduh 12 snem.
3. Ka jinglong khyannah annia (Adolescence): naduh 12 haduh 18 snem ka rta.



4. **Ka jinglong Rangbah (Adulthood) : ne jingdap biang (Maturity) : naduh 18 snem ka karta haduh ka por ban da khlad noh na ka pyrthei.**

1. **Ka jinglong khyllung**—I khyllung ha ka por ba kha ia i, i longiba tlot bad bym lah ban iarap ialade. Kumta i shaniah ha la ki kmie ki kpa ia la ka jingim. Ynda i la dap katto katne sngi, ki bor tip-thuh jong ka jingiw, jingmad bad jingktah ki sdang trei kam, bad ka bor jong ka jingsngew bad jingiohi ki wan pat kham had'en. Ia kane ka kyrdan la ju ong ba ka long ka por jong ka jingkhiespeh (sprouting). Ki kti ki kjat bad kiwei pat ki dkhot met ki san suki. Ha ka snem ba nyngkong jong ka jingim jong i, i khiih i ksar, bad leh kiwei pat kiei kiei khlem kano kano ka jingpyrkhat ne jingtipbriew ba i leh kumta, hynrei dei kine ki jingleh khlem tip briew (reflex actions) jong i kiba kyrshan ia ka jingim ha kito ki sngi ba mynshwa bad kiba long ruh ki nongrim jong ka jingleng beit, jinglaid beit bad kiwei pat ki rukom jingleh kiba in sa leh hadien habud. Ynda i la dap kumba lai ne saw snem ka karta, i la lah ban pyniapher ialade na kiwei pat kiei kiei kiba don sawdong jong i bad kumta ka jingpyrkhat bad ka jingpynleit jingmut jong i ka long tang "Ialade Hi" Mynshwa la ju ngeit ba ka sex life kam don ha kane ka kyrdan ka jingim, hynrei dei u Freud bad ki nongbud jong u kiba la ai jingshai ba ka sex energy ka don kynrei ha kane ka kyrdan jingim, bad ba ka long ha ka rukom ba i khyllung i ieit eh tang ialade hi shi met. Namar kata ia kane ka kyrdan ka jingim la ju khot ka "Auto-erotic" lane "Narcissitic" Stage, Ynda i dap kumba saw ne san snem karta i sdang ban ieit sa ia ka kmie ne u kpa. Ki Psychologist ba pawnam ki ngeit ba ki khyllung kynthei ki kham ieit ia u kpa ban ia kaba ki ieit la la ka kmie, bad ki khyllung shynrang pat ki kham ieit ia la ka kmie. Ia ka jinglong ba ki khyllung, kynthei ki kham ieit ia ki kpa la khot "Electra Complex" bad ia ka jinglong ba ki khyllung shynrang ki kham ieit ia ki kmie la khot "Oedipus Complex". (Ha ki khana-tang j'ng ki Greek, la iathu ba u Narcissus u la jah lynti haba u ieit

beh mrad bad la ki lok. Haba u la sliang u la dem ban dih um ha kawei ka wah. Katba u dang leh kumne ka dur jong u ka la shat ha ka um bad la i bha ialade namar ba u la pyrkhath ba kata ka khmat ba paw ha ka um ka dei ka t'hei samla ba bha briew. Ka Electra pat ka dei ka kynthei Greek kaba la ibha ia la u kpa bad (pyniap ia la ka kmie. U Oedipus pat u la pyniap ia la u kpa bad shong kurim ia la ka kmie.) I khyllung i nang ban kren da kaba shu pyrthuh bud ia kiwei pat bad don kiba ngeit ba ki khyllung kim ju shah ba kito kiba kim ithuh kin bat, thum ne rah ia ki namar ka jingleh rain bieit. Ka jingmut jingpyrkhat ki khyllung ka long kaba kynrei. Ki ju mut dur ia kiei kiei kiba rngai bad ki ju pyrkhath ialade ba ki long ki riwshlur ha la i pyrthei barit. Katba ki por ki nangiaid, ki kwah ban tip ia kane lane ia katai bad ki kylli bun ki jingkylli na ki kmie ki kpa ne kiwei pat. Kane ka mih na ka jingtrei kam ka instinct of curiosity bad la ju khot ia kane ka kyrdan ka jingim ka "Questioning Age". Ka instinct of self-assertion ruh ka trei kam bha bad ka pynpaw ialade ha ka jingshisha ba i khyllung i kwah ban long kynrad ha la i pyrthei ba rit. Kawei pat ka jingshisha jong ka jinglong khyllung ka long ba i khyllung i kham sngewtynnad ban pynlut ia ka por ha ka jingialebkai. Ia kane ka por ka jingim la khot ruh "Pre. School Period".

Katto katne shaphang ka rukom ban ai education ia ki khyllung:—

1. Pynhun ia ka jingkwah jong ki ban tip ia kiel kiei kiba phylla.

2. Ai ia ki kyrhai ki tiar ialeh-kat ki ban iarap ia ki ki ban pynkhih ia ki kti ki kjat bad kiwei de ki bynta ka met bad ki ban pynjanai ruh ia ki sense jong ki.

3. Dei ban ai lad ia ki ban khih ban ksar namar kane ka mih na ka jingkyntu jong ki bor tyhrai kiba don hapoh.

4. Ai lad ia ki ban pynbeit hi la ki jingbakla. Ha ki skul Montessory la ai lad ia ki ban leh ia kane da ki tiar ia leh kai ba ki khot "Didactic" Apparatus".

2. Ka jinglong khynnah rit (Childhood)—Kane ka bynta ka jingim ka sdang naduh 5 haduh 12 snem karta. Ka met ka phad bad ka jingmut jingpyrkhat ki la nang san. Ka instinct of curiosity ka dang trei kam bha, bad kiwei pat ki instinct kiba kham trei kam, ki long ka instinct of Acquisition bad instinct of Pugnacity. Namar kata ki khynnah ki sngewtynnad ban lum ia ki dur ki dar, ki stamp bad kynshew kyndiap ia kiei kiei kiba ki sngewmyntoi bad kumjuh ruh ban ia kajia bad ia shoh ia dat. Ynda ki la poi sha ka bynta ba kham shadien jong kane ka kyrdan, namar ka jingtrei kam jong ka instinct of gregariousness ki la kwah ban ialang lok bad kito ki para khynnah ba ia ryngkat snem. Ki kham sngewbha ban pynlut ia ka por bad la ki ki para lok, ban ia kaba ki don ha iing, ha skul ne ingmane. Namar ba u khynnah u kohnguh bad ieit ia la ka kynhun, u lamler ia la ki kmie ki kpa bad ki nonghikai. Kine ki kynhun khynnah rit ki don la ki nongialam. Ki khynnah kiba la poi sha kane ka kyrdan ki long kiba smat ba sting bad ki sngewtynnad eh ban ia lehkai. Namar ba ki sngewbha eh ban pynlut ia ka por ha ki jingialehkai bad la ki para lok, kim don por ban mut dur jngai ia kiei kiei ki bym don jingiasoh bad ka pyrthei ba shisha ha kaba ki im. Ki iaroh ia la ka kynhun haba ka pynhun ia ka jingkwah jong ki, bad bein pat ia ka lada kam lah ban leh kumta. Kane ka jingbein ne jingiaroh jong ki ia la ka kynhun ka iarap ia ki ban sngewthuh ia kaba bha bad ba sniew bad ban bein ne iaroh ia ki jingsniew ne jingbha jong ka Society ba kham heh ha kaba ki im. Ynda u khynnah u dap kumba 11 snem u lah ban pyniadei ialade bad ka environment bad kumjuh ruh bad ka society ha kaba u im, bad mynta, la u dang long tang u khynnah rit, u kwah ba kiwei pat kin sngew ia u ba u la long u khynnah samla ne u rangbah briew bad kumta u leh mynleh rangbah ia lade. Dei na kane ka daw ba khot ia hane

ka por "a period of pseudo maturity" ("Pseudo" ka mut bym shisha ne shu leh mynleh) Ka sex instinct kam trei kam ha kane ka kyrdan namar ba u khynnah u bun kam ha ki jingialehkai bad la ki paralok.

**Ka education ia kito kiba la poi ha kane ka kyrdan ka jingim.**

Kine harum ki long katto katne na ki rukom ba ngi lah ban iarap ia kito kiba la poi ha kane ka kyrdan :—

1. Ia ka instinct of gregariousness lah ban nang pyn-janai shuh shuh ha kine ki rukom.

(a). Ki khynnah ki kohnguh ia la ka kynhun namar lada kim leh kumta, ki tieng ba ioh kin shah beh noh na ka. Ia kane ka jingkohnguh ia la ka kynhun lah ban pyn-iar sba ka jingkohnguh ia ki ain ka skul, ki ain ka Balang, ki ain ka Sorkar ne jong kiwei pat ki kynhun ne ki seng ba kham beh.

(b). Ia ka jingialang-lok para khynnah lah ban pyn-iar da kaba jem, sha ka imlang sah lang bad kiwei pat. Ki nonghikai ki lah ban bsuh ha ka mynsiem ki khynnah ia ka rukom im-lang bad kiwei pat lyngba ki jingialehkai, ki jingtrei kti bad kiwei kiwei de ki lad da kiba baroh ki khynnah ki lah ban shim bynta.

2. Ki nonghikai ne ki kmie ki kpa ki lah ban pyntrei kam kham janai shuh ia ka instinct of construction da kaba hikai ia ki khynnah ban pyndonkam ia ki tiar shna jing-shna, bad ia ka instinct of acquisition pat, lah ban pyntrei kam kham bha da kaba hikai ia ki ban lum ban lang ia kiei kiei kiba myntoi bad kiba ki lah ban ioh da kaba jem. Ka instinct of curiosity ka la trei kam kham jur ha kane ka kyrdan ban ia kaba ka long mynshwa. Ki khynnah kim hun shuh tang ban shu tip ia kano kano kaba ki iohi, lohngew, ktah, iew mad ba ka dei kaei; hynrei ki kwah ruh ban tip kumno ka mih, nangno ka mih, don aiu ha ka

bad ter ter. Ia kane ka jingthrang jong ki ban tip janai ia kano kano dei ban pynhun. Dei ha kane ka por ba ngi lah ruh ban seng nongrim ia ka rukom pule kot ha ka rukom kaba dei. Namarkata dei ban ai ia ki ki kot kiba bha ban pule.

(3) Dei ha kane ka por ba ngi lah ban bsuh ha ki ia ka mynsiem ka jingkhein-kor bad jingburom ia ki riewkhraw ka pyrthei. Ki khynnah ki iaroh ia kiwei pat ki para kiba nang ialehkai. Kumta ia kane ka jingniew kor jong ki ia la ki para khynnah lah ban pyniar shuh shuh sha kiwei pat.

3. Ka jinglong khynnah Samla (Adolescence)—Kane ka long ka por jong ka jingim kaba don hapdeng ka jinglong khynnah rit bad jinglong rangbah. Ka sdang naduh 12 haduh 18 snem karta. Ka long ka por jong ka jingkhie jingsan ter ka met ka phad, bad jingtrei kam ki emotions, bad ka long ruh ka por ha kaba ki instinct kiba bun bad ka intelligence ki la ih bha. Ka long ka por ha kaba kiei kiei kiba long mar khongpong bad ia pyrshah, kawei ia kawei pat, ki trei kam bha. Kumta teng teng ngi shem ba ki adolescent ki long kiba khwan myntoi, bad tang hadien khyndiat por pat ki len lut ia kiei kiei na ka bynta kiwei pat. Nangta pat ki saitlah ia ki kmie ki kpa bad pynpaw ka mynsiem ialeh pyrshah, hynrei tang khyndiat por pat hadien ki long kiba kohnguh bad ngeit sneng. Ha kawei pat ka por ki idiaw i-sngewsih bad kwah ban im tang marwei ba kin ioh mut dur rngai ia kiei kiei ki bym don jingiasoh bad ki jingshisha ka jingim, hynrei tang khyndiat por pat hadien ngi shem ba ki kwah ban ia don ryngkat bad kiwei pat, bad ka khmat jong ki ka i-phuh bad dap da ka jingkmien. Ban ong da kumwei pat, ha kawei ka por ki long ki introvert (ki briew kiba kwah ban im marwei bad pyrknat jylliew ia kiei kiei kiba rngai) bad ha kawei pat ka por ki long ki extrovert (ki briew kiba kwah ban ia im tang bad kiwei pat bad pyrknat ia kiei kiei kiba shisha). La ju ong ba kane ka por ka long ka jingwan-biang jong ka jinglong khyllung ba la bynta kine ki daw haruh:—

1. I khyllung i long lba lehrain bieit ia ki riewphylla. U adolescent ruh u long kumjuh bad u ju pyrkhat ba baroh ki peit tang ia u hi bad kumta u saw kyrang.

2. Ka jingshaniah i khyllung la ka jingim ka long ha ki kmie ki kpa. Kane ka jingshaniah ka wan biang ha kane ka bynta ka jingim ha ka rukom ba kham iar. Ha u adolescent kata ka jingshaniah kam long shuh tang ha ki kmie ki kpa, hynrei ka la long ruh ha ki riewshlur bad riewkhrav kiba im ha ka por jong u hi ne ha kito kiba u lah ban shem ha ka History ne Literature.

3. Ka Sex Impulse kaba don kynrei ha ka kyrdan ka jinglong khyllung, bad ka bym shym paw bha ha ka kyrdan ka jinglong khyannah rit, ka wan biang ha kane ka kyrdan ha ka rukom ba kham iar. I khyllung i ieit tang ialade hi ha ki snem ba nyingkong jong i. U adolescent pat nador ba u ieit ia'ade u teit ruh ia kito kiba dei na kajuha ka sex (homo sexualism) bad kumjuh ruh ia kito kiba na ka sex ba iapher (hetero sexualism).

Haba ngi peit ia kane ka bynta ka jingim na ka liang ka met ka phad, ngi lah ban ong ba ka long ka por jong ka jingsan stet ka rynieng bad ki dkhoh met. Ki shynrang bad ki dohkshah ki nang heb bad nang khlain. Ki kor ba shapoh ka met kum ka 'nierbah, u tor, u klong snam bad kiwei pat ki bynta ki trei kam janai bad thikna bha. Kumta ka rynieng ka nang kham jrong bad ka met pat ka nang kham heb bad kham khia. Hapdeng 11 bad 16 snem ki khyannah shynrang ki khia arshah ia kaba ki long mynshwa bad ka rynieng ki khyannah kynthei pat ka la poi ba ka kyrdan ba jrong tam. Ka sur kren u khyannah shynrang ka pat bad lam sur rangbah bad ka jong ki khyannah kynthei pat ka kham syiang. Ka long ka por jong ka jingklain ka bor met.

Haba ngi peit pat na ka liang ka jingtrei kam ki bor tynrai, ki instinct bad emotion ba bun ki trei kam bha.

Ka instinct of self assertion ka pynlong ia u adolescent ban sngew ba u long kham halor ia kiwei pat Kumta u pynsalia bad shoh ia la ki para ne kiwei pat kiba kham tlot ban ia u. U sngewtynnad ban thaw ei ei bad ban lum ban lang ia kiei kiei namar ka jingtrei kam ka instinct of construction and acquisition. U ia lang lok bad kiwei pat namar ka jingtrei kam ka instinct of gregariousness, hynrei ka jingshisha ba donkam eh kane ka bynta ka jingim ka long ka jinetrei kam jubor jong ka sex instinct. Kane ka mih na ka jingsan ki dkhot met ba iadei bad ka sex. Ka long ka por ha kaba kham bun na ka jingmut jingpyrkhat la pynleit ha kiei kiei kiba iadei bad ka sex. Ka sex instinct ka pynpaw ialade ha ki rukom kiba bun, kum ha kaba u kly-nah u ialah ban pynitynnad la ka met ka phad, ka riam ka beit bad ba u saw kyrane haba u iakynduh bad kito kiba na kawei pat ka sex. La ju ong ba kane ka por jong ka jingim ka long "ka por jong ka eriong 'erngit' bad jinglyna-a jingpisa" (a period of storm and stress). Ki jingsnaw kiba bun ki iai kyrsoi bad iai-khih ha ka jingmut jingpyrkhat u adolescent bad haba um ioh ia ki jingkwah jong u, u lyng-a bad pisa bad kane pat ka pynlong ia u ban mut dur ngai kiei kiei ki bym lah ban pyntrei kam. Kumta u kwah ban im tang marwei hi khnang ba un ioh lad ban phyrnop ialade ha ki jingpyrkhat jylliew, ki bym don jingiasoh bad kiei kiei kiba shisha. Kane ka long kaba shisha haba ngi peit ia kiei kiei na ka liang kaba dum, hynrei haba ngi peit bad bishar bniah na kawei pat ka liang, ka por jong ka jinglong khynnah samla ka long ka por jong ka sngi ba phyrnai, namar dei ha kane ka por ba ka intelligence ka la poi ha ka kyrdan ba ha khlieh tam bad ka long ruh ka por ha kaba u adolescent u ia lah ban pyniadei ialade bad ka environment. U la don ruh ka bor ban bishar bniah bad pynshongnia ia kiei kiei ha ka rukom kaba dei. Ka long ka por ha kaba ia ka jingmut jingpyrkhat jong u lah ban pyntrei kam ha ka rukom kaba dei bad ka long ruh ka por ha kaba ia ki emotion jong u lah ban lam lynti sha kiei kiei kiba itynnad bad don burom. Ka long ka jingshisha, bym don mano mano ruh ba lah ban len, ba kito kiba la ioh ia kane ka jinglam lynti ki

la kylla long ki riewkhraw kiba la pyaphuh pynphieng ym tang ia la ka ri hynrei wat ia ka pyrthei hi baroh kawei. Nang'a pat kane ka por jong ka jingim ka long ruh ka por ha kaba ka jingpyrkhat ka kloi ban pdiang ia kiei kiei kiba thymmai, bad kane ka long ka kabu ksiar ia ki kmie ki kpa ne ki nonghikai ban iarap ia ki adolescent ban lum jingtip shaphang kiei kiei kiba bha na ki kot ki sla ne na kiwei pat ki lad. Ka History, ka Literature, ka Science, ka Geography bad kiwei kiwei de ki tnat jong ka jingtip jingshemphang kin iarap ia ki adolescent ban nang pyniar shuh la ka jingmut bad jingsngewthuh. Ka long ruh ka por ha kaba ia ka jingmut jingpyrkhat jong ki lah ban lam lynti sha kiei kiba ia dei bad jinglong mynsiem ba paka.

### Ka education ia ki adolescent

Bun na ki adolescent ki long kiba khrew ba khriap, bad don ruh bun kiba iap khlem pat dei ka por, namar ba kim shym ioh ia ka jingsumar kaba thikna ia ki met ki phad jong ki. Kham bun ruh na ki kam dakaid jong ka jinglong khynnah samla ki mih na ka bynta bym shym la lam lynti ia ki instinct, emotion bad kiwei pat ki bor tynrai ba la don lypa ha ki, ha ka rukom kaba itynnad bad ba don burom. Kine harum ki long katto katne na ki lad da kiba ngi lah ban iarap ia ka :—

1. Ka jingsumar ia ka met ka phad—Kumba la batal mynshwa ka adolecence ka long ka por jong ka jingsanter ka rynieng, ka jingheh ne jingiar ka met bad jong ka jingtrekam ba thikna ki dkhot met ba shabar bad shapoh. Ki adolescent namarkata ki long kiba khlain ka bor met, hynrei ha kajuha ka por ki jingpang ba bun jaid ki lah ban kem kloi ia ki lada ym biang ka bam ka dih. Ki dei namarkata ban ioh ka bam ka dih kaba bha bad ki sopti ba ki phong ki dei ban long kiba kylluid namar ki jain phong kiba khapngiah bad khim, ki pynthut ia ka jingiald tawlar ki snam ha ka met bad kane ka pynsniew ia ka jingkolt jingkhiah jong ki. U Stanley Hall u ong ba ki dei ban im ka jingim kaba eh. U ong ba ki dei ban sum da ka um



khriat namar kane ka iarap ban pynihanda ia ki jingsngew ba ia dei bad ka sex, bad nalar kata, ki dei ban thiah ha ki jingthiah ba eh.

2. Sex Education—Ha ki por ba mynshwa ia ju pyr-khat ba ka Sex Education ka long kaba sniew hynrei ha kane ka juk ba myata, ia ban eh ia ki jingdonkam jong ka da ki riewstad kiba bun. Ym lah ban buhcieh ia ki jing-shisha ka jingim, ramarkata ka long, kaba donkam ban ei jingshai ia ki jingsnisha jong ka sex ha ki khyannah samla ha ka rukom kaba khuid bad ka ban iarap ia ki ban tei ia ka jinglong jingim, da ki kmie ki kpa, ki nonghikai bad ki riewtymmen. Ka kham sngap jar ha kane ka bvnti ka long kaba sniew namar kin pyrshang ban ioh jingtip shaphang ka sex life na kiwei pat kiba lah ban ialam bakla pynban ia ki.

3. Sublimation—Ka long ka rukom da kaba ngi lam lynti ia kano ka instinct ba kan mih shabar na ka jinglong tynrai jong ka (pr mitive biological goal) sha kawei pat ka jinglong kaba kham itynnad bad donburom. Ka mut namarkata ka rukom da kaba ngi nang pynwandur kham itynnad shuh shuh ia ka, da kaba ngi rah ia ka jinglong tynrai jong ka sha kawei pat ka kyrdan kaba kham ba jrong ban ia kaba ka long mynshwa. Ia ka sex instinct lah ban lam lynti ba kan mih shatar na kiel kiei kiba iadei bad ka sex sha ka jingieit ia ki riew niam kiba im ka jingim ba khuid, ne ka jingieit ia ka hok. Ia ka instinct of pugnacity lah ban lam lynti ia ka. na ka jingiashoh ia dat para khyannah skul sha ka jingialeh pyrshah ia u dusmon uba mut ban wan hiar thma ia ka ri, ne sha ka jingieida ia kiba tlot.

(4) Ka jingpyntngen bad jingpynshngain ha ki por ki jingklusai bad jinglyng-a—Ki emotion ba pher ki ktah ia u briew baroh shi lynter ka jingim jong u. Ki don ki por ba kiba u adolescent u sngew ba ka jingim ka dap tang da ka jingkmien suda hynrei kin wan pat ki por kiba un sngew ba ka long kaba kthang bad jynjar katta katta. Ki

jingshah jop lane kiwei pat ki jingjia ba sniew bok ba u ia kynduh kin pynlong ia u ban duh jingkyrmen wat ialade hi bad kumta un sngew diaw bad sngew bukhoh. Haba kum kine ki por k' wan, u lah ban leh bun kiei kiei kiba sniew kat haduh ba u lah ban shim noh la ka jingim da lade hi. Ka long ka kamram ki kmie ki kpa, ki nonghikai bad kiwei rub kumjuh ban pyntngen bad pynshngain ia u ha ki jidgkhuslai bad kane kan iarap ia u ban loit noh la ki jingsngew-suh-sat ka mynsiem. Ka jingpyntngen kaba bha tim, ha ka jingmut u nongthoh, ka long ban ring ia ka jingmut jong u sha kiei kiei kiba kynja mynsiem bad ban wad ia ka jingiarap jong Uta Uba la thaw ia kiei kiei baroh.

(6) Ka nuksa ba bha—La ju ong ba ka nuksa ka trei kam kham bha ban ia kano kano ka jinghikai. Ka rukom im jong ki kmie ki kpa, ki nonghikai bad baroh kito kiba don bynta ha kaba ialam lynti ia u adolescent-ka dei ban long kaba bha bad jauai. Lada ki nonglam lynti ki im ka jingim ka bym don jingthoh bria, kito kiba shah lam lynti ha ki, kin pyrthuh bud ia ka rukom im jong ki; hynrel lada ki nonglam lynti ki im pat ka jingim ba thala bad phyrnop ialade ha ki jingthala bad jingkwah brai ka doh, ki lecture jong ki shaphang ka jingbha bad jingjanai, wat la ki long kiba sngewtynnad ban sngap, kin ym trei kam ei ei ruh lane kin trei kam tang khyndiat eh, ha kito kiba ki lam lynti, bad kiba kham sniew ka long ba ioh ki nongshah-lam-lynti kin pyrthuh bud pynban ia ka rukom im thala jong ki.

4. Adulthood ne Maturity—Ka long ka por ka jing-long rangbah bad ka neh naduh ba kut ka adolescence haduh ba u briew un da khlad noh na ka pyrthel. Ka long ka por ha kaba ki jingmut dar rngai kim da trei kam shuh. Mynta u briew u la rung ha ka pyrthel jong kiei kiel kiba shisha bad ka jingmut jingpyrkhat jong u ka la poi ha ka kyrdan ka jingdap blang. Kumta u la lah ban pyniadei ialade ha kano kano ka jinglong kaba u don.



## 12. Ka rukom da kaba ngi nang ia kiei kiei (Learning Process)

Ka ktien 'learning' ka mut ka jingnang ia kano kano. Ngì 'nang' bun kiei kiei ha ka rukom ba ngi da tip biang biang bad kumjuh ruh ha ka rukom kaba ngim tip ba ngi nang ia ki. I khyllung mar ia mih bloit sha kane ka pyrthei i khh'i ksar bad i iam. I nang ban leh kumta ha ka rukom bym tip briew. Ynda i la leit skul i sa nang ban thoh dak ne pule kot bad i loh ia kane ka jingnang na ki nonghikai, ki kmie ki kpa, bad da ka jingpyrshang la jong. Ka jingnang thoh dak bad pule kot jong i ka long ha ka rukom ba i da tip. Haba ngi kwah ban nang ia kano kano, ngi bakla bunsien ha kaba nyngkong, hynrei ka jingiaileh ia kata kaei kaei ka iarap ia ngi ban nang janai ia ka. U khynnah uba kwah nang shong cycle un ur bunsien ha ka jingpyrshang kaba nyngkong, hynrei ka jing-iai-pyrshang jong u kan iarap ia u ban 'nang janai' ia ka rukom shong cycle. Ka jingnang jong ngi ia kano kano ka long ka jing-seng ia ka jingpyn-iasnoh ne jingiadei jong kata kaba hapoh u briew kaba kyntu ia u ban leh eiei (stimulus), bad ka jingpynhun ia kata ka jingkyntu da kaba leh ei ei (response). Ka learning ka kynthup bun kiei kiei, kum ka jingnang jong ngi ban pyniadei ialade bad ka environment ne kano kano ka jinglong ba thymmai (new situation) kaba ngim pat ju ia kynduh mynshwa, ka jinglah jong ngi ban thaw ki lad ki lynti ban pyllait ialade na ki jingeh, ka jinglah jong ngi ban jied ia kano yn leh bad ia kano yn ym leh bad kiwei kiwei de. Ym don jingkut la ka learning katba u briew u dang im, namar ba ka jingim jong ngi ha kane ka pyrthei sngi ka long kaba dap da ki experience ne jinglong thymmai. Kawei ka experience ka lalam ia ngi sha kawei pat, bad ha kito ki experience ba la laid lait noh, la seng nongrim ia kiwei pat kiba thymmai. Ka jingnang pule kot jong ngi ynda ngi la san la rangbah ka long kaba la pynshong nongrim ha ka jingsdang pule jong ngi ha ki sngi ka jinglong khyllung. Kumta katba ngi nang laid shaphrang ha ka jingim, ngin lai la kynduh ia ki experience ne jinglong ba thymmai bad ngim lah ban kiar na

ki da lei lei ruh. Sa kawei pat ka jingshisba jong ka lear-  
ning ka long ba haba ngi kwah ban nang ia kano kano,  
ngi don la ka jingthmu kaba iadel bad kata ka jingkwah  
jong ngi.

**Ki lad ki lynti kiba iarap ia ngi ban nang ia kano kano,  
(Methods of Forms of learning)**

Kine harum ki long katto katne na ki lad kiba iarap  
ia ngi ban nang :— (a) Trial and Error lane Hit and Miss  
Method—Ia kane ka method la pynshong nongrim ha ka  
jing-iai-leh ne jingiai-pyrshang. Haba u briew u kwah  
ban nang ia kano kano, un bakla bunsien ha ki jingpyr-  
shang ba nyngkong, hynrei ki jing-iai-pyrshang bad jing-  
iai-leh jong u ia ki, ki nang pynduna ia ki jingbakla, bad  
ha kaba khadduh un ym bakla shuh, tad kumta kata ka  
jingleh jong u kan long kaba janai. I khyllung haba t  
sdang ban iaid i ur ne kyllon bunsien, hynrei ka jing-iai  
pyrshang jong i ka iarap ia i ban iaid beit hadien habud,  
khlem bakla shuh. Ban pynshisba ia kane ka method, u  
Thorndike u la set ia ka miaw ba la thugan bha ha kawei  
ka synduk ba la ker da ki nar. Ka don ka jingkhang kaba  
lah ban plie napoh ka synduk da kaba shu ring ia u tyllai.  
Ia ka jingbam la buh habar, bad kata ka miaw ha kaba  
nyngkong ka la iaid sharum shaneng ka synduk, ka la tud  
ia ki nar ker bad pyrshang ban mih shabar da kaba phrung  
ialade na ki thliew hagdeng ki nar. Ka la leh kumne bur-  
sien bad ha kaba khadduh, da kaba jia rynpkbat, ka la  
ring ia u tyllai bad ka jingkhag ka la plie wang. La iai  
set ia ka kumne bunsien bad man ka sien ba set ia ka, ki  
jingbakla ki nang duna bad ha kaba khadduh ka la lah ban  
plie hi ia ka jingkhag da kaba jem.

(b). Learning by Imitation—‘Imitation’ ka mut ka  
jingpyrthuh bud. Ka method of imitation ka ban eh ia  
ka jingshisba ba ngi nang ia kano kano da kaba shu pyr-  
thuh ia kaba kiwei pat ki leh. Ka riam ka beit jong ngi,  
ka iaid ka leng bad kiwei pat ki jingmlen, la ki long kiba  
bha ne ba sniew, ki long bunsien kiba ngi shu pyrthuh b ud

ia kaba leh kiwei pat. Kane ka method of learning ka trei kam jur bha na ki por ka jinglong-khyllung. Ka jingpyrthuh bud ia kiwei pat ka lah ban long ba ngi da tip bha ne ngim tip ba ngi leh kumta. Haba ka long ha ka rukom ba ngi da tip, ia kata ka jingpyrthuh bud la khot 'deliberate imitation' hynrei haba ka long ha ka rukom ba ngim tip, la khot ia ka 'spontaneous imitation.'

(c) Learning by insight — 'Insight' ka mut kata ka bor da kaba ngi lah ban iohi ia kiei kiei ha ka rukom kaba shai kdar bad ban da sngewthuh bha ruh ia ki. Namar-kata 'learning by insight' ka mut ka jingnang da kaba sngewthuh bha ia kiei kiei, ia ka jingiadei para ma ki hi; bad da kaba jied ia kaei dei ban leh bad ia kaei pat ym dei ban leh. Ka learning by insight kam long ka learning ba shu nang matlah ia kiei kiei hynrei ka long ka learning kaba u briew u nang ia ki da ka jingsngewthuh bad da kaba u pyntrei kam ia ka jingmut jingpyrkhat ha ka rukom kaba dei. U Kohler, haba la set patok ia u ha Canary Islands ha ka Thma Bah I, u la leh experiment 6 tylli ki shriei. La set ia kita ki shriei ha ka kamra ba la ker da ki kynroh ba jlih kiba ki shriei kim lah kiew bad la sdien ia ka kait ha sad jong kata ka kamra. Ki shriei ki la pyrshang ban ioh ia ka kait da kaba par ia ki kynroh ne da kaba ia rynsied sha ka sad hynrei kim shym la lah ban ioh ia ka. Ha kaba khadduh uwei na kita ki shriei, u Sultan, u la sangeh noh ka rynsied bad pyrshang par ia ki kynroh. U la iald sharum shaneng ka kamra bad u la iohi ia kawei ka synduk ka bym don ha pyrshah ka kait. U la ieng kynsan ha khmat ka synduk bad tang khyndiat por hadien, u la niat kloia ka pyrshah ka kait. Nangta u la kiew halor jong ka bad kynthih ha ka kait, bad da kaba jem u la ioh ia ka. Ka shim por ia u tang 20 sekho ban leh ia kine ki kam ibaroh. Kane ka method ka kynthup ia ka trial bad error, ia ka jingpeit bniah bha ia kiei kiei, ia ka jingshemphang la ka jingiadei para ma ki; bad khadduh ia wai ban da eh stet bha ia kaei kaba dei ban leh. Ha ka por ka jinglong rangbah ngi nang da kaba sngewthuh bha ia kiei kiei, da kaba bishar bniah bha ia ka jingiadei hapdeng jong ki, bad da kaba leh ia kaei kaei kaba ngi dei ban leh.

## Ki Laws of Learning

Ki don bun tylli ki laws of learning hynrei kine harum ki long kiba kham donkam :—

(a) **Law of effect**—Kane ka law of learning ka pyn-paw ia ka jingiadei ba jan jong kata kaei kaei kaba don hapoh jong ngi, kaba pasiaw ne kyntu ia ngi ban leh ia kano kano bad ka pynshai ruh ia kaba mih na kata ka jingleh. Haba kano kano kaba ngi leh ka pynhun ia ngi, ia ka jingiadei hapdeng ka jingkyntu bad ka jingleh ei ei, halor kata ka jingkyntu, ia nang pynkhlain shuh shuh; hynrei haba kata kaba ngi leh kam pynhun ia ngi, kata ka jingiadei ka tlol. U khyndah u kwah ban pass bha ia ka examination; u minot bha bad u taleh ia ka examination. U sngewhun bad suk ka mynsiem haba u pass bha hynrei u diaw bad um sngew hun haba u fail Ia kane ka law la khot ruh ka law of satisfaction and annoying.

(b) **Law of exercise or frequency**—Kane ka law ka ban eh ia ka jingdonkam iong ka jing-iai-leh ia kano kano. Ban shu ong lyngkot kane ka law ka ong ba haba ia kano kano la iai-leh, kata ka jing-iai-leh ka nang pynjanai shuh ia kata kaei kaei ba la iai-leh bad kata ka jing-iai-leh ka nang kham pynsuk shuh shuh ia u nongleh. Hynrei lada ia kano kano ym shym la iai-leh ne sangeh noh, ka jingleh ia kata kaei kaei kan ym long kaba janai bad u nongleh um shem shitom ha kaba leh biang ia ka. Kane ka law of learning ka ia hap bad kata ka jingong ba ka practice ka nang pynjanai shuh shuh ia u briew. Ka law of exercise bad ka law of effect ki ia iaid ryngkat namar ngin iai-leh ia kata kaei kaei kaba pynhun ia ngi bad ngin ym leh ia ka bym pynhun ia ngi.

(c) **Law of readiness**—Kane ka law pat ka ong ba haba ka jingmut ka la khreh lypa ban pdiang ia kaei kaei kaba thymmai, ka jingleh ia kata kaei kaei ka long kaba stet ne kloi kloi bad ka don ruh ka jinghun ha kaba leh ia ka; hynrei lada ka jingmut kam shym la khreh lypa ban

pdiang ia ka, ka jingleh ia kata kael kael kam long kaba kloi bad kam wan rah kano kano ka jinghun ha uta uba leh ia ka. Khnang ban khreh ia ka jingmut ki khynnah ban pdiang ia ka lesson thymmai, ki nonghikal ki dei ban pynlong ia ki ban doa interest ha kata ka lesson.



### 13. Fatigue bad Baredom

Ka jinglah bad jingtbil jong ngi ban leh ia kano kano ka shong ha kiba bun kiei kiei, kum ka interest, ka jingbym don ki jingpynwit, ka jinglong ka jaka ha kaba ngi don bad ter ter; hynrei wat la kiei kiei ki bit ki biang, ka jinglah bad ka hor jong ngi ban iai-leh ia ka, ka nang hiar suki bad khadduh kan pol ka por ha kaba ngin ym lah shuh ban leh ia ka, wat la ngi don ka jingkwah ba jur ban iai bteng ia kata ka jingleh. Ki daw jong ka jingbym lah jong ngi ban iai-leh ia ka ki long kine harum :—

(a) Fatigue—Ha ka ktlen Khasi 'Fatigue' ka mut ka jingthait palat bad kane ka pynlong ia ngi ban ym lah trei shuh ia kano kano ka kam. Ka daw jong ka fatigue ka long ka jingjah noh jong kito kiei kiei kiba ai bor ia ia ka met kiba don ha ki dohksah bad ka nervous system.

Kawei pat ka daw ka long ba haba ka met bad ka jabieng ki iai trei kam, ki pynmih ia ka jakhlia jakhlaid ba long bih kaba ki khot toxin. Ynda kane ka toxin ka la bun than ha ka met, ka set noh ia ka bor jong ka; bad kawei pat ka daw ka long ka jingduna jong ka oxygen.

Ki don arjait ki fatigue :—

(a) Subjective lane mental lane psychological fatigue—Ka long ka jingthait jong ka jabieng ban trei kam. U khynnah u pule ka jingiathuh khana ba sngewtynnad. Kan

poi ka por ha kaba yn ym don por shuh ban pynlelt jingmut ha ka, wad la ka long kaba sngewtynnad.

(b) Objective lane bodily lane physical fatigue—Ka long ka jingthait ne jingbymlah shuh ka met ban trei kam. Haba kane ka jingthait ka ktah tang ia kawei ka dkhot met la ong ba ka long ka local fatigue, kum ka jingthait ka kti kamon ha kaba iai-thoh dak. Haba ka ktah pat la ka met baroh kawei, la ong ba ka long ka general fatigue.

Ka jingiadel hapteng ka subjective bad objective fatigue—Ka jingthait ka bor met ka wan rah ruh ia ka jingthait ka bor pyrkhat. U khynnah u la thait bha ka ialeh football bad um lah ialeh shuh. Lada phi phah khreh kot ia u ha kata ka por, bad khlem da ai lad ia u ban shong thait shwa shi por, un ym lah da lei lei ruh ban pynlelt jingmut ha ka kot. Kumjuh ruh haba ka jabieng ka la thait bha, lada ngi phah trei ka jingtrei kti ia u khynnah, khlem da shongthait shwa khyndiat por, un ym ioh ban trei ia ka.

Boredom—Ka mut ka jingsngewngiah ne jingsngew jlep ne jingsngew-salia ban iai leh ia kano kano. Kane ka ka wallam ka jingbym-mon ban iai-leh ia ka. Shwa ban mih ka fatigue ka wan nyngkong ka boredom. Ki daw jong ka ki long ka jingpynwit, ka jingkynrum kynram ka jaka trei ne ka jingbym buh ryntih ia kiei kiei, bad kiwei kiwei de, hynrei ka daw ba kongsan eh ka long ka jingbym-don interest shuh ha ka kam.

Kine harum ki long katto katne ki lad da kiba ngi lah ban iarap ia ki khynnah ban lait na ka fatigue bad boredom bad ban pynwan pat ia ka bor :—

- (i) Ka jingshongthait ne jingiohthiah.
- (ii) Ka jingbam kaba tei ia ka met.
- (iii) Ka lyer kaba khuid kaba don shibun ka oxygen.
- (iv) Ka jingbujli jingtrei.
- (v) Ka interest.
- (vi) Ka sum ka sleh.



## Ka Learning Curve

Ka learning kam neh katjuh hynrei ka ia kiew la hiar. Kin don ki por ha kiba kan kiew kynsan bad hadien pat kan hiar. Kine ki jingklew jinghiar ki ia bud kawei ia kawei pat. Ka learning Curve ka long ka graph kaba pyni ia kine ki jingkieu jinghiar. U axis 'x' ha ka graph u ieng na ka bynta ka por ba la buh bad u axis 'y' u pyni ia ka dor jong ka jingkieu jinghiar ka learning ha kata ka por. Ia ki jingkieu la khot ki 'spurt' bad ia ki jinghiar pat la khot ki 'plateau in learning'. Ia ka spurt ba nyngkong eh la khot 'initial spurt' bad ia ka spurt ba khadduh eh ha ka graph la khot 'end spurt': Ki daw jong ka initial spurt ki long ba ka bor ka dang thymmai, ka jingnang ki nonghikai ban pynkhih ia ka jingmut ki khynnah (motivation), ka jinglong thymmai ka kam bad kiwei kiwei de. Ki daw jong ka end spurt ki long ka jingpyndonkam ia ki method thymmai de ki nonghikai, ka mon ki khynnah ban trei jubor khamtam shwa ka examination bad kiwei kiwei de ki daw. Ka daw jong ki plateau ki long ka fatigue bad boredom, ka jingbym don interest ha ka kam bad kiwei kiwei de, hynrei kine ki plateau ki kdew ruh ia ka por jong ka jingpynthymmai bor namar ba hadien jong kano kano ka plateau la ju bud ryngkhi ia ka da spurt.



## 14. Intelligence

Ia ka ktien 'Intelligence' la batai ha ki jingmut kiba pher da ki nongthoh kiba pher. U nongthoh u sngew ba ka ktien 'jingnep-jingmut' kaba ngi ju pyndonkam ha ka ktien Khasi ka kit lut ia baroh kine ki jingbatai ba pher. Ka jingnep jingmut ka long ka bor jong ka jabieng ban 'nang klo'i' ia kano kano. Ha kaba ngi ong ba u khynnah u long uba nep jingmut ka mut ba ka jabieng uta u khynnah ka long kaba klo'i ban 'nang' ne 'sngewthuh' klo'i ia kano kano. Haba u la thmu ban ioh ia kano kano, u kut jingmut skhem ban ioh ia ka bad u don ruh ka bor bad ka mon kaba

skhem ban synshar ia kito ki emotion kiba khanglad ia u ban ioh ia kata ka jingthmu jong u. Ngi ju shem bunsien ba bun ki khynnah, wat ynda ki la khreh bha ia ki kot bad ban ioh ia ki jingkylli ba jem kim lah bah leh bha ha ka por examin tang namar ba ki tieng bad ki'uh. Ka daw jong ka jingbymlah jong ki ban leh bha ka long ka jingtrel kam ka emotion of fear bad ka jingbym-lah jong ki ban pynduh noh ia ka ha ka examination hall.

Nalor kitel ki jingong ba la kdew haneng, ka intelligence ka kynthup ruh ia kine harum. Ka jingkloi ban :—

(a) Pyniadei ialade bad kano kano ka jinglong thym-mai (new situation) ne environment. U Robinson Crusoe haba u la lalt im na ka jingpait-lieng ha ka dewlynnong ba kynjah, u la lah ban pyniadei ialade bad ka jinglong thym-mai (kata ki jingeh kiba um pat ju ia kynduh mynshwa) bad kumjuh ruh bad ka environment ha kaba u don.

(b) Jied la kawel kaei kaei ne shibun kiwei pat kiei kiei napdeng kiba bun kiwei pat kiei kiei. Ha ka por examin la ai 10 tylli ki jingkylli bad napdeng kine, la ong ia ki khynnah ban jied 5 tylli. Ki khynnah ba nep jingmut kin jied la ki 5 tylli ki jingkylli kiba ki lah bha, katba kiba luin jingmut pat kin artatien ia kino kin jied.

(k) Wad la ki lad ki lynti ban pyllait ialade na ki jingeh.

(d) Pynmyntoi shuh shuh ialade da ki experience.

(e) Kynrup ia ki kabu ksar ka jingim.

### Ki Intelligence Tests

Ha kaba sdang jong kane ka spah snem ba mynta, ki bor pyniaid skul ha Paris ki la pisa jingmut shibun na ka bynta ka jingbun ki khynnah ba lala jingmut ha ki skul ha kata ka por, bad la aiti ha u Alfred Binet ban wad la ki daw

ki jingduna ki khynnah bad ban thaw ki lad kumno ban weng noh la kita ki jingduna. U Binet bad u Dr. Simon ki la pynmih ki Intelligence Test banyngkong eh ha ka snem 1911. Kine ki test ki don arjaid—(1) Da kaba ki khynnah kin jubab ia ki jingkylli da kaba shu kren. (2) Da kaba ki leh ei ei. Ia kine ki test la buh kyrdan katkum ka karta jong ki khynnah, bad ha kata ka rukom ba kiba kham jem kin wan ha shwa bad la nang pynbud ia ki da kiwei pat kiba kham eb. Lada u khynnah uba san snem karta u jop lut ia ki test kiba iadei bad ka karta ba shisha (chronological age) jong u, la ong ba ka mental age jong u ka long hi san. Lada um lah lut ia ki test jong ka karta jong u hynrei u lah lut pat ia ki jong kito kiba saw snem karta, la ong ba ka mental age jong u ka long saw, katba ka chronological age jong u pat ka long san. Lada u jop lut ia ki test jong kito kiba hynriew snem pat, la ong ba ka mental age jong u ka long hynriew katba ka chronological age pat san. Kumta ngi iohi ba ia kine ki test la pynshong nongrim ha ka mental age bad ka chronological age jong ki khynnah. Ia ki Intelligence test ba la pynmih da u Alfred Binet bad u Dr. Simon la khot 'Binet-Simon Metric Scale of Intelligence.' Kine harum ki long ki test ia ki khynnah kiba san snem karta ha ka Simon-Binet Metric Scale of Intelligence :—

1. Phah ia ki khynnah ban compare ia ka jingkhia artylli kiei kiei.
2. Phah ia ki ban copy ia ka square da u khulom ne let.
3. Phah ia ki ban ong biang ia ka sentence kiba shiphew kynnoh.
4. Phah ia ki ban thaw ia ka triangle haba ia ai artylli ki angle ; lane ia ka rectangle haba ia ai artylli ki triangle.
5. Phah ia ki ban niew 4 tylli ki pisa.  
La nang pynbha shuh shuh ia ka Metric Scale of

Intelligence ba kiba bun ki ri bad kine harum ka long ki jingpynbha ba kham donkam :—

1. The Vineland Revision ba la pynlong da u Dr. H. M. Goddard.
2. The Stanford Revision da u Prof. Terman bad
3. The London Revision da u Dr. Cyril Burt.

**U Intelligence Quotience bad ka jingbynta ia U**

La ong haneng ba ia ki intelligence test la pynshong nongrim ha ka chronological bad ka mental age. U Prof. Terman u la nang pynbha shuh shuh ia kane ka rukom thew ia ka intelligence da kaba u pynmih ia u Intelligence Quotient (I. Q), uba ngi lah ban ioh da kaba divide ia ka Mental Age (M. A.) da ka Chronological Age (C. A.) bad mutiply ia kaba mih da u 100 khang ban lait na ki decimal fraction. 
$$(I. Q. = \frac{M. A.}{C. A.} \times 100)$$

U Terman u pynbynta ia u Intelligence quotient, kat kum ka jingnep jingmut ne jingluin jingmut, kumne :—

I. Q	Class
Palat ia ka 140	Genius (ki probh jabieng ba pa'at liam ia kiwei pat)
120 haduh 140	Very Superior Intelligence (Pa'at ia kiba shu pdeng briew bad ia kiba kham halor jong ki)
110 haduh 120	Superior. (Kham halor ia ki pdeng briew)
90 haduh 110	Normal or average (Ba shu pdeng briew)
80 haduh 90	Dull (Ba luin jingmut)
70 haduh 80	Border line Deficiency (Kiba anna ka jingmut jingpyrkhat) bad shim por ban sngewthub)

50 haduh	70	Morons (Kiba shim por slem than ban sngewthuh hynrei dang don katto katne ka jingsngewthuh)
25 haduh	50	Imbecile (Kiba tang khyndiat eh ka jingsngewthuh bad ba la jan poi sha ka kyrdan ka jinglong lamwir)
0 haduh	25	Idiot (Ki lamwir lamtham ki bym don jingsngewthuh shuh)

### Ki Intelligence Test Ba Pher

Kine harum ki long katto katne na ki Intelligence Test ba pher :—

1. Individual Intelligence Tests—Ka long ka rukom test ia ki khynnab marwei marwei. Kane ka rukom test ka shim than eh ia ka por. Lada test ia ki da ka Simon-Binet Metric Scale kan shim por kumba shiteng kynta ne palat ban test ia uwei uwei u khynnab.

2. Group Test—Ka long ka rukom test ia shibun ki briew ha kajuhi ka por.

3. Verbal Test—Ka long ka rukom test da kaba shu kylli jingkylli da ka ktien bad ioh ia ka jubab ruh da ka ktien.

4. Performance Test—Ka long ka rukom Test kaba phah leh ei ei.

Ha ka Thma Bah I la ai group test ia kito kiba kwah rung ha ka kam shipai. Ia kiba nang ia ka ktien Phareng la ai ia ki da ka verbal test ba ki khot "The Army Alpha Tests." Ia ki bym nang ia ka Phareng pat la test da ka Performance Test ba khot "The Army Beta Tests."



## 15. U lade hi (Self)

Ka jingtip ia lade hi (Self consciousness) ka sdang naduh ki sngi ba nyngkong. Ha kaba sdang u khynnah u lah ban pyniapher ia lade na k'ei kiei kaba don sawdong jong u. Haden pat u sngewthuh ban pyniapher ia kiei k'ei kiba don jingim bad kiei kiei ki bym don lyngba ka jingkhuh, jingsawa, jingsan jong u bad ter ter. Nangta pat u sngewthuh ia lade ba u long u jingthaw ba-im. U sngewthuh ba u lah ban pyndonkam ia ka environment bad ba ma ka pat ka ktah ia u ha ki rukom ba bun. U don interest ha ki kam ba ki briew kiba don sawdong jong u ki leh. U pyrthuh bud ia ki jingleh jong ki. bad khlem tip u kjit ia ki jinglong jong ki hi. Ka idea jong u shaphang ia lade hi ka wan na kiwei pat; bad na kaba alu kiwei pat ki pyrkhath shaphang jong u. Haden pat u shem ia lade ba u long u nongleh bad u nongshah leh lyngba ki jingia-dei jong u bad kiwei pat. Ban ong da kumwei pat, u long u "lade Hi" uba pyrkhath ia kiwei bad kumjuh ruh u "lade hi" uba shah pyrkhath ha kiwei pat. Ka sentiment of self regard ka isid lang bad kane ka jingtip jong u ialade hi. Ha ka kyrdan kaba nyngkong, ia kaei kaei ba u leh la lam lynti da ki jingsngewbha ba pynbun ia ka met, bad da ki jingsngewsih ba pynpang ia ka mynsiem, bad haden pat da ki reward bad punishment. Nangta ka jingiaroh bad jingpyrem da kiwei pat, ka pynlong ia u ban bishar ia la ki jingleh ha ka jingiadei jong kita ki jingleh bad ki ain ka society. Khadduh eh ki experience jong u hi ki pyn'ah ia u ban thaw la ki ain ban pyniaid hi ialade, bad kita ki ain ba u thaw da lade hi, ki long katkum ka jingiadei jong u bad ka society.



## 16. Ka Psychoanalysis lane ka New Psychology.

Ka Introspective Psychology ka ong ba dei u briew tang da lade hi uba lah ban tip bad rai ia kaei kaei kaba don ha ka jingmut jong u, bad ym dei kiwei pat kiba lah

ban tip ia kata kaei kaei. Kane ka tnat jong ka Psychology ka iarap ia ngi ban tip tang ia ka Coscious Mind kaba long ka bynta barit eh jong ka jingmut jingpyrkhat.

Naduh ba la shem ia ka Psychoanalysis da u Freud, ngi la lah ban ioh ka jingshai kaba pyn-myntoi shibun eh ia ngi shaphang ka unconscious Mind kaba long ka bynta ba khraw tam jong ka jingmut jingpyrkhat. Ia ka Psychoanalysis la khot ruh ka Depth Pschology, namar ba u Psychoanalysis, haba u wad ia k' daw jong ki jingtakla ba u briew u leh mun ka sngi, ki kam khyllah, ki jingmut dur rngai, ki jingphohsniew bad ter ter; u dei ban da tih jylliew bha ia ki jingjar jar ba la buhrieh ha ka Unconscious Mind; bad ynda u la shem ia kita ki daw, un sa wad pat ia ki lad ban iarap ia u briew ban lait na kine kiei kiei ki bymsngewtynnad.

Katkum ka Psychoanalysis, baroh ki jingtrei kam ka jingmut jingpyrkhat ki don la ki thymmei ha ka Unconscious Mind. La bynta ia ka jingmut jingpyrkhat, katkum ka Psychoanalysis kumne harum. Kane ka jingbynta kam da pher na kato ba la ai ha ka lynnong kaba ar :—

1. Id—Ka long ka jaka ha ka jingmut jingpyrkhat ha kaba la thep lut ia baroh ki instinct, ki jingkwah ba la khniot noh (repressed desires), ki jingangew kiba pher bad kiwei kiwei de ki bor tynrai ba la don lypa ha u briew. Kito ki lat lat ba pher ha ka unconscious Mind ki pynlong ia u briew ban leh ia kaei kaei kaba i-shong kun lane ia kaei kaei kaba long kham khyllah na ka rukom ba ju leh lem ka pyrthei.

2. Ego bad 3. Super Ego—Ha ka ktien Khasi u Ego u long u “Nga”, u “Manga”, u “Ha Nga”, bad u “Ia Nga”. Une u long uba tip tang “Ia Lade Hi” (the conscious self). U ialeh ban pynneh bad nang pyniar tang ia lade hi; hynrei wat la u im ha ka pyrthei kaba tang ia lade bad ha lade hi, u don ka jingiadai ruh bad ka pyrthei kaba shabar jong u; bad u kijit bad pynneh ha lade hi, khlem da tip,

ia kito ki bor kiba nabar bad ba don sawdong jong u Haba u Ego u la lah ban pynrung bad pynneh ha lade ia ki bor ba bha kiba don sawdong jong u, (khlem ka jingtip ba u leh kumta) bad kiba tei ia ka long briew man briew, kat haduh ba kin da long ka bynta ka jingim jong u hi, u kylla long noh u Super Ego. Ia kane ka rukom ba u Ego u kjit bad pynneh ia kiei kiei kiba don sawdong jong u khlem ka jingtip iong u, la khot "Introjection lane Identification." Ka jingieit bad jingsengewburom u khynnah ia uno uno u briew ba bha ka pynlong ia u ban kjit bad pynneh ia kito ki jinglong babha jong uta u briew. Lada u nonghikai u long uba janai nadong shadong bad lada u klynnah u kjit bad pynneh halade ia kita ka jingjanai bad jinglong babha u nonghikai, kat haduh ba ki da long ka bynta ka jingim jong u hi; uta u khynnah u pynmih ia ki kam, ki bym long ka jingmyntoi tang ia u hi shimet, hynrei ia kiwei ki para briew ruh kumjuh. Lada uwei pa uwel na ngi, ngi lah ban kjit bad pynneh ia kata kaba bna tam kaba don ha ka Society, kane ka pyrthei ha kaba ngi im kan jin da long ka jaka kaba kham bha ban shong. Ia u Super Ego la khot ruh u "Moral Self", "Conscience", "Ego-Ideal" ne "Censor". Dei lyngba u Ego ba ka Id ka wad lynti ban rung ha ka conscious mind; hynrei u Super Ego um shah ia kito ki jingkwah ba matlah bad bymmyntoi ban rung hangta, bad u laleh ruh katba lah ban ym ai lad ia u Ego ban nang pyniar bad pynneh shuh shuh ia lade. Kumta ka don barabor ka jingiapakhuh ba jur hagdeng u Super Ego bad ka Id. U Ego u pyrshang ban pynjem ia kata ka jingiapakhuh hagdeng kine ki bor artylli da kiba bun ki rukom ia kiba ngin se iohi harum.

Mar ia mih bloit sha kane ka pyrthei, ki jingkwah bad jingsengew babun ki iai kyrsoi ha ngi; hynrei namar ba ngi sheptieng ia ka jingpynshitom ki kmie ki kpa, ki nonghikai bad ter ter, la khniot noh ia kito ki jingkwah jong ngi da ngi hi; lada ki long pyrshah ia ka mon jongki. Ia kito ki jingkwah bym lah ban pynhun la tep noh ha



ka jingklet ha ka Unconscious Mind ; hynrei wat haba la khniot noh ia ki, kim iap bad kumta ki ia khiih ia ksar matlah ban ioh rung hapoh ka Conscious Mind. Kine ki jingkwah ki ia pakhuh kawei bad kawei pat ha ka Unconscious Mind, bad kane ka jinglapakhuh para ma ki, ka pynmih ia ka jingsngew kynrum kynram bad jingpisa jinglyng-a ha u briew. Ia kane ka jingsngew pisa bad jingsngew lyng-a ba la pynlong da kito ki jingkwah ba la khniot noh bad kiba ia pakhuh kawei bad kawei pat la khot "Intropsychic Lane Endopsychic Conflict"

U Ego u pyrshang ban weng noh ia kata ka jinglyng-a bad jinglapakhuh kita ki jingkwah da ki rukom kiba bun. Kawei na kine ki rukom ka long ka Sublimation (pei' ia ki lynnong kaba 6). Kawei pat ka rukom ka long ba u teh song lut ia ki baroh bad pyniaid ryntih ia ki baroh, ha kawei ka object, ha kata ka rukom ba kan mih kawei kaei kaei kaba janai (pei' ia ka lynnong kaba 10) Iada kine ki jingpyrshang jong u ki long kam, ka long kaba thikna ba u Super Ego (uba ap husiar ia ka jingkhang kaba ia'am na ka Pre-Conscious sha ka Conscious), un ym pynwit eiei ruh ia kine ki jingkwah ba la teh' syrdoh lang bad pyniaid ryntih bha ban rung ha ka Conscious Mind. Kaba mih nangta kan long ba kin mih kiei kiei kiba tei ia ka long briew man briew kam ka jinveit ia ka Art, Literature, Morality etc

Hynrei lada jia ba kito ki jingpyrshang jong u Ego ban pyniaid ryntih, kim trei kam, kito ki jingkwah ba la khniot noh bad ba la tep noh ha ka jingklet (ha ka Unconscious Mind) naduh ki por ba la leit noh la slem, kin riam pher ialade, khnang ban lait na ka jinghusiar u Super Ego. Nangta pat kin pynpaw ialade ha ka iingim ba hadien habud, ha ka dur jong ki jingbakla ba ngi leh man ka sngi, ki kam khyllah, ki kam leh king khlieh ne leh khleh bleit, ka jinglamwir, ki jingphohsniw, ki jingmut dur ngai etc. Kumta ngi iohi ba kine ki jingleh baroh ki don la ki thymmei naduh ki sngi ka jinglong—khyllung.

Kine khyndiat ki nuksa harum lehse ki lah ban ai jingshai ia ki kam kiba mih na ka jingkhniot noh ia ki jingkwah :—

1. Ki jingmut dur rngai—U Alanascar, u nongdie ia ki Glass bad pela sha, u pyrkhat ba un riewspah bad long heh long hain da kaba trei minot ia kata ka kam. Ynda u la riewspah bad long heh, U Syiem un phah ong ia u ban long noh u Pyrsa kurim jong u. U Alanascar, ha la ka jingmut dur rngai, un kyntait ia ka jingtyrwa u Syiem da kaba kynjat ia u nongrah khubor jong u. U kum kynjat ia u shang ba u buh ia ki jingdie jong u, bad pait lut ki glass bad pela. Ka daw jong kane ka kam khleh bieit ka long ka jingbym ioh lad ban pyapaw ia ka myn-siem sngew ba halor jong u ba ki sngi ba mynshwa jong u bad kaba iapakhuh bad ka jingtieng ban pynhun ia kata ka jingkwah jong u ban pynpaw ba u long kham halor ia kiwel pat.

2. Ka jingklet bieit (ka nuksa ba la ai da u Dr. Briil) U Dr. B. u klet noh ia ka kyrteng uta ba iug jong u, u Mr. Brown uba ju leh bha ia u. U Mr. Brown u thoh shithi sha u ba un sngewbha ban ai pisa kylliang ia u; hynrei nalar ba um shym phah pisa ei ei sha u, um shym jubab ei ei ruh ia kata ka shithi u Mr. Brown. Kaba kham sniew ka long ba u la pynjah noh ia ka. Ia ka jingklet u Dr. B. ia ka kyrteng u Mr. Brown la pynlong da ka jingiapakhuh jong ka jingsngewnguh u Dr. B. ia u bad ka jingbym lah jong u ban iapah ia la u kur bad nongleh bha. Kine artylli ki pynmih ia ka jinglong bym sngew-tynnad kaba pynmih ia kata ka jingklet jong u.

3. Ka jingkjup ia ka shynriah 'ti—Bun ki briew wat ynda ka la san la rangbah, ki kjup ia la ka shynriah 'ti. Ka daw jong kane ka jingleh ka long ka jingbym-lah ban pynkdang ialade ha ki sngi ka jinglong khyllung kaba iapakhuh ruh bad ka jingkyrmen ban ich buin na i Mei ha kito ki sngi ba sdang jong ka jingim.







*La Shon*

**Ha Khasi Jaintia Press, Mawkhar, Shillong - I.**

